



SEPTEMBER 29th-30th + OCTOBER 1st
PRAT GRAN ARENA

BULLETIN #1



Govern d'Andorra





EUROPEAN KARATE FEDERATION PRESIDENT WELCOMING



It is again my pleasure to address these Karate Championships of the Small States of Europe, that in this opportunity take place in Andorra, the beautiful "Country of the Pyrenees". After the fruitful work developed by the SSE members during the last year, we are really hopeful that Karate will become a sport in the Program of the Games of the SSE in 2021, precisely in Andorra. Karate is now an Olympic sport and its presence in the Games will come in the right timing.

I want to thank the President of the Andorra Karate Federation Xavier Herver for his significant contribution to the development of the Karate Federation of the Small States of Europe, as well as for Karate in Andorra at the helm of the Andorra Federation. Also I want to thank the President of the Karate Federation of the SSE Andreas Vasileiou for his hard work and efforts that without any doubt, as we already saw last year in Malta, have turned this organization and its annual Championships in a big and fruitful opportunity for the National Karate Federations members of the SSE.

I do not want to conclude without wishing you all the best in this event in Andorra and to continue working for our beloved sport, now an Olympic sport, an Olympic Karate.

Antonio Espinós
EKF President



Govern d'Andorra





SMALL STATES EUROPEAN KARATE FEDERATION PRESIDENT WELCOMING



On behalf of the executive committee of the Small States of Europe Karate Federation, I welcome you all in Andorra. The Andorra Karate Federation has made great efforts to organize the 4th edition of the Small States of Europe Karate Championships and we hold great expectation and encouragement to celebrate the event.

I want to take the opportunity to recognize the work developed the past years by the Andorra Karate Federation and especially by its president Xavier Herver. It has always been an active and a loyal member of the SSEKF and has always encouraged a positive image and team work along the 9 member states.

We feel very confident that the 4th edition of the SSEKF will be a success and memorable to all participants. We wish that this 4th edition of the Small States of Europe championships will benefit all athletes in their endeavor for achieving greater performance. Our aim is to make karate part of the multisport event that takes place every two years "The Games of the Small States of Europe".

Welcome to Andorra!

Andreas Vasileiou
SSEKF President



Govern d'Andorra





ANDORRA KARATE FEDERATION PRESIDENT WELCOMING



Such as Andorra Karate Federation President I'm very proud that Principality of Andorra welcome 4th Small States European championship that will be in September 2017 in Escaldes-Engordany city.

I want to take this bulletin to invite all delegations to visit our little country during days before and after to championship. You will discover small jewel of the Pyrenees.

Karate in Andorra has evolved from a remarkable way those last years and the organization of this European class event still more boost this development. I'm convinced that it will be a success.

I give you **Welcome to Andorra** and we hope see you to all next September 2017.

Xavier Herver
FAK President



Govern d'Andorra





ESCALDES-ENGORDANY M.H. CONSOL MAJOR WELCOMING



We are very happy to announce that the Escaldes-Engordany parish will stage the 4th edition of the Small States of Europe Karate Championships on the 29 and 30 September and 1 October 2017.

As a Major of Escaldes-Engordany we are proud to stage the Karate Championship with both men's and women's divisions and I encourage the Andorran National Karate Federation, who organise this event of such magnitude and importance. On the other hand, I hope we will offer our hospitality to all the participants and they can feel at home. I hope all of you enjoy Escaldes-Engordany parish and our country, enjoy the great natural and cultural heritage, commercial appeal or Caldea-Inúu wellness centre.

As a public administration we provide support to all the sports because constitutes a challenge to the human spirit, provides respect, tolerance and effort. I wish all participants health, strength, courage, respect and triumphs.

My most sincere wishes for success. May the best win!

Welcome to Andorra!

Trini Marin

Major of Escaldes-Engordany



Govern d'Andorra





ABOUT THE ORGANIZATION

- Facebook official page:

<https://www.facebook.com/Games-of-the-Small-States-of-Europe-Karat%C3%A9-554355791379830/?fref=ts>

A Facebook page dedicated to this competition with all the information you need about the championship.

- The Organizing Committee:

ANDORRA KARATE FEDERATION
Mr. Xavier Herver

Centre Tecnificació Ordino
Narciso Yepes Street
Phone: +376 340307 - +376 331860
E-mail : xh@andorra.ad

- Official agency for accommodation & transfer:

VIATGES EMOCIONS
Mrs. Maica Terrones or Mrs. Ana Perez

Phone : +376 829044
E-mail : emocions2@andorra.ad

Viatges Emocions 
Passió pel teu viatge



Govern d'Andorra



WELCOME TO ESCALDES-ENGORDANY



Vivand Shopping Area near PRAT GRAN ARENA

A BRIEF HISTORY OF THE PARISH...

The Escaldes-Engordany parish, the second most populated after Andorra la Vella, is comprised of two urban centres, which were originally separated. The oldest of the two is Engordany, which has been inhabited since around the 2nd or 1st century B.C. There is little information until the medieval period, when harvesting, farming and peasant communities are known to have existed such as Engordany, Vilars, Fener and Engolasters.

Groups of artisans appeared in the Caldes centre, dedicated to activities related to weaving wool fabric, an activity derived from the existence of hot used to wash and dye the wool. The major change came about around the 1930s, with the construction of the road system. This period was also marked by the diverging evolution of Engordany (which kept its traditional agricultural and farming nature and is now basically residential) and Escaldes (focused on tourism, making use of the hot and trade).



This process culminated on 14 June 1978, when the Escaldes-Engordany parish was created. Its evolution is closely linked to the use of hot water and the construction of the first spa hotels and lately with the progressive growth of commercial tourism.



Caldea, the biggest Thermal Center in Europe near PRAT GRAN ARENA

One of the major natural assets of Escaldes-Engordany is the Madriu Valley, which is of great interest due to its natural heritage (vegetation and fauna) and its cultural heritage, reflecting life in the mountains from the medieval period (barns, shepherds' huts, dry stone constructions, etc.). The Madriu has been declared a World Cultural Heritage Site by UNESCO.



WELCOME TO PRINCIPALITY OF ANDORRA

You can see detail information about Principality of Andorra in these websites:

- In Spanish Wikipedia: <https://es.wikipedia.org/wiki/Andorra>
- In English Wikipedia: <https://en.wikipedia.org/wiki/Andorra>

Otherwise if you want you can download through App Store or Google Play these App's:

- Active Tourism Andorra



- Andorra Go



Govern d'Andorra





HOW TO ARRIVE TO ANDORRA – NEAREST AIRPORTS

From rest of countries, as the same that from Spanish and French most far cities, recommendation is fly to Barcelona airport, Toulouse or Girona, and from here go to Andorra by bus or car. Travel by bus from nearest airports can be about 3 or 4 hours. Organization recommendation is Barcelona – El Prat (Spain) and Toulouse – Blagnac (France) airports.

Distance between Barcelona and Andorra is 200 Km and road journey are covered in 2h 50 minutes.

Distance between Toulouse and Andorra is 185 Km and road journey are covered in 2h 40 minutes.





TRANSPORT AIRPORT-HOTEL-AIRPORT

Bus trip from nearest airports is very common. Here are different companies that offer this service with a different schedules.

- **FIRST OPTION: If you want travel by free...**

Organization recommended from Barcelona DIRECT BUS service or NOVATEL service. Website with all the contact, schedules information and the possibility to buy tickets on-line is

<http://www.andorradirectbus.es/> (DIRECT BUS case) and <http://www.andorrabybus.com/> (NOVATEL case).

If you want to arrive to Andorra through Toulouse we recommended NOVATEL service.

All the services in this case are AIRPORT – BUS STATION ANDORRA – AIRPORT

- **SECOND OPTION (Organization recommended you this option)...**

TRANSPORT DOOR TO DOOR (AIRPORT – HOTEL – AIRPORT)

If you want you can contact with our official travel agency (VIATGES EMOCIONS, see page number 6) and ask about this service for reservations (always from Barcelona airport):

PRICES PER JOURNEY (airport – hotel / hotel - airport)

From 1 to 3 pax284 €
From 4 to 7 pax335 €
From 8 to 12 pax410 €
From 13 to 17 pax490 €
From 18 to 28 pax600 €
From 29 to 39 pax695 €
From 40 to 49 pax803 €
From 50 to 60 pax908 €

ACCOMMODATION

Organization propose as official HEADQUARTER hotel one of the GRUP DAGUISA HOTELS:

Tulip INN Delfos hotel is very near to PRAT GRAN ARENA where competition will held (300 meters) in the town Escaldes-Engordany centre and next to the shopping area (VIVAND):



If you want more information about the hotel location, please check in next link (copy and paste in your Internet search engine):

<https://www.google.ad/maps/place/Tulip+Inn+Andorra+Hotel+Delfos/@42.5079475,1.5386434,15z/data=!4m5!3m4!1s0x0:0xdead2d0a69c6024a!8m2!3d42.5079475!4d1.5386434>

If you want more information about our official hotel, please check in next link: www.hoteldelfos.com



Room Prices:

- Special Price 1 Bed and Breakfast: 30 Euros / 1 people / 1 night,
- Special Price 1 Half Board: 34 Euros / 1 people / 1 night,
- Special Price 1 Full Board: 42 Euros / 1 people / 1 night.

You can contact for reservations through our official travel agency (VIATGES EMOCIONS, see page number 6) or if you want you can contact directly with the Official hotel. Organization propose as official hotel contact Mrs. Cristina Lago and Mr. Bartumeu Gabriel.

INFORMATION AND RESERVES – Mrs. Cristina Lago

grups@daguia.com

Tel. +376 804 200

INFORMATION AND RESERVES – Mr. Bartumeu Gabriel

bgabriel@daguia.com

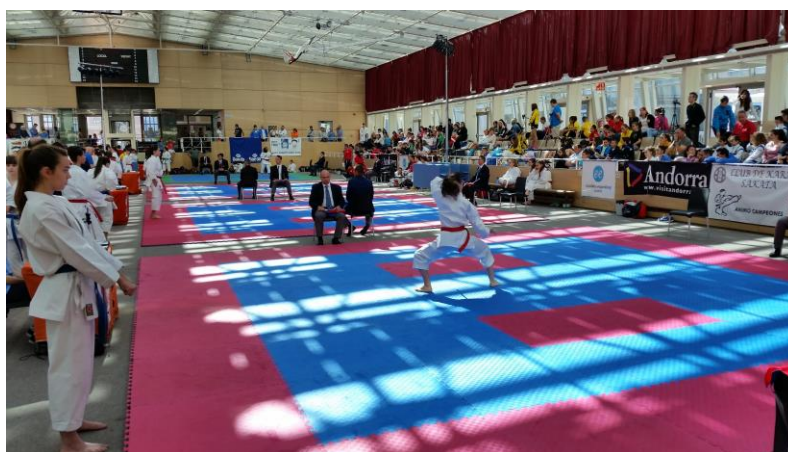
Tel. +376 804 200



PRAT GRAN ARENA

Organization propose PRAT GRAN ARENA in Escaldes-Engordany center and next to the shopping centre. This stadium has a lot of natural light and capacity for 1.000 people sitting. It is in Prat Gran street, 2-4, AD700-Escaldes-Engordany.

It is the stadium where we had 16 editions of International Escaldes-Engordany Karate Open with 900 competitors in last edition 2016. It has all the modern services.





PRACTICAL INFORMATION

Language: official language is Catalan but you can speak Spanish, French and English also.

Currency: Euro. Bank offices are open from 9 to 13 h and from 15 to 17 h from Monday to Friday.

Weather: in September is a little bit hot. Temperatures are between 8 and 21 degrees normally but we can find hottest days.

Time: Andorra is located in the central European zone: GMT - + 0 hours.

Electricity: 220V. Andorra use standard model with two round pins.

Phone: Prefix is +376.

Visa: Not necessary for all the states member of SSEKF.



EVENT DETAILS

All the competition will be under the EKF/WKF regulations.

Registration for the competition will be done through SPORTDATA website. Start registration from 1st April 2017. Deadline for delegations registration will be on 31th August.

All the countries can registry national competitors (passport) or competitor with residence documentation. In residence case, competitor must be living in the country who represents almost last 3 years and in this 3 years competitor can't represent other country. In the moment of registry organization ask about passport or residence documentation.

Organization will propose you the draws for the championship between 1st and 20th September.

Details about modalities and categories in competition:

In any modality and category if there are less than two competitors the organization reserves the right to cancel the category,

INDIVIDUAL KATA (maximum 4 competitors per category and nation)

- Male / Female U13 years (12 years),
- Male / Female U14 years (13 years),
- Male / Female Cadet (14-15 years),
- Male / Female Junior (16-17 years),
- Male / Female Senior (+18 years)

TEAM KATA (Team of 3 athletes) – (maximum 4 teams per category and nation)

It will be possible compete with only 2 competitors.

- Male / Female U14 years (12-13 years),
- Male / Female U18 years (14-15-16 and 17 years),
- Male / Female Senior (+18 years)



INDIVIDUAL KUMITE (maximum 4 competitors per category and nation)

In Kumite modality and in any weight if there are less than four competitors the organization reserves the right to pass the category/ies to OPEN,

- Male / Female U13 years (12 years):
 - Male... -35 Kg / -40 Kg / -45 Kg / -50 Kg / +50 Kg,
 - Female... -42 Kg / -47 Kg / +47 Kg
- Male / Female U14 years (13 years):
 - Male... -40 Kg / -45 Kg / -50 Kg / -55 Kg / +55 Kg,
 - Female... -42 Kg / -47 Kg / +47 Kg
- Male / Female Cadet (14-15 years):
 - Male... -52 Kg / -57 Kg / -63 Kg / -70 Kg / +70 Kg,
 - Female... -47 Kg / -54 Kg / +54 Kg
- Male / Female Junior (16-17 years):
 - Male... -55 Kg / -61 Kg / -68 Kg / -76 Kg / +76 Kg,
 - Female... -48 Kg / -53 Kg / -59 Kg / +59 Kg
- Male / Female Senior (+18 years):
 - Male... -60 Kg / -67 Kg / -75 Kg / -84 Kg / +84 Kg / OPEN,
 - Female... -50 Kg / -55 Kg / -61 Kg / -68 Kg / +68 Kg / OPEN

TEAM KUMITE (team of 3 athletes) – (maximum 4 teams per category and nation)

It will be possible compete with only 2 competitors.

- Male / Female U14 years (12-13 years),
- Male / Female U16 years (14-15 years),
- Male / Female U18 years (16-17 years),
- Male / Female Senior (+18 years)



EVENT SCHEDULE

All the programme acts will be in official hotel Tulip Inn Delfos.

In the second bulletin we will inform you about the room hotel for registration, meetings and briefings. Also we will inform you about EXTRA activities like visit CALDEA and about the ANDORRA KARATE party for all the competitors.

For all the delegations: YOU MUST TRAVEL on Thursday 28th September or before.

THURSDAY 28th SEPTEMBER

21.00 h	Official reception by the Andorra Karate President, Mr. Xavier Herver

FRIDAY 29th SEPTEMBER

9.00 h	Registration and Weight ANDORRA Team
9.30 h	Registration and Weight CYPRUS Team
10.00 h	Registration and Weight ISLAND Team
10.30 h	Registration and Weight LIECHTENSTEIN Team
11.00 h	Registration and Weight LUXEMBOURG Team
11.30 h	Registration and Weight MALTA Team
12.00 h	Registration and Weight MONACO Team
12.30 h	Registration and Weight MONTENEGRO Team
13.00 h	Registration and Weight SAN MARINO Team

17.00 h	Congress meeting
18.00 h	Seminar - Referees Briefing
19.00 h	Seminar - Coach Briefing



COMPETITION PROGRAM

Competition will be in four tatamis.

Each competitor must have his own medical insurance.

The organizer excludes any form of liability whatsoever.

Program competition details will be definitive with organization have all the delegations registries closed.

PROPOSAL

SATURDAY 30th SEPTEMBER 2017 (Individual Competition)

- 08.00 – Entry of competitors
- 08.30 – Kata Individual Eliminations & Repechages
- 11.00 – Kumite Individual Eliminations & Repechages
- 14.00 – Lunch Break

- 16.00 – Kata Bronze Medals
- 17.00 – Kumite Bronze Medals
- 18.00 – Kata Finals
- 19.00 – Kumite Finals
- 20.30 – Medals

- 23.00 – Andorra 2017 Party

SUNDAY 1st OCTOBER 2017 (Team Competition)

- 08.00 – Entry of competitors
- 08.30 – Kata team Eliminations & Repechages
- 10.30 – Kumite team Eliminations & Repeschages
- 12.30 – Bronze and Finals Kata Team
- 13.30 – Bronze and Finals Kumite Team
- 14.00 – Medals



TERM OF RESPONSIBILITY

To be filled, signed and sent back by the 31th July 2017

I, _____, as Chief of the Delegation of my Nation, duly enrolled to participate in the 4th Small States of Europe Karate Championships which will be held in Andorra, from 29th – 30th September and 1st October 2017, with full knowledge of Statutes, Rules and Norms of WORLD KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity and I take any administrative, civil and criminal responsibilities of whatever happens to our Athletes, Coaches and other Members of our Delegation participating in this championship, before, during and after the competition, such as but not limited to, physical injuries, personal expenses or monetary debts and casual material damages in the hotels.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, WKF, Andorra Karate Federation, its directors, as well as any person or company related to the event (sponsors, public and private entities).

Country:	
Surname:	
Name:	
Passport nº:	
Data of Credit Card:	
Position in the Nation:	
Address:	
Tel. No.:	
Fax. -no.:	
E-mail:	

Place and date

Signature