

CHAMPIONS INTERNATIONAL KARATE ASSOCIATION (CIKA) IRELAND



IN ASSOCIATION WITH CHAMPIONS INTERNATIONAL KARATE ASSOCIATION (CIKA) WORLD

PROUDLY PRESENT THE 2016 CHAMPIONS INTERNATIONAL KARATE ASSOCIATION EUROPEAN 'OPEN' CHAMPIONSHIPS

SATURDAY, 8 OCTOBER, 2016

THE NATIONAL BASKETBALL ARENA. TYMON NORTH, TALLAGHT, DUBLIN 24

- A compenhensive range of illivisions for junior. Individual kara categories junder Eyeorook to adult.

- · Individual lumite caregorias funder ll-years old to adult,
- Team komite categories
 Disabled Kors congories

Entries via 'Sportdata' . Entry closing date 24 September, 2016

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www.cikaireland.com/upcoming-events.html for regular updates

mpetition will start on Saturday 8th October 2016 from 09:00 until 18:00

<u>**Registration**</u> will take place on Friday 7th October at the venue. Please email regarding this, if this is an issue. Email <u>cikaireland@gmail.com</u>

Individual entry is €20 (€18 CIKA) per event. Payment options info is on sportdata



Rules: WKF rules apply. Competitors without correct equipment will not be allowed compete & will not be refunded.

<u>Kumite</u> Protective Equipment Fist protectors, foot and shin protectors (red/blue), gum shields are compulsory! Groin protectors are allowed

<u>KATA</u> individual -11 -13 years -arbitrary kata can repeat same kata once or more

14-15 years –WKF rules

U21, +16 years –WKF rules

<u>KUMITE</u>

+18/U21 years – kumite time 2min (men/women) WKF rules

<u>Coaches</u> The registration of coaches should be done "online". Coaches/athletes ratio is 1:5 up to a maximum of 6 coaches as there will be 6 tatami. Per club a maximum of 6 cards (one per tatami) is allowed. Additional cards are available for a fee of € 10.

Food & beverages are available at the venue



Hotels: The following hotels are offering CIKA a rate for the competition.

We recommend the 4 star Louis Fitzgerald hotel as our first recommendation with the following information on booking.....

Friday 7th & Saturday October

Based on 2 nights Bed & Breakfast

€200 per single room

€220 per twin/double room

€300 per triple room

€360 per 4 to a room

Louis Fitzgerald hotel offer these rates based on 80 bedrooms on a first come first served basis, all room types are subject to availability. Louis Fitzgerald hotelwill honour these rates until 6 weeks prior to the CIKA European Open.

To guarantee bookings the Louis Fitzgerald hotel requires a 25% deposit within 7 days of booking your room.

To avail of these rates, all bookers must contact either Jason Sherlock at <u>jason@louisfitzgeraldhotel.com</u> or Sara-Jane in reservations <u>stay@louisfitzgeraldhotel.com</u>



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We recommend the 3 star Green Isle hotels as another recommendation with the following information on booking.....

- Twin/Double rooms €45per person breakfast included
- Triple room €40per person breakfast included
- Single room €60 breakfast included

Based on 50 rooms booked they can offer a discount on 20 rooms as below

Twin/Double room €40per person breakfast included

Triple room €30per person breakfast included

Single room €59 breakfast included

Please contact the hotel directly at comahony@greenislehotel.com

And be sure to mention the dates & tournament name with card booking only.