

5th JKS Continental Cup 2017



CONVOCAATION (version A)



And the JKS Continental Para Cup

September 1st, 2nd & 3rd 2017 Hasselt, Belgium

**Friday – JKS seminar with Kagawa Shihan and Yamaguchi sensei
Referee exam-grading exam-Coach meeting**

Saturday – Team events – all disabled categories kata-kumite

Sunday – All Individual Events- ceremony-meet and greet party

Organized under auspicien of the "Japan Karate Shoto Federation"

Host: JKS Benelux

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5th JKS Continental Cup 2017



INFORMATION

We are hereby honoured to announce that The 5th JKS Continental Cup 2017 and The JKS Continental Para cup 2017 are scheduled to be held on Friday 1st, Saturday 2nd and Sunday 3rd of September 2017 in Hasselt, Belgium.

It is our utmost pleasure to provide you with the attached schedule and we hope to see you in Hasselt.



5th JKS Continental Cup 2017



Date and time:

Friday September 1st 2017

Seminar with Kagawa Shihan and Yamaguchi Sensei

referee exams-grading exams

referee coaching for disabled categories

Coach meeting

Saturday September 2nd 2017 - All team Events – all disabled categories

Sunday September 3rd 2017 – All individual events-ceremony – meet and greet party

Place Friday:

Sports hall KA 2

Koning Boudewijnlaan 12

B-3500 Hasselt

Place Saturday and Sunday:

Sports hall Alverberg

Herkenrodesingel 33

B-3500 Hasselt

+32 11 87 30 28

Meet and greet (afterparty):

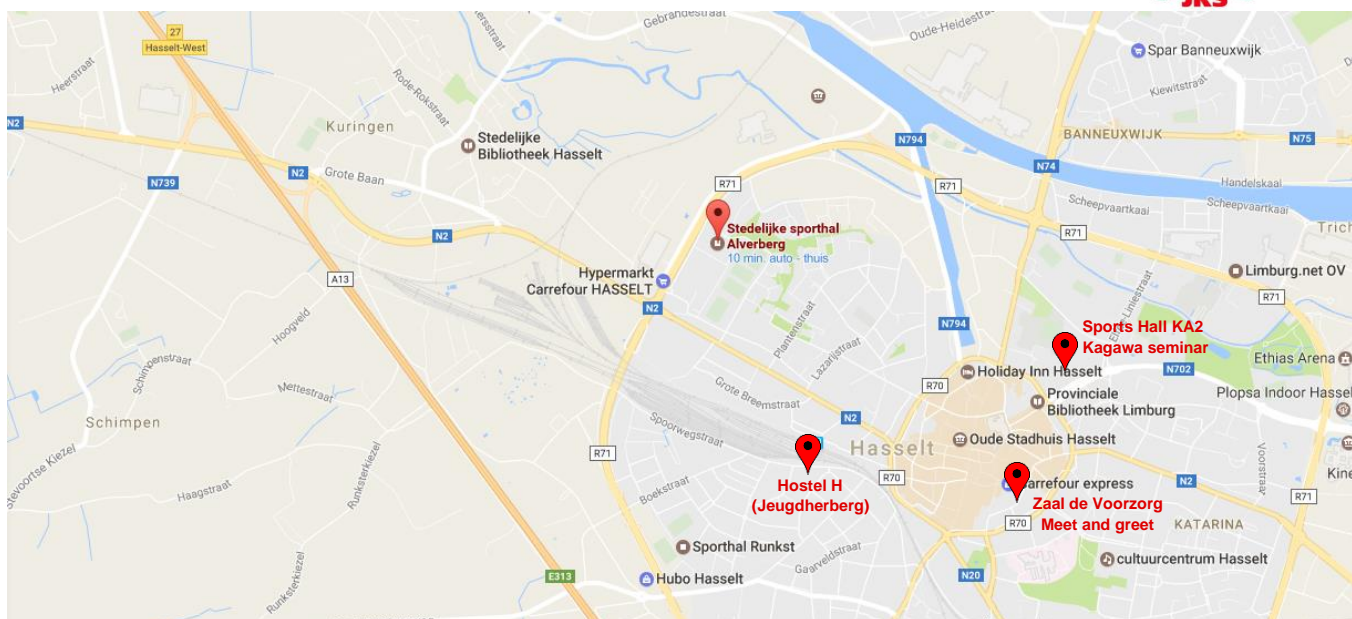
De Voorzorg

Capucienenstraat 10

B-3500 Hasselt



5th JKS Continental Cup 2017



Registration:

Friday September 1st 2017 @ 18.00-19.00 at KA2, Entrance Hall.

Saturday September 2nd 2017 @ 07.30-09.00 at Alverberg, Entrance Hall.

Sunday September 3rd 2017 @ 07.30-09.00 at Alverberg, Entrance Hall.

***International Referees, Officials & Coaches Meeting:**

Friday September 1st 2017 @ 16:00-18:00 at KA2 Koning Boudewijnlaan 12.
18.00-19.00 referee coaching disabled categories

***Seminar by Kagawa Shihan and Yamaguchi sensei:**

Friday September 1st 2017 @ 19:00-20.30 at KA2 Koning Boudewijnlaan 12, Sports Hall.

Cost: €25 per person.

***Referee Exams:**

Friday September 1st 2017 @ 19:30 at KA2 Koning Boudewijnlaan 12.
Cost to attempt exam: €25 per exam.

***Grading Exams:**

Friday September 1st 2017 @ 21:00 at KA2 Koning Boudewijnlaan 12.
Cost to attempt exam: €40 per exam.

***Entries for competitors :**

Please use sportdata to enter competitors, referees & coaches (link below)
<https://www.sportdata.org/> (except disabled categories)



5th JKS Continental Cup 2017



Closing date for applications:

August 1st 2017

Participation fees:

Individual €25 per event

Team €30 per event

***After Championship meet and greet Party:**

Sunday September 3rd 2017 @20.00 – De Voorzorg Capucienenstraat 10 Hasselt.

Cost: €25 per person buffet and 4 drinks (Tickets must be bought in advance).

***All fees should be remitted through bank transfer:**

If this is not possible please email 5th-jks-shotokan-cup-2017@jksbenelux.com

Fees to be remitted to:

Act Name: JKS Benelux

IBAN: BE40 0635 1571 3063

5th JKS country:..... (participants)

Seminar country: (participants)

After party country: (participants)

Referee exams: name

Dan grading exams: name



Categories JKS Continental Shoto Cup

Events: KATA

Individual Kata for Children and Cadets: Boys & Girls Separate

| Category | Preliminaries | Quarter-finals | Semi-finals | Finals |
|---------------------------------|--------------------------------------|----------------|------------------|----------------------|
| | | | Last 16 | Last 8 |
| <i>Children 9~11 years</i> | <i>Heian 2~ Heian 5 5th kyu+</i> | | <i>Junro 1~2</i> | <i>Free Kata</i> |
| <i>Children 12~13 years</i> | <i>Heian 2~ Heian 5 5th kyu+</i> | | <i>Junro 1~2</i> | <i>Free Kata</i> |
| <i>Children 14~15 years</i> | <i>Heian 2~ Heian 5 5th kyu+</i> | | <i>Junro 1~3</i> | <i>Free Kata</i> |
| <i>Cadet 16~17 years</i> | <i>Heian 2~ Heian 5 5th kyu+</i> | | <i>Junro 1~3</i> | <i>Free Kata</i> |

List of Free Kata: Tekki Nidan, Tekki Sandan, Bassai Dai, Bassai Sho, Kanku Dai, Kanku Sho, Empi, Jion, Jiin, Chinte, Unsu, Meikyo, Wankan, Jitte, Gankaku, Hangetsu, Sochin, Nijushiho, Gojushiho Dai, Gojushiho Sho.

Individual Kata for Juniors, Seniors and Veterans: Male & Female Separate

| Category | Preliminaries | Quarter-finals | Semi-finals | Finals |
|----------------------------------|--------------------------------------|--------------------|--------------------|------------------|
| | | Last 32 | Last 16 | Last 8 |
| <i>Junior 18~21 years</i> | <i>Heian 2~ Heian 5 3rd kyu+</i> | <i>Junro 1~5</i> | <i>Sentei Kata</i> | <i>Free Kata</i> |
| <i>Seniors 22~39 years</i> | <i>Heian 2~ Heian 5 3rd kyu+</i> | <i>Junro 1~5</i> | <i>Sentei Kata</i> | <i>Free Kata</i> |
| <i>Veterans 40~49 years</i> | <i>Heian 2~ Heian 5 3rd kyu+</i> | <i>Junro 1~5</i> | <i>Sentei Kata</i> | <i>Free Kata</i> |
| <i>Masters 50 & over</i> | <i>shodan+</i> | <i>Sentei Kata</i> | | <i>Free Kata</i> |

List of Free Kata: Tekki Nidan, Tekki Sandan, Bassai Sho, Kanku Sho, Jiin, Chinte, Unsu, Meikyo, Wankan, Jitte, Gankaku, Hangetsu, Sochin, Nijushiho, Gojushiho Dai, Gojushiho Sho.

Please Note:

In the semi-finals, the list of Sentei Kata is: Bassai Dai, Kanku Dai, Enpi, Jion. is to be chosen and announced by the referee.

Koten Kata: Male & Female Mixed

| Category | Preliminaries | Quarter-finals | Semi-finals | Finals |
|----------------------------|-----------------------|----------------|-------------|------------------|
| | | | | Last 8 |
| <i>10~13 years</i> | <i>Kakuyoku Nidan</i> | | | <i>Free Kata</i> |
| <i>14~17 years</i> | <i>Kakuyoku Nidan</i> | | | <i>Free Kata</i> |
| <i>18~49 years</i> | <i>Kakuyoku Nidan</i> | | | <i>Free Kata</i> |
| <i>50 years & over</i> | <i>Kakuyoku Nidan</i> | | | <i>Free Kata</i> |

List of Free Kata: Suishu, Kashu, Roushu, Kakuyoku Shodan, Kakuyoku Sandan, Joko Issei, Joko Nisei, Joko Sansei, Joko Yonsei, Joko Gosei, Kakusen, Rantai, Hachimon, Sensho, Kibaken, Meikyo Nidan.

Team Kata: Male & Female Separate

| Category | Preliminaries | Quarter-finals | Semi-finals | Finals |
|-----------------------|------------------|----------------|-------------|------------------|
| | | | | Last 8 |
| <i>10~13 years</i> | <i>Free Kata</i> | | | <i>Free Kata</i> |
| <i>14~17 years</i> | <i>Free Kata</i> | | | <i>Free Kata</i> |
| <i>18 and over</i> | <i>Free Kata</i> | | | <i>Free Kata</i> |
| <i>Family (mixed)</i> | <i>Free Kata</i> | | | <i>Free Kata</i> |

Team Kata rules:

- 3 persons per team and 2 substitutes - except Family Kata.
- Preliminaries and final rounds will be judged by points.
- Preliminaries and final rounds are free Kata.
- Preliminaries rounds Kata cannot be repeated in the finals.
- 2 teams team per age category per country.
- Male & Female separate – except Family Kata
- Family team (3 direct family members from 2 generations per team)

KUMITE: Individual Kumite: Male & Female Separate

| Category | Preliminaries | Semi-finals | Finals |
|--|--|-----------------------------------|-------------------------------|
| <i>Children 9~11 years</i> | <i>1 min 30 sec. Nihon Shobu 5th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>2 min. Nihon Shobu</i> |
| <i>Children 12~13 years</i> | <i>1 min 30 sec. Nihon Shobu 5th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>2 min. Nihon Shobu</i> |
| <i>Children 14~15 years</i> | <i>1 min 30 sec. Nihon Shobu 5th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>2 min. Nihon Shobu</i> |
| <i>Cadet 16~17 years old</i> | <i>1 min 30 sec. Nihon Shobu 5th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>2 min. Nihon Shobu</i> |
| Juniors 18~21 years female under 61kg | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Juniors 18~21 years female over 61kg | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Juniors 18~21 years male under 75kg | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Juniors 18~21 years male over 75kg | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Seniors 22~39 years female under 61kg | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Seniors 22~39 years female over 61kg | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Seniors 22~39 years male under 75kg | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Seniors 22~39 years male over 75kg | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Seniors 22~39 years OPEN | <i>2 min. Nihon Shobu 3th kyu +</i> | <i>2 min. Nihon Shobu</i> | <i>3 min. Nihon Shobu</i> |
| Veterans 40~49 years | Shodan+ | <i>2 min Ippon Shobu</i> | |
| Masters 50 years & over | Shodan+ | <i>2 min Ippon Shobu</i> | |

Kumite Competitor's Protective Gear:

The protective gear is **compulsory** and the responsibility of the competitor.

- Aka will wear red hand pads, red shin & foot guards and red belt.
- Shiro will wear blue hand pads, blue shin & foot guards and blue belt.
- Mouth piece. (Clear type only)
- Chest protectors for female competitors.
- Chest protectors for all age categories, male & female competitors, up to and including 17 years old *recommended*.
- Groin Guards for male competitors. (White)

Team Kumite: ippon shobu

| Category | Preliminaries | Semi-finals | Finals |
|------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|
| <i>10~13 years</i> | <i>1 min 30 sec. Ippon shobu</i> | <i>1 min 30 sec. Ippon shobu</i> | <i>1 min 30 sec. Ippon shobu</i> |
| <i>14~16 years</i> | <i>1 min 30 sec. Ippon shobu</i> | <i>1 min 30 sec. Ippon shobu</i> | <i>1 min 30 sec. Ippon shobu</i> |
| <i>17~19 years</i> | <i>1 min 30 sec. Ippon shobu</i> | <i>1 min 30 sec. Ippon shobu</i> | <i>1 min 30 sec. Ippon shobu</i> |
| <i>20 years old & over</i> | <i>1 min 30 sec. Ippon shobu</i> | <i>1 min 30 sec. Ippon shobu</i> | <i>1 min 30 sec. Ippon shobu</i> |

Team Kumite rules:

- 3 persons per team and 2 substitutes.
- 2 teams per age category per country.
- Male & Female separate.

Championship Rules: JKS Rules

Important Notice Concerning Rules:

Kata match - at the end of the competitor's Kata performance, the Referee (SHUSHIN) will announce HANTEI, followed by whistle sound, then only the Judges (FUKUSHIN) will raise their flags simultaneously and after giving sufficient time for the votes to be counted (approximately 5 seconds) the flags will be lowered after an additional short whistle sound by the referee. The Referee will then declare the winner. The judges (FUKUSHIN) should decide the winner and raise either red or white flag, in the event of a draw the referee will announce Hikiwake then Saishiai (rematch).

In the rematch - at the end of the competitor's Kata performance, the Referee (SHUSHIN) will announce HANTEI, followed by whistle sound, then he will raise his flag simultaneously with the Judges (FUKUSHIN) and after giving sufficient time for the votes to be counted (approximately 5 seconds) the flags will be lowered after an additional short whistle sound by the referee. The Referee will then declare the winner. The judges (FUKUSHIN) should decide the winner and raise either red or white flag, and they should avoid a draw decision to avoid schedule delays.

In case of Kumite, after ending the time of the match, and the scores are equal, the Referee (SHUSHIN) will announce Hikiwake. Then an enchoson extension for one minute will be held, whereby the winner will be the first to score (Saki-dori). In the event of a further tie if no one scores the judges must decide aka or shiro.

Repechage: From now JKS rules will include repechage system

Repechage simply means that when you have established who your two finalists are (one from each pool or one from the top half of the draw and one from the bottom) you will know who each of these finalists has beaten to reach the final.

In each half of the draw, or in each pool, the competitors that have been beaten by the finalists come back in for bronze.

From now kumite juniors and seniors male and female will be divided in weight categories:

Female: -61 kg +61 kg and open category for seniors

Male: -75 kg and +75 kg and open category for seniors

Compulsory:

Aka will wear red hand pads, red shin & foot guards and a red belt. Auo will wear blue hand pads, blue shin & foot guards and a blue belt.



General notice:

- The competitor's age should be determined as of their age on day of the championships, to be considered eligible to compete in the declared category.
- Weight check-up Sunday morning by appeal.
- Please use sportdata to enter competitors, referees & coaches (<https://www.sportdata.org>)
- Team managers and coaches will receive an armband / pass. Any team manager or coach without an armband will not be allowed to enter the competition area.
- In case of any violations of the Rules, protest from team manager is allowed. In case of any dispute of the referee's decisions, no protest is allowed.

Visas:

All competitors and countries are responsible for their own visa applications / requirements. A letter of support can be given from the organizers if required.

Insurance:

All competitors and countries are responsible for their own insurance coverage.

Transport Information

Hasselt is well connected by road and rail.

The train station is 1.5 km from the sports hall.

By road: 11km from exit 29 (Zonhoven) on Highway E314 or 2.2 km from exit 27 (Hasselt) on Highway E313. Take exit Hasselt West.

Travelling To Hasselt By plane

Brussel international airport / train-car rental

Brussel South Airport (Charleroi) / train-car rental

Eindhoven Airport (NL) / taxi-car rental

Maastricht Airport (NL) / taxi-car rental

Dusseldorf Airport (2hours driving)

Hotel Accommodation

Hasselt has a small range of hotels, please visit:

www.booking.com or www.venere.com or

<http://www.toerismelimburg.be/nl/limburg-ontdekken/regios/hasselt-omgeving/overnachten-hasselt-omgeving>

Emergency Medical Treatment

There are 2 hospitals in Hasselt. The closest one to the main venue is Virga Jesse Ziekenhuis, Stadsomvaart 11 3500 Hasselt +3211335511, 2.2 km from the sports hall.

The other one is Salvatorziekenhuis, Salvatorstraat 20 3500 Hasselt +32335511. 5 km from the sports hall.

Drinks and Food at Venue

There will be a café that will operate throughout the day.

There are also a number of vending machines onsite and nearby shops.

Disabled Access and Parking

The venue has ample parking facilities and disabled access