



**Dear Karate Friends!**

I have an honour to invite you and your Team from all over the world to take part in International karate tournament for children, youth and adults, which has been held in Legnica for the eighteenth time.

This tournament already has its own story and takes place since 2000.

In recent years we have seen a great development of WKF karate. Olympic Games - Tokyo 2020 is a great achievement and a way to promote karate in an international arena. Karate is really something special in the index of the most popular sports, and these events are those rare opportunities for all of us to learn something from this martial art, this symbol of true tolerance.

We believe that Cuprum CUP - International Karate WKF Polish OPEN 2017 is a great tournament for many clubs and federations which gives a chance to the sportsman to participate in kata, kumite and in Team kata and kumite. It has proven many times to be the highlight of the day!

The tournament is open to all Karate Shotokan Federations around the world!

We are pleased that the city of Legnica will host this one of most prestigious tournament. Legnica has developed many famous athletes, not only specializing in karate, but also from other areas of the sport. That is why Legnica is well-known for being the sport center of Poland.

Among the qualified cities, the City of Legnica was chosen because of the excellent organization of the previous karate championships that took place in the same sport hall. Large sport arena with space for 5 tatamis and the large capacity of seats in auditorium enables us to organize the competition in the best possible way.

Once again, we would like to invite you and your team to take part in this international tournament and wish you many wonderful emotions.

I see you there!

Sincerely,

Jacek Rusek

The Chairman of the Organizing Committee

XVII Cuprum CUP - International Karate WKF - Polish OPEN '2016






**XVIII  
CUPRUM CUP  
INTERNATIONAL KARATE  
POLISH OPEN 2017**

**bulletin**

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**XVIII  
CUPRUM CUP  
INTERNATIONAL KARATE  
POLISH OPEN 2017**






Organizer: Polish Karate Federation  
 Karate Shotokan "TORA" Club  
 59-220 Legnica, Mickiewicza street 21

**Registration on line SPORTDATA.org  
 untill 16.11.2017**

**Contact :**  
**e mail: poland@sportdata.com**  
**Phone: +48 608 164 066**  
**+48 602 103 276**


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Combat Sport    Team Sport

Aikido	Boxing	Judo	Ju-Jitsu	Karate
Kendo	Kickboxing	MMA	Muaythai	Sambo
Sumo	Taekwondo	Wrestling	Wushu	Multi Combat

**LEGNICA POLAND**  
**Sports Hall Wierzyńskiego street 1**

09.30 a.m.	Kata and Kumite
14.30- 15.00 p.m.	Pause - Directed fight open
15.00 p.m.	Grave Inauguration of European Cuprum Cup
21.00 p.m.	Ending

[www: toralegnica@.eu](http://www.toralegnica.eu)    [e-mail: toralegnica@onet.eu](mailto:toralegnica@onet.eu)

## Rules

The competition will be conducted according to:

- the latest regulations WKF for cadets, juniors, seniors and masters, and
- regulations PZK, based on WKF regulations, for children and youth with repechage and two third places.

The age category is determined by the date of birth!

For individual kata and kumite (U8-U14) children can compete in two age categories.

It is forbidden to take part in two weight categories under one age category!

### KATA:

- In individual kata competitions for children 8 years U8, one can repeat kata,
- In individual kata competitions for children 9, 10, 11 years, one has to do minimum two Kata performed alternately
- In individual kata competitions for children U14, one has to perform different kata in every round.
- In individual cadet kata competition - senior master - WKF rules apply.
- In kata competitions for children Team U9 and U12 one can repeat kata,
- In the Team Kata competition U9, U12, U14, Cadet & Junior - without bunkai,
- In the Team Kata competition seniors - WKF rules apply.

In individual kata competition it is allowed to take part in two age categories:

Youngster -> Cadet, Cadet -> Junior, Junior -> Senior.

### **KUMITE:**

- In individual kumite competition U10 and U12 fighting time is 60 seconds,
- In individual kumite competition U14 fighting time is 90 seconds
- The individual cadet kumite competition -> senior WKF rules apply.
- In Competition kumite individual masters fight time is 2 minutes
- Team Kumite competition fight time is: U12 and U14 - 60 seconds, Cadet and Junior - 90 seconds, Senior - 2 minutes
- In individual kumite competition it is allowed to take part in the below two age categories i.e. youngster -> Cadet, Cadet -> Junior , U21 -> Senior.
- The following protective equipment is compulsory, WKF approved
- Mouth Guards, gloves, foot and shin protectors, WKF approved body protection (for all athletes)
- Cadets players in kumite competition do not need to have a face mask

## **competitions**

**18.11.2017 Saturday**

### **KATA INDIVIDUAL:**

- Kata individual male / female Cadets (12-15 years old)
- Kata individual male / female Juniors (14-17 years old)
- Kata individual male / female Seniors (16-> years old)
- Kata individual male / female Master "A" (35-44 years old)
- Kata individual male / female Master "B" (45-49 years old)
- Kata individual male / female Master "C" (50-54 years old)
- Kata individual male / female Master "D" (+ 55 years old)

### **KATA TEAM:**

- Kata team male / female Cadets and Juniors (14-17 years old)
- Kata team male / female Seniors (16-> years old)

### **KUMITE INDIVIDUAL:**

- Kumite individual male Cadets (12-15 years old): -52kg, -57kg, -63kg, -70kg, +70kg  
/ female Cadets: -47kg, -54kg, +54kg
- Kumite individual male Juniors (14-17) -55kg, -61kg, -68kg, -76kg, +76kg, Open  
/ female Juniors: -48kg, -53kg, -59kg, +59kg, Open
- Kumite individual male Seniors: -60kg, -67kg, -75kg, -84kg, +84kg, Open  
/ female Seniors: -50 kg, -55kg, -61kg, -68kg, +68kg, Open
- Kumite individual male Master "A" Open (35-44 years old)
- Kumite individual male Master "B" Open (45-49 years old)
- Kumite individual male Master "C" Open (50-54 years old)
- Kumite individual male Master "D" Open (+55 years old)

### **KUMITE TEAM:**

- Kumite team male / female Cadets (14-15 years old) – 3 persons + 2 reserve
- Kumite team male / female Juniors (16-17 years old) – 3 persons + 2 reserve
- Kumite team male / female Seniors (18-> years old) – 3 persons + 2 reserve

**19.11.2017 Sunday**

**KATA INDIVIDUAL:**

- Kata individual male / female Under 8 (0-7 years old)
- Kata individual male / female 8 years (7-8 years old)
- Kata individual male / female 9 years (8-9 years old)
- Kata individual male / female 10 years (9-10 years old)
- Kata individual male / female 11 years (10-11 years old)
- Kata individual male / female Under 14 (11-13 years old)

**KATA TEAM:**

- Kata team male / female Under 9 (0-8 years old)
- Kata team male / female Under 12 (9-11 years old)
- Kata team male / female Under 14 (12-13 years old)

**KUMITE INDIVIDUAL:**

- Kumite individual male U10 (0-9 years old): -30kg, -40kg, +40kg / female U10: -30kg, +30 kg
- Kumite individual male U12 (9-11 years old): -34kg, -40kg, +40kg / female U12: -34kg, -40kg, +40kg
- Kumite individual male U14 (10-13 years old): -35kg, -40kg, -45kg, -50kg, +50kg / female U14: -40kg, -50 kg, +50kg

**KUMITE TEAM:**

- Kumite team male / female U12 (0-11 years old) – 3 persons
- Kumite team male / female U14 (12-13 years old) – 3 persons

**NOTICE!!!**

**Competitors must have at all time documents confirming:  
age, medical examinations, weight and Karate grade.**

**START CHARGE:**

- |  |           |
|--|-----------|
| - individual competition children under 13 years | - 13 Euro |
| - individual competition                         | - 15 Euro |
| - individual competition MASTERS                 | - 20 Euro |
| - team competition                               | - 35 Euro |

## Accommodation

### The competition office. Referees

**SĘKOWSKI Hotel Gliwicka 15 Street 15** phone: + 48 76 721 - 31 - 60  
(1person -36 €, 2 people - 40 €, 3 people-50 €, 4 people - to be agreed; 20 people - price 14€.  
The price includes breakfast and parking.) e-mail: [biuro@hotelsekowski.pl](mailto:biuro@hotelsekowski.pl))

- QUBUS Hotel Skarbowa 2 Street phone:+ 48 76 866 2 100; 76 866-21-86  
e-mail: [marketing\\_legnica@qubushotel.com](mailto:marketing_legnica@qubushotel.com); [legnica@qubushotel.com](mailto:legnica@qubushotel.com);
- KSIĄŻĘCY Hotel Dworcowa 9 Street phone + 48 76 723 35 93  
e-mail: [info@hotelksiazecy.com.pl](mailto:info@hotelksiazecy.com.pl);
- PAŁACYK Hotel Kościuszki 37 Street phone +48 76 862-04-44  
e- mail: [hotelpalacyk@lca.pl](mailto:hotelpalacyk@lca.pl);
  
- NOWODWORSKI Hotel Nowodworska 30 Street phone +48 76 722 09 91  
e-mail: [hotel@hotelnowodworski.pl](mailto:hotel@hotelnowodworski.pl);
- PRZY BASZCIE Hotel Murarska 4 Street phone +48 76 720-88-60  
e-mail: [recepca@hotelprzybaszcie.pl](mailto:recepca@hotelprzybaszcie.pl);
- KAMIENICZKA Hotel Młynarska 15 Street phone: + 48 76 723 - 73 - 92  
e-mail: [recepca@hotelkamieniczka.pl](mailto:recepca@hotelkamieniczka.pl)
  
- ARKADIA Hotel Gliwicka 6 Street phone: + 48 76 850-78-00  
e-mail: [legnica@hotel-arkadia.pl](mailto:legnica@hotel-arkadia.pl);
- MILENIUM Hotel Chojnowska 150 Street phone: + 48 76 713-53-00 ; 570-326-113  
e-mail: [hotel@mojhotel.pl](mailto:hotel@mojhotel.pl);
  
- GWARNA Hotel Wjazdowa 12 Street phone + 48 76 745 00 00  
e-mail: [hotel@hotelgwarna.pl](mailto:hotel@hotelgwarna.pl);
- REZIDENCE Okrzeji 13 Street phone + 48 76 723-08-70; 601-358-183
- PARKOWY Lodging Parkowa 1 Street phone +48 698-626-521  
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- MOTEL Legnicki Nowodworska 24 Street phone + 48 603 068 333  
e-mail: [biuro@motel-legnicki.pl](mailto:biuro@motel-legnicki.pl);
- MAJORKA Hotel Przeniczna 5 Street phone +48 76 854 02 71  
e-mail: [biuro@centrum-majorka.legnica.pl](mailto:biuro@centrum-majorka.legnica.pl);
  
- VILLA Hotel Br. Gładysza 12 Street phone: + 48 76 850 - 22 - 23; 602-490-854  
e-mail: [recepca@hotelik-villa.pl](mailto:recepca@hotelik-villa.pl);
  
- Youth hostel Jordana 17 Street phone: + 48 76 862-54-12 ; 76 723-33-23  
e-mail: [recepccjasm@legnica.eu](mailto:recepccjasm@legnica.eu);
- MIEDZIANKA Hotel Zólkiewskiego Steet phone: + 48 76 723 - 80 – 41

## PLAN COMPETITION:

### **Saturday 18/11/2017 - KATA and KUMITE - KADET, JUNIOR, SENIOR MASTER**

- 7:30** - opening of the Race Office, accepting payments  
("ZSI Sports Hall Street. Wierzyńskiego 1
- 8:10** - briefing judges
- 8:20** - briefing team managers
- 13:00** - opening ceremony of the competition

### **Sunday 19/11/2017 - KATA and KUMITE - INCLUDING CHILDREN U14**

- 7:30** - opening of the Race Office, accepting payments, verification reports,  
document control, accepting payments, weighing
- 08:30** - briefing judge
- 8:45** - briefing team managers
- 09:00** - start of the competition - Kata and Kumite competitions Individual and Team

