



LET'S MAKE OUR  
TOURNAMENT EXCEPTIONAL!

# **KARATE GRAND PRIX OSTRAVA 2016**

**5. 11. 2016**

# THE INVITATION OF THE DIRECTOR

Dear sport friends,

It is a great honor for me to invite you to the 11th year of the traditional tournament KGPO which will be held on the 5th of November 2016 in Ostrava. We would like to thank the Moravian-Silesian region and Ostrava for their long-standing support of the tournament that has made this sport event one of the biggest in the region.

I believe, that also in this year will in Ostrava meet international competitors and the good location in the middle of Europe will attract a huge number of the competitors from the neighboring Slovakia, Poland, Germany, Austria and other states of Europe.

KGPO was always typical of its great atmosphere that was made not only by the competitors, but also by the big number of viewers. This year we are moving the tournament to a new, bigger and more modern sport hall that will bring all participants even better sport experience.

I am looking forward to seeing you!

*Vladimír Ryska, Dis. (7th Dan)*



# THE INVITATION OF THE MAIN ORGANIZERS

Dear friends,

We would like to invite you to the next year of the tournament KGPO. We have prepared for you several pleasant news this year.

A big step forward is moving the tournament to the brand new athletic hall which was opened in 2016. We have a unique opportunity to be one of the first great international sport events that will be held in this hall.

As we ourselves participate in the biggest international karate tournaments, we know how important for the competitor the comfort during the competition is. Thank to the bigger and more modern equipment of the hall we are able to secure the fluency of the tournament within one day.

We are honored to say that in our tournament participate the medalists from the continental and world championships. We want you to enjoy your stay in Ostrava not only in the hall therefore in case of interest can we arrange the teams also the programme after the tournament, for example guided tour in the industrial part Ostrava-Vítkovice.

See you in Ostrava!

*Filip Saidl*

*Sc. Jakub Debrecenyi*



# KARATE GRAND PRIX OSTRAVA

5<sup>TH</sup> NOVEMBER 2016 OSTRAVA, CZECH REPUBLIC

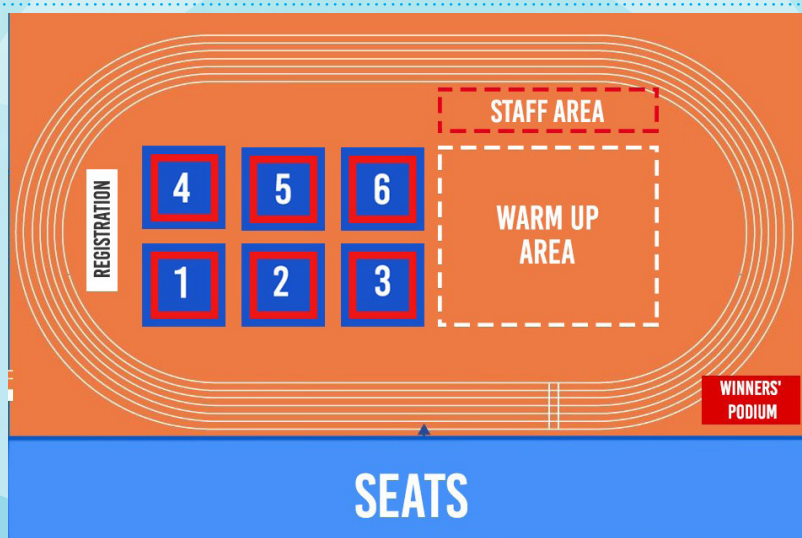


## ADDRESS ATHLETIC HALL OSTRAVA VÍTKOVICE

Starobělská 1392/74, 700 30 Ostrava-jih (next to Ostravar Arena hockey sports hall)



THE NEW SPORTS HALL BUILT IN JANUARY 2016!



[WWW.GRANDPRIXOSTRAVA.COM](http://WWW.GRANDPRIXOSTRAVA.COM)

# INFORMATION

## REGISTRATION - WWW.SPORTDATA.ORG

If you have problems with signing in contact [info@grandprixkarate.cz](mailto:info@grandprixkarate.cz)

**ENTRY FEE** 14€ for one category / 10€ each next category /  
10€ (9th - 7th kyu) category / 20€ kata team

## THE ORGANIZERS OF THE TOURNAMENT

Karate tygr Ostrava / Hakuba karate Ostrava / VSK VŠB-TU Ostrava



## SIGHTSEEING PROGRAM

For our guests we can provide sightseeing program of Ostrava city centre, Shopping centre Nova Karolina or industrial parts of Ostrava Vítkovice. Sightseeing requests shall be sent to email [info@grandprixkarate.cz](mailto:info@grandprixkarate.cz)



## VISA OR CONFIRMATION TO THE CZECH REPUBLIC

More about a visa or confirmation go to next page

## MEDALS, CUPS AND PRIZE MONEY!

The medals specially made for KARATE GRAND PRIX OSTRAVA!

Big cups for the best teams of tournament!

**PRIZE MONEY FOR CHOSEN CATEGORIES!**

[WWW.GRANDPRIXOSTRAVA.COM](http://WWW.GRANDPRIXOSTRAVA.COM)

# VISA AND CONFIRMATION

## NO-SCHENGEN COUNTRIES (NO VISA RELATIONS)

**1. STEP** Send us by email the list of participants.  
About every participant we need the following information:

### PERSONAL INFORMATION OF INVITED PERSON

1. Surname
2. First name
3. Date of birth DD/MM/YYYY
4. Family relationship
5. Sex
6. Place of birth (city)
7. Nationality
8. Travel document number

### ARRIVAL/DEPARTMENT

1. Date of arrival
2. Date of department

### PLACE OF RESIDENT IN THE HOME COUNTRY

1. Country of residence
2. Town
3. Street
4. Number

**2. STEP** We send you scan of the official invitation letter by email

**3. STEP** make appointment at Czech embassy in your country  
(There can be long waiting periods)

**4. STEP** You have to complete this process on your own

Communicate via email [visa@grandprixostrava.com](mailto:visa@grandprixostrava.com)

# VISA AND CONFIRMATION

## REMOTE COUNTRIES (VISA RELATIONS)

IT IS A COMPLEX PROCESS OF SEVERAL ADMINISTRATION STEPS

**1. STEP** Make appointment at the Czech embassy in your country (PAY ATTENTION! There are long waiting periods, TAKE THIS STEP FIRST!)

**2. STEP** Send us the list of participants to [visa@grandprixostrava.com](mailto:visa@grandprixostrava.com). About every participant we need the following information:

### PERSONAL INFORMATION OF INVITED PERSON

1. Surname
2. First name
3. Date of birth dd/mm/yyyy
4. Familyrelationship
5. Sex
6. Place of birth (city)
7. Nationality
8. Travel document number

### ARRIVAL/DEPARTMENT

1. Date of arrival
2. Date of department

### ACOMODATION ADRESS IN THE CZECH REPUBLIC (ON YOUR OWN COST)

1. Accommodation provider (name of hotel)
2. Town
3. Street
4. Number

### PLACE OF RESIDENT IN THE HOME COUNTRY

5. Country of residence
6. Town
7. Street
8. Number

**3. STEP** Make payment. We will fill official forms - invitation letters based on your list. Official stamp on this letter costs **12 EUR / person (Payment 1)**.

When we finished this verification, we will send you these letters via courier service (within 1 week). The price of this service is **80 EUR / consignment (Payment 2)**.

**The whole process starts as soon as we receive the money!**

**Send money to: IBAN:** CZ94 0600 0000 0001 5743 4173, **Swift (BIC):** AGBACZPP, **Type:** SHA  
**Bank:** MONETA Money Bank, a. s., Vyskocilova 1422/1, 140 28 Praha 4 - Michle, CZ  
**Payment recipient:** KARATE TYGR SHOTOKAN z.s., Jaselska 1158/7, 708 00 Ostrava, CZ

**Or by WESTERN UNION: Destination Country:** Czech republic, **Amount:** €, **Name of the Receiver:** Filip Saidl, **City:** Ostrava, **MTCN code** (money transfer code number) **First and Last name** of sender, **country** money sent from

Communicate via email [visa@grandprixostrava.com](mailto:visa@grandprixostrava.com)

# HOW TO GET THERE

## FROM PRAGUE TO OSTRAVA

BY CAR: **HIGHWAY D1** - PRAGUE - BRNO - OLOMOUC - OSTRAVA

BY TRAIN: The most convenient option is to purchase your rail tickets in advance. We recommend to use [www.regiojet.cz](http://www.regiojet.cz) or [www.le.cz](http://www.le.cz) (routing Praha central station - Ostrava Svinov).

## FROM KATOWICE AIRPORT (POLAND) TO OSTRAVA

*Katowice city, located in Poland is only 90 km from Ostrava. International Airport in Katowice is good way to get comfortable to Ostrava.*

BY TIGER EXPRESS: The best and the cheapest option from Katowice to Ostrava is to use Tiger Express minibus. More information at [www.tigerexpress.eu](http://www.tigerexpress.eu) It is necessary to book a ticket!

BY CAR: **HIGHWAY A1** - KATOWICE - GLIWICE - BOHUMÍN - OSTRAVA

## PUBLIC TRANSPORT IN OSTRAVA

FROM TRAIN STATION OSTRAVA SVINOV TO SPORTS HALL  
*Tram number 7 to station Sport arena (8 minutes)*

FROM TRAIN STATION OSTRAVA „MAIN STATION“ TO SPORTS HALL  
*Tram number 22 to station Sport arena (22 minutes)*

FROM MAIN BUS STATION (ÚAN) OSTRAVA TO SPORTS HALL  
*Walk to tram station Náměstí republiky, tram number 2 to station Sport arena (10 minutes)*

**For bigger groups travelling together we can arrange paid transport from hotel, train/bus station or airport to the sports centre.**



# CATEGORIES

## KATA

BOYS 7-9 YEARS OLD (7TH KYU)  
GIRLS 7-9 YEARS OLD (7TH KYU)  
BOYS 7-9 YEARS OLD  
GIRLS 7-9 YEARS OLD

BOYS 10-11 YEARS OLD (7TH KYU)  
GIRLS 10-11 YEARS OLD (7TH KYU)  
BOYS 10-11 YEARS OLD  
GIRLS 10-11 YEARS OLD

BOYS 12-13 YEARS OLD (7TH KYU)  
GIRLS 12-13 YEARS OLD (7TH KYU)  
BOYS 12-13 YEARS OLD  
GIRLS 12-13 YEARS OLD

KATA TEAM BOYS 7-13 YEARS OLD  
KATA TEAM GIRLS 7-13 YEARS OLD

CADETS (MALE) 14-15 YEARS OLD  
CADETS (FEMALE) 14-15 YEARS OLD

JUNIORS (MALE) 16-17 YEARS OLD  
JUNIORS (FEMALE) 16-17 YEARS OLD

KATA TEAM CADETS+JUNIORS (MALE)  
KATA TEAM CADETS+JUNIORS (FEMALE)

U21 (MALE) 16-20 YEARS OLD  
U21 (FEMALE) 16-20 YEARS OLD

SENIOR (MALE) 16+ YEARS OLD  
SENIOR (FEMALE) 16+ YEARS OLD

KATA TEAM SENIOR (U21+SENIOR MALE)  
KATA TEAM SENIOR (U21+SENIOR FEMALE)

MASTERS (MALE) +40 YEARS OLD  
MASTERS (FEMALE) +35 YEARS OLD

## KUMITE

BOYS 7-9 YEARS OLD  
-27, -32, +32  
GIRLS 7-9 YEARS OLD  
-30, +30

BOYS 10-11 YEARS OLD  
-30, -35, -41, +41  
GIRLS 10-11 YEARS OLD  
-35, +35

BOYS 12-13 YEARS OLD  
-39, -45, -52, -60, +60  
GIRLS 12-13 YEARS OLD  
-42, -50, +50

CADET (MALE) 14-15 YEARS OLD  
-52, -57, -63, -70, +70  
CADET (FEMALE) 14-15 YEARS OLD  
-47, -54, +54

JUNIORS (MALE) 16-17 YEARS OLD  
-55, -61, -68, -76, +76  
JUNIORS (FEMALE) 16-17 YEARS OLD  
-48, -53, -59, +59

U21 (MALE) 16-20 YEARS OLD  
-68, -78, +78  
U21 (FEMALE) 16-20 YEARS OLD  
-53, -60, +60

SENIOR (MALE) 18+ YEARS OLD  
-60, -67, -75, -84, +84, OPEN  
SENIOR (FEMALE) 18+ YEARS OLD  
-50, -55, -61, -68, +68, OPEN

MASTERS (MALE) +40 YEARS OLD OPEN  
MASTERS (FEMALE) +35 YEARS OLD OPEN

**PARTICIPATION IN TWO AGE CATEGORIES IS POSSIBLE!**

# RULES

## KATA

Rules WKF (with some exceptions)

Kata (under 7th kyu) tokui kata, kata can be repeat unlimited!

Kata U10, U12 - tokui kata, kata can be repeat 1x

Kata U14 and older - tokui kata, no repetition kata!

Kata team children - tokui kata, kata can be repeat 1x, bunkai in finals

Kata team cadets + juniors - tokui kata, no repetition kata, bunkai in final

Kata team U21 + seniors - tokui kata, no repetition kata, bunkai in finals

## KUMITE

Rules WKF (with some exceptions)

Minimum is the 6th kyu

Category U10, U12, U14 match 1 min 30 sec

Compulsory protectors are: hand, teeth, shin pad and foot protectors, chest in female category (U14 and older)

Body protector is allowed

## PROTEST

WKF rules, charge 20€, weighing protest must be raised at the boarding category before first match!



# PROGRAM

## FRIDAY 4TH NOV 2016

19:00-21:00 REGISTRATION FOR ABROAD COMPETITORS  
AND GROUPS IN SPORTS HALL

## SATURDAY 5TH NOV 2016

07:30-09:00 REGISTRATION KATA  
09:00 START OF KATA COMPETITION  
09:30-11:00 REGISTRATION KUMITE  
11:30-12:00 MEDAL CEREMONY FOR KATA COMPETITION  
13:00-19:00 START KUMITE COMPETITION

*Running ceremony for kumite competition  
Updated timetable will be available at registration.*

At evening party on the Stodolní street!



# OSTRAVA

**OSTRAVA!!!** Ostrava is a formal coal-mining city which also used to be called „the steel heart of Europe“. In these days the heavy industry is on the decline and Ostrava is becoming the modern European metropolis full of cultural, art and sports events.



**STODOLNÍ!!!** Stodolní street - The most popular street „after dark“ as full of restaurants, bars and clubs. Any kind of distaction can be found here!



## THE LOWER AREA OF VÍTKOVICE!!!

The formal mining area including the Hlubina mine, coking plant, blast furnaces and the other technological facilities of metallurgical basic industry and energetics. Since 2002, the area of Hlubina mine, coking plant, and the blast furnaces has been a National Cultural Monument. In 2008, the Lower Area of Vítkovice was inscribed on the the European Cultural Heritage list.



**THE CITY HALL TOWER!!!** The tower is 85.6 metres high and it is the most famous building in Ostrava and the largest town hall complex in the Czech Republic. The observation tower is open to the public all year round and is one of the main tourist attractions of Ostrava which offers a wonderful views over the Ostrava city.



# HOTELS IN OSTRAVA

Hotel Puls \*\*\* (next to sports hall)  
[www.arena-vitkovice.cz/hotel-puls](http://www.arena-vitkovice.cz/hotel-puls)

Clarion Congress Hotel \*\*\*\* (0,5 km to sports hall)  
[www.clarioncongresshotelostrava.com](http://www.clarioncongresshotelostrava.com)

Low Cost hotel Ostrava \*\* (2 km to sports hall)  
[www.lc-hotel.cz](http://www.lc-hotel.cz)

Hotel Veronika \*\*\* (2 km to sports hall)  
[www.hotelveronika.cz](http://www.hotelveronika.cz)

Best Western Hotel Vista \*\*\*\* (2,5 km to sports hall)  
[www.hotelvista.cz](http://www.hotelvista.cz)

Imperial hotel Ostrava \*\*\*\* (6 km to sports hall)  
[www.imperialhotelostrava.com](http://www.imperialhotelostrava.com)

If you need help with accommodation or transport to hotel  
write us [info@grandprixostrava.com](mailto:info@grandprixostrava.com)



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