


KARATE

OPEN

LISBOA



ORGANIZATION: 
Núcleo Karate Shotokan Lisboa

SUPPORTED:

 Câmara Municipal
lisboa


FEDERAÇÃO NACIONAL
PORTUGAL

WELCOME / INTRODUCTION

It is our pleasure to invite you to the 1st edition of the Open Karate Lisboa which will be held on December 3rd 2016.

For the first time, Lisbon will host a Major Karate Championship, expecting to receive some of the world top competitors

The Portuguese Karate Federation and NKSL are proud to host this WKF competition and the organizing committee will do its utmost to offer the best facilities in order to make this a most successful and memorable event.

We are looking forward to meeting you all soon in Lisbon!



Carlos Silva
President Portuguese
National Federation



Joaquim Fernandes
International Referee



Joaquim Gonçalves
Portugal National
Team Head Coach



THE CITY

Lisbon is the capital and the largest city of Portugal, with a population of around 2.7 million people.

Lisbon is recognized as a global city because of its importance in finance, commerce, media, entertainment, arts, international trade, education and tourism.

Lisbon is one of the oldest cities in the world, and the oldest in Western Europe, predating other modern European capitals such as London, Paris and Rome by centuries. Julius Caesar made it a municipium called Felicitas Julia, adding to the name Olissipo. Ruled by a series of Germanic tribes from the 5th century, it was captured by the Moors in the 8th century. In 1147, the Crusaders under Afonso Henriques reconquered the city and since then it has been a major political, economic and cultural center of Portugal



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ORGANIZER CONTACT

NÚCLEO KARATE SHOTOKAN LISBOA

Phone: +351 91 879 88 54

E-mail : openlisboa@nksl.org

Event Information:

www.facebook.com/karateopenlisboa

www.sportdata.org

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SITE AND DATE

SITE

Pavilhão Municipal Casal Vistoso

Portugal – Lisboa

Rua João da Silva 1900 - 271 Lisboa



DATE

The event will take place on the 3rd of December 2016

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TRANSPORTATION

AIRPORT

[Lisbon Portela Airport](#), also known as Lisbon Airport is an international airport located in the city of Lisbon, the capital of Portugal.

METRO

The [Lisbon Metro](#) is the metro (subway) system of Lisbon, Portugal. As of 2016, the four Lisbon metro lines total 43.2 kilometres (26.8 mi) of route and serve 55 stations.

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EVENT MAP

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BAR

FUN & SHOP

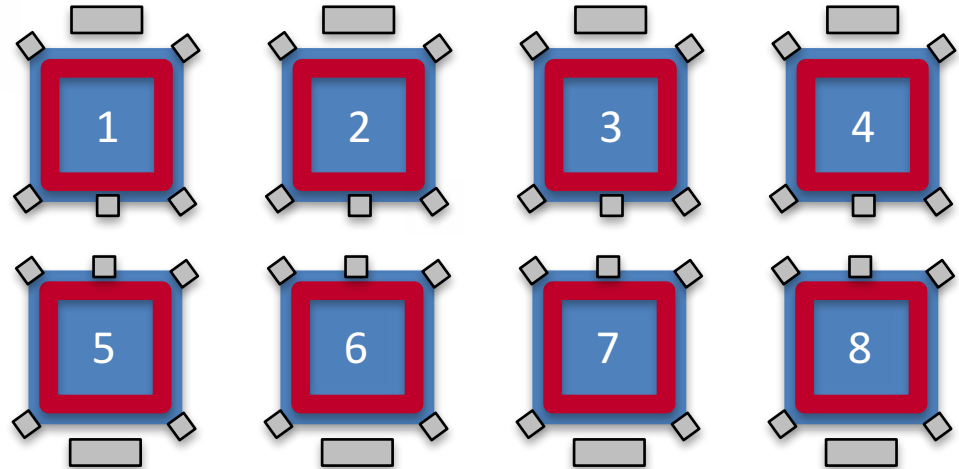
REGISTRATION

ENTRANCE

MAIN HALL

BOARD TABLE

PODIUM



PUBLIC

DRESSING ROOMS

WARMUP AREA

REGISTRATION

- All competitors, referees, coaches and officials must register online using the online system on <http://www.sportdata.org/karate>
- In case of any questions concerning the online registration please directly contact the sportdata software team via the email address office@sportdata.org or nksl@info.org.
- Clubs / teams / federations are responsible for the quality of the entered registration data. Changes of online registration data are possible until 20th of November 2016.
- The official registration session will take place on the Site Venue on :
 - Friday 02/12/2016 - from 18:00 pm to 22:00 pm
 - Saturday 03/12/2016 - from 8:00 am to 10:00 am

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CATEGORIES

KUMITE MALE

10-11 Male -40Kg
10-11 Male +40Kg
12-13 Male -50Kg
12-13 Male +50Kg
12-13 Male -50Kg
14-15 Male -57Kg
14-15 Male -67Kg
14-15 Male +67Kg
16-17 Male -61Kg
16-17 Male -71Kg
16-17 Male +71Kg
+18 Male -67 Kg
+18 Male -80 Kg
+18 Male +80 Kg

KUMITE FEMALE

10-11 Female -40Kg
10-11 Female +40Kg
12-13 Female -50Kg
12-13 Female +50Kg
14-15 Female -53Kg
14-15 Female +53Kg
16-17 Female -55Kg
16-17 Female +55 Kg
+18 Female -55 Kg
+18 Female -65 Kg
+18 Female +65 Kg

KATA MALE

10-11 Male
12-13 Male
14-15 Male
16-17 Male
+18 Male

KATA FEMALE

10-11 Female
12-13 Female
14-15 Female
16-17 Female
+18 Female

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ENTRY FEE

- The entry fees are €10 per individual category entry
- Payment can be done by
 - bank transfer to the following account
 - IBAN - PT50 0018 000339563283020 15
 - Paypal to the following account
 - info@nksl.org

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COMPETITION RULES

- WKF current rules – For all categories the official WKF rules are applied
- Minimum 6 people per category (exception for the heavier category). If that number is not attained, participants may participate in the above category
- 1 coach for each 5 participants – max 4 per club & minimum of 18 years.
- Sportswear is mandatory for coaches
- Access to the competition area will only be permitted with the official registration card and only during the athletic competition
- Body Protector Recommended for all Categories
- Press authorization may be requested
- Public is not allowed inside the competition area

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SCHEDULE

TIME	SCHEDULE
09:00	Kata 10-11 Male & Female
09:45	Kata 12-13 Male & Female
11:00	Kata 14-15 & 16-17 Male & Female
11:45	Kata +18 Male & Female & Kata Finals
12:30	Podium Kata
12:45	Kumite 10-11 Male & Female
14:00	Kumite 12-13 Male & Female
15:15	Kumite 14-15 Male & Female
16:30	Kumite 16-17 Male & Female
18:00	Kumite +18 Male & Female
19:00	Podium Kumite

Attention!

Please note that this schedule can change based on the number of participants. A detailed schedule as well as the official draws will be provided on the week before the event

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TICKETS

- An entrance ticket is compulsory for every attendant, except Athletes and Coaches.
- Entry tickets for spectators will be on sale at the stadium.
- Ticket Price:
 - Full day price – 2€
 - Half day price (after 1:00pm)– 1€

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PRIZE MONEY

Prize money will be awarded to the winner of each category according to the following table:

AGE	PRIZE MONEY
10-11 Years	20 €
12-13 Years	20 €
14-15 Years	20 €
16-17 Years	30 €
+18 Years	50 €

All prize will be offered as a voucher to be used in Adidas material

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ACCOMODATIONS



The Altis Park Hotel is a 4-star hotel near the Lisbon airport (8 subway stops away, 10 minutes driving), ideally situated and suited for events. 300 rooms, 11 meeting rooms, restaurants, garage parking. During the event, the hotel will have a training room available for Athletes.



ROOM	COST NIGHT / PERSON
Single	50,00 €
Double	27,50 €
Triple	25,50 €

Breakfast included

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GENERAL INFORMATION

- Time zone: Greenwich Mean Time Zone – GMT
- Weather and climate: By force of its geographical location, *Lisbon* is one of the warmest European capitals, benefiting from a Mediterranean climate with notable subtropical characteristics. Its neighboring on the Atlantic Ocean, as well as the influences of the Tejo River, contribute to Lisbon's advantage of enjoying the warmest winters of all capital cities of Europe.
- Currency: The Portuguese currency is Euro. Foreign currencies can be exchanged at the airport, in banks, as well as in many foreign currency exchange offices which can be found all over the city.
- Communication: To call Portuga from abroad, dial the international code 00 followed by 351 for Portugal, then the number.
- Electricity : 220 Volts / 50 Hz

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GENERAL CONTACTS

- Police and Emergency number – 112
- Nearest hospital:
 - Hospital Santa Maria
 - Address - Av. Prof. Egas Moniz
 - Phone number - 21 780 5000

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VISA REQUIREMENTS

- Please check this [page](#) for additional information regarding.
- Make sure to confirm with the Portuguese embassy of your country, specific rules applied.


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