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## 13th Edition - Open International of Montreal

Sunday, May 15, 2016

### FOR ADMINISTRATIVE USE ONLY

### DO NOT SEND THE REGISTRATION FORMS AT KARATE QUEBEC. ALL REGISTRATIONS AND PAYMENTS MUST BE COMPLETED ON

SPORTDATA (Registration for competition: <a href="https://www.sportdata.org/karate/set-">https://www.sportdata.org/karate/set-</a> online/veranstaltung\_info\_main.php?active\_menu=calendar&vernr=2489#a\_eventhead)

Name			First name			
Gender	MALE 🗌	FÉMALE 🗌	Birth date			
Belt	GREEN	BLUE / PURPLE 🗌	BROWN 🗌	BLACK	Body weight	KG
Emai address						
Dojo		Chief-instructor	-			

#### IMPORTANT NFORMATIONS

Athletes can only register in one category in kata and one category in kumite, unless he/she participate in the Senior kumite open category.

The RECREATIONAL division is divided in Intermediate and Advance levels. As a general guideline, the Intermediate level is related to a participant with a 2-3 years-experience. The Advance level is more suited to a participant with more than 3 years of experience. The Brown and Black belts can only register in the Advance level categories.

The ELITE division is available to athletes from Youth to Senior categories. The ELITE division is intended for advance karateka's (BLUE/PURPLE to BLACK belts) who wish to compete against the best of their age category. These athletes will be able to register in the following categories: Youth (12-13), Cadet (14-15), Junior (16-17) et Senior (16+: kata; 18+: kumite). Take note that all eligible athlete are welcome to register.

In INTERMEDIATE and ADVANCE categories, the athlete must have the age of the category as of May 15, 2016. The category upgrading is available for the ELITE division athletes only. These athletes must have the age of the intended category as of <u>February 24, 2017</u>.

Karate Quebec reserves the right to examine every registration submitted to ensure a fair participation to all athletes.

		RECREATIONAL - RECREATIONAL - RECREATIONAL										
KATA		SPARRING – KUMITE										
INTERM. ADVANCE		INTERMEDIA	ATE 🔲	ADVANCE _								
Age category		Age category		MALE → weight categories (KG)			FEMALE → weight categories (KG)					
8-9 y/o		8-9 y/o		-30 🗌	-35 🗌	+35 🗌	-30 🗌	-35 🗌	+35 🗌			
10-11 y/o		10-11 y/o 🗌		-35 🗌	-45 🗌	+45 🗌	-35 🗌	-43 🗌	+43 🗌			
12-13 y/o		12-13 y/o 🔲		-38 🗌	-48 🗌	+48 🗌	-37 🗌	-45 🗌	+45 🗌			
14-15 y/o		14-15 y/o 🗌		-50 🗌	-58 🗌	+58 🗌	-47 🗌	-54 🗌	+54 🗌			
16-17 y/o		16-17 y/o 🔲		-55 🗌	-62 🗌	+62 🗌	-50 🗌	-57 🗌	+57 🗌			
18 y/o and +		18 y/o and +		-68 🗌	-78 🗌	+78 🗌	-53 🗌	-60 🗌	+60 🗌			
35 y/o and + 🗌		35 y/o and	+ 🗌	-75 🗌	-85 🗌	+85 🗌	-65 🗌	-75 🗌	+75 🗌			
ELITE - ELITE - ELITE												
KATA		COMBAT – KUMITE										
Age category	Age category		MALE → weight categories (KG)			FEMALE → weight categories (KG)						
12-13 y/o	12-13 y/o		-35404550 +50			+50 🔲	-354045 +45					
14-15 y/o 🗌	14-15 y/o		-52 🗌 -57 📗 -63 🔲 -70 🔲 +70 🔲			-47 🗌 -54 🗍 +54 🗍						
16-17 y/o	16-17 y/o 🔲		-55 🗌 -61 🔲 -68 🔲 -76 🔲 +76 🗍			-48 🗌 -53 🔲 -59 🔲 +59 🔲						
<b>16</b> y/o and + □	18 y/o and + 🗌 -		-60 🗌 -67 📗 -75 📗 -84 🗌 +84 📗			-50 🗌 -55 📗 -61 🔲 -68 🔲 +68 🔲						
	o and +		MALE OPEN WEIGHT			REMALE OPEN WEIGHT						
		VAD - AW				<mark>ith an d</mark>	eficiency)					
Deficiency (check only one box)		Motor – standing □ Motor – sitting □ Visual □ Mental □ ASD (Autism spectrum disorder) □ Multiple □										
Kata (8 to 10 years old) Kata (11 to 15 years old) Kata (16 years old and more)												
SEMINAR - SEMINAR - SEMINAR												
Registration for ka								nth and				
online/veranstaltung_info_main.php?active_menu=calendar&vernr=2564#a_eventhead												
Friday, May 13 → 6:30 - 8:30 PM (40\$)												
Friday, May 13 → 6:30 - 8:30 PM (40\$)												
Saturday, May 14 → 9:30 - 11:30 AM (40\$)  KUMITE - Technique polish and Speed												
Saturday, May 14 → 9:30 - 11:30 AM (40\$)												
Saturday, May 14 → 2	KUMITE - Kicking and Defense											
Saturday, May 14 $\rightarrow$ 2:15 - 4:00 PM (40\$) $\square$ KATA -												
CONFERENCE - CONFERENCE - CONFERENCE (TO BE CONFIRMED)												
Saturday, May 14: 13-14h (0\$) TOM SCOTT – Athletes training for high level competition in karate												

Fee for competition AWAD: FREE

RECREATIONAL: 1 or 2 events: 50\$ CND □ **ELITE JUNIOR**: 1 or 2 events: 60\$ CND □ **ELITE SENIOR**: 1 event: 75\$ CND □

2 or 3 events : 100\$ CND □

Registration deadline for competition: Wednesday, May 4, 2016