

International Karate Stage – Sopot, Poland 13th – 16th July 2016

Event Organizer

World Shotokan Ryu:
Sakura Karate Klubb – Norway
Gdanski Klub Karate Do – Poland
Gokken Klub Sportowy – Poland
Sopocki Klub Karate i Rekreacji - Randori

Instructors

Robert Hamara 7.Dan
Miroslaw Adamowski – 7.Dan
Ptryk Wendt – 4. Dan
World Karate Champion - Claudio Farmadin – 4. Dan

Place

Sopot is a small Polish town situated on the Baltic Sea coast between Gdansk and Gdynia, a natural center of the nearly one-million Tri-City agglomeration and the Pomeranian province.

More information about Sopot you will find here:

<http://www.sopot.pl/eGmina/en/touristzone/#/places/>

All information about transportation you will find here:

http://www.inyourpocket.com/poland/sopot/Arrival-and-Transport/Getting-Around/Getting-to-Sopot_40261v

Accommodation

Tailored to suit every budget, hotel packages range from luxurious 5-star hotels to budget hotels and guest houses. Whichever option you choose, you can be sure of enjoying your stay. For information about booking please contact:

www.hotels.com

Venue

Hala Haffnera /100-lecia Sopotu, 81-817 Sopot. Jakuba Goyki 7, <http://www.sopot.net/sportshall.htm>

Course Programme 13th – 15th July 2016

The training camp will take place at the Hala Haffnera, each day 09.00-13.00 hrs. On Friday after the course closing, we will hand over the participation certificates and have a photo session.

Referee's Course 16th July 2016

Referee's course will be held by Shihan Robert Hamara WKF Senior Referees
Theory instruction: Saturday 16th July 08.00 till 09.00 at the Hala Haffnera /100-lecia Sopotu, 81-817 Sopot, Jakuba Goyki 7.
Further training will continue on Saturday during the competition by WKF senior referees.

International DAN and KYU Grade Examinations

Examination for Dan and Kyu grades will be held on Saturday 16th July from 17.00 till 20.00hrs at the Sport Hall or HQ Hotel depending on numbers of participants. Any person wishing to take an official examination should complete the application form and return it not later than final registration on 13th July 2016. Application for Dan grade must be in our possession no later than 26th June 2016.

For more information and application please contact:

Robert Hamara, e-mail: shihan@sakurakarate.net ;
mobil: +47 92233143

Sayonara Party

The Sayonara Party will be on Saturday 16th July at 20.00. More information will be given to the coaches at the final registration on 13th July 2016

Sopot Open 2016 Summer Championships

Tournament will be held at the Hala Haffnera, 81-817 Sopot, Jakuba Goyki 7, on Saturday 16th July 2016 from 09.00 to 15.00. Please note that competitors must supply their own equipment. Red and blue mitts, red and blue belts, shin and foot protection is compulsory for kumite for all age groups as well as mouth guards (gum shields). However we do not insist on WKF approved types so long as it is safe and within reasonable dimensions.

The draw and competition programme will be given to the coaches at 08.00hrs on Saturday morning.

REGISTRATION FEES

Main Course:

Adults:

1 day – PLN 100 (€ 25); 3 days PLN 250 (€ 63)

Children up to 11 years:

1 day - PLN 75 (€ 19); 3 days PLN 190 (€ 48)

Referee Course: Free of charge

Competition fees for participants in the course:

Individual events:

Adults – PLN 50 (€12); Children – PLN 40 (€10)

Teams events:

Adults – PLN 100 (€25); Children – PLN 80 (€20)

Competition fees for non-participants in the course:

Individual events:

Adults – PLN 60 (€15); Children – PLN 50 (€12)

Teams events:

Adults – PLN 120 (€30); Children – PLN 100 (€25)

Grading for kyu grades: PLN 80 (€20)

Grading for Dan grades – apply for fees

Early registration fees before 1st June 2016

Will be reduced by 40%

Early registration fees before 1st July 2016

Will be reduced by 20%

For application and payment please contact

International:

Robert Hamara, e-mail: shihan@sakurakarate.net;

mobil: +47 922 33 143

Poland:

Miroslaw Adamowski, e-mail: m.adamowski@interia.pl

mobil: +48 602 662 880

Final Registration

Final Registration and issue of documentation will take place at the venue Hala Haffnera on Wednesday 13th July from 08.00 till 09.00 hrs.

If you have paid by bank transfer please ensure that you have the bank transaction receipt with you. Coaches (team leaders) must attend registration.

Exclusion of liability

Organizers and promoters exclude any form of liability whatsoever. Remember to take with you travel insurance! We would like to remind you that: karate protectors, sport tapes, ice bags and other protection and first aid items are personal equipment, and it is your responsibility to have these things with you.
