



# W K C

## WORLD KARATE CONFEDERATION

1

Categories  
**JUNIORS**  
18 – 20 years

The competitors must be the exact age of their group on the day of competition!  
No exceptions.

Unlimited Entry for all Categories

**Kata Individual**

male & female  
(Same rules as for seniors)

**Kata Team**

male & female

In team kata only *one* competitor with the minimum age of 15 years may be used.

All Kata **must be** from the official WKC kata list: *Rules of Karate Competition*  
*Part D, Article 9, Appendix IV.*

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## Kumite Individual

male & female

(Same rules as for seniors)

Fighting time: **2 minutes Shobu Ippon**

**3 minutes Shobu Sanbon**

**Shobu Sanbon** (Fighting time: 3 minutes)

*Weight categories:*

Male:            -68    -78    +78 kg

Female:        -55    -60    +60 kg

**Shobu Ippon** (Fighting time: 2 minutes)

Male:            Open weight

Female:        Open weight

## Kumite Team

male & female

in Shobu Ippon and in Shobu Sanbon

Fighting time: **2 minutes Shobu Ippon**

**3 minutes Shobu Sanbon**