



# WORLD SHOTOKAN CHAMPIONSHIPS

Children, Cadets, Juniors, 21 Years Juniors, Seniors, Veterans, Deaf, Wheelchair, Mentally Challenged  
Registrations on [www.sportdata.org](http://www.sportdata.org)



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**WORLD SHOTOKAN FEDERATION**

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Mühlemattweg 7 4402 Frekendorf Basel Switzerland

**Email:** [info@worldshotokan.org](mailto:info@worldshotokan.org)

[www.worldshotokan.org](http://www.worldshotokan.org)



# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



*The hospitality of Bydgoszcz – the city of various sport emotions, completed plans and fulfilled dreams – is well-known in numerous corners of the world and among representatives of different fields of social activity.*

*Once again it is time to share our kindness and give a nice reception to the prominent contestants and devoted enthusiasts of the Japanese martial art. As a host of the World Shotokan Championship 2016, I express my happiness and pride. I am waiting for guests from all over the world and I believe in unforgettable sport experiences, meaningful meetings and time full of noble, primeval traditions.*

*By entrusting the organisation of the most important tournament to the Bydgoszcz club Bushi-do, World Shotokan Federation made the best possible choice. The combination of an excellent organisational skills of the local karate community and well-prepared base of municipal sport facilities – guarantees all the participants the highest level of comfort.*

*During the spring days of April 2016 Bydgoszcz will host the best karate fighters, the representatives of over fifty countries from all over the world. We are also expecting their enthusiastic supporters, who are waiting for desired medals, the effects of hard work, decorated with national colours.*

*We invite you all – to invariably hospitable Bydgoszcz, the city of fulfilled dreams.*

*Let's meet in Bydgoszcz!*

*Rafal Bruski  
The Mayor of Bydgoszcz*





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



*Dear World Shotokan Friends*

*I have the honour to invite you to 7th World Shotokan Championships in Bydgoszcz, Poland*

*Poland is going to be the scene for the upcoming event World Shotokan Championships with all the apssion and respect for all we have pleasure to show how much Polish love Karate, Shotokan to the World Karate Family.*

*The place in Bydgoszcz is a famous city with charming weather with all the facilities for great event and recreation.*

*Our program and offer is not only a meeting for the championships but fort he cultural, recraeational and and friendship between those World Shotokan Karate family in the sand of Poland. I would like to also thank to Polish Karate Federation, Polish Shotokan Karate Union and Bushi- do Sport Club and also local authorities.*

*Looking forward to see you in Bydgoszcz, Poland. Yours Sincerely*

*Kakha BASILIA  
The President of World Shotokan Federation*





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



*Dear friends from Shotokan Karate,*

*I have great pleasure to welcome the participants of the 7th World Shotokan karate Championships which will be hosted on 1st-3rd April 2016 in Bydgoszcz in Kuyavian-Pomeranian County. Without doubt, the best karate Shotokan athletes from all around the world will arrive to Bydgoszcz. Here is the home of Sport Association Bushi-Do Karate, whose youth representatives belong to the forefront of Shotokan karate in Poland and in Europe. "Kuyavian-Pomeranian county supporting sports" This slogan guiding the activities of the regional authorities, which recognises the role of sport in society. Athletes from Kuyavian-Pomeranian county are very important part of our image. I am glad that in the Olympic year of 2016 we can host the best karate athletes from around the world in our province. I wish all participants of 7th World Shotokan Championships lots of success and an unforgettable experience of staying in Kuyavian-Pomeranian county in Poland.*

*Piotr Calbecki  
Marshal of the Kuyavian-Pomeranian County*





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



*In 2016 Polish Karate Federation will cover patronage of one the biggest sporting in Poland World Shotokan Championship from World Shotokan Federation. The championships will be held in April 2016 in Bydgoszcz with competitors over 50 countries participating as well as licensed Polish karate clubs which are members of the Polish Karate Federation.*

*As Vice President of Polish Karate Federation I welcomed the message, that such a large sportig event was proposed to be held in Poland. Thanks to this, great crowd competitors from Polish clubs will be able to compete with teams from all over the world. This will contribute certainly to the development of our discipline as a great way to promote a healthy lifestyle and noble principles which characterize the martial art Karate. As a member of the Honorary Committee of the Championships We welcome you to Bydgoszcz and take part in World Shotokan Championships in April 2016..*

*With sports greetings,*

*Yours faithfully,*

*Waclaw Antoniak  
Vice President of Polish Karate Federation*





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



*Dear friends from Karate World,*

*It's pleasure for Poland to be host of The WSF 7<sup>TH</sup> WORLD SHOTOKAN CHAMPIONSHIPS.*

*I'm honoured to be co-organizer of this event.*

*We will be hosting competitors from all around the world.*

*I would like you to feel polish traditional hosting and hospitality spirit.*

*We will put any effort to make you feel in your own home.*

*I wish everyone great achievements and success in private and sports life.*

*A big thank you to the World Organisation WSF for trusting us and our country.*

*Yours faithfully*

*President PSKU  
Janusz Harast  
8<sup>TH</sup> Dan Karate*





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



*Dear competitors and friends of karate.*

*As an organizer of World Shotokan Championships I am happy and proud ,that he most important tournament of World Shotokan Federation will take place in Bydgoszcz ,Poland.*

*Let me assure you that I will do everything to make the Karate Shotokan World Championship a very well organised event and that will make sure that everyone taking part will have a good memories.I hope,that everyone will reach their goals on a tatami and that you will have a good time in our city which is very welcoming to every sportsman.Bydgoszcz has a beatiful architecture and as one of Poland's biggest city have many cultural attractions to offer,like theatres,museums,and world's known opera.*

*If you wish to spent more relaxed time,there is many,pubs,bars and restaurants to visit.*

*I wish you all a very productive preparation to the Championships and I hope too see a very high numbers of competitors from around the world.*

*See You all in Bydgoszcz*

*Piotr Gołębiewski  
President Bushi- do Bydgoszcz*





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



*Co-organizer and Patrons*

*President of City Bydgoszcz*

*Marshal of the Kuyavian-Pomeranian county*

*Polish Shotokan Karate Union*

*University of Economy in Bydgoszcz WSG*

*Bushi-do Bydgoszcz karate club*

*Harasuto Łódź karate club*

*Polish Karate Federation*







# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



DATE 1-2-3 APRIL 2016

## VENUE



Sporthall 'Luczniczka' Bydgoszcz strett Toruńska 59

## Co-Organiser and Patrons

*President of City Bydgoszcz  
Marshal of the Kuyavian-Pomeranian county  
Polish Shotokan Karate Union  
University of Economy in Bydgoszcz WSG  
Bushido Bydgoszcz karate club  
Harasuto Łódź karate club  
Polish Karate Federation*





# 7th World Shotokan Championships

## BYDGOSZCZ POLAND

### 1-2-3 APRIL 2016



**RULES** World Shotokan Federation rules will be valid on Shotokan Kata's, Shobu Ippon, Jyu Kumite and Team Kumite categories, WKF Kumite categories will be under WKF Rules. **All athletes from Poland must be the member and licence of Polish Karate Federation.** The event is open to all Shotokan related schools.



#### CATEGORIES

Children, Cadets, Juniors, -21 Years  
Juniors, Seniors, Veterans, Deaf,  
Mentally Challenged, Wheelchair,  
Male&Female, Kata&Kumite,  
Individual & Team

#### REGISTRATIONS

All registrations will be made from  
[www.sportdata.org](http://www.sportdata.org) until 24 March 2016.  
In case of any late registrations of news  
registrations during the registrations date  
will be penalised with 10 € for each  
changing.

#### REFEREES AND JUDGE'S

WKF and Continental Referee's will be  
paid Daily allowance for each country  
two Referees as follows;  
WKF Referees 50 € Per Day, Continental  
Referee's 30 € Per Day. **Referees from  
Poland must have valid licence from  
Polish Karate Federation**



#### INDIVIDUAL ENTRY FEE'S

Children Categories 7, 8-9, 10-11 Years	35 €
Children Categories 12-13, 14-15	40 €
Cadets 14-15 Years	40 €
Juniors, -21 Years, Seniors, Veterans	50 €
Deaf, Wheelchair, Mentally Challenged	40 €

#### DAN GRADING FEE'S

1. Dan	120 €
2. Dan	140 €
3. Dan	160 €
4. Dan	180 €
5. Dan	200 €
6. Dan	250 €
7. Dan	300 €



#### TEAM ENTRY FEE'S

Children Categories 7, 8-9, 10-11 Years	70 €
Children Categories 12-13 Years	80 €
Cadets 14-15 Years	80 €
Juniors, Seniors, Veterans	90 €
WSF ID Cards	10 €





# 7th World Shotokan Championships

## BYDGOSZCZ POLAND

### 1-2-3 APRIL 2016



#### **SHOBU IPPON KUMITE WEIGHT CATEGORIES AND KATA**

<i>6-7 Years Children Female Kata Kumite</i>	-20Kg, -25Kg, +25Kg
<i>6-7 Years Children Male Kata Kumite</i>	-20Kg, 25Kg, -30Kg, -35Kg, +35Kg
<i>8-9 Years Children Female Kata Kumite</i>	-25Kg, -30 Kg, +30 Kg
<i>8-9 Years Children Male Kata Kumite</i>	-25Kg, -30Kg, -35Kg, 40Kg, +40Kg
<i>10-11 Years Female Kata Kumite</i>	-34Kg, -38Kg, +38Kg
<i>10-11 Years Male Kata Kumite</i>	-30Kg, -34Kg, -38Kg, -42Kg, +42Kg
<i>12-13 Years Female Kata Kumite</i>	-43Kg, -52Kg, +52Kg
<i>12-13 Years Male Kata Kumite</i>	-38Kg, -44Kg, -50Kg, -56Kg, +56Kg
<i>14-15 Years Female Kata Kumite</i>	-47Kg, -54Kg, +54Kg
<i>14-15 Years Male Kata Kumite</i>	-52Kg, -57Kg, -63Kg, -70Kg, +70Kg
<i>16-17 Years Female Kata Kumite</i>	-48Kg, -53Kg, -59Kg, +59Kg
<i>16-17 Years Male Kata Kumite</i>	-55Kg, -61Kg, -68Kg, -76Kg, +76Kg
<i>Under 21 Years Male Kata Kumite</i>	-60Kg, -67Kg, -75Kg, -84Kg, +84Kg
<i>Under 21 Years Female Kata Kumite</i>	-50Kg, -55Kg, -61Kg, -68Kg, +68Kg
<i>18 Years and Over Female Kata Kumite</i>	-50Kg, -55Kg, -61Kg, -68Kg, +68Kg
<i>18 Years and Over Male Kata Kumite</i>	-60Kg, -67Kg, -75Kg, -84Kg, +84Kg

#### **WKF KUMITE WEIGHT CATEGORIES AND KATA**

<i>6-7 Years Children Female Kata Kumite</i>	-20Kg, -25Kg, +25Kg
<i>6-7 Years Children Male Kata Kumite</i>	-20Kg, 25Kg, -30Kg, -35Kg, +35Kg
<i>8-9 Years Children Female Kata Kumite</i>	-25Kg, -30 Kg, +30 Kg
<i>8-9 Years Children Male Kata Kumite</i>	-25Kg, -30Kg, -35Kg, 40Kg, +40Kg
<i>10-11 Years Female Kata Kumite</i>	-34Kg, -38Kg, +38Kg
<i>10-11 Years Male Kata Kumite</i>	-30Kg, -34Kg, -38Kg, -42Kg, +42Kg
<i>12-13 Years Female Kata Kumite</i>	-43Kg, -52Kg, +52Kg
<i>12-13 Years Male Kata Kumite</i>	-38Kg, -44Kg, -50Kg, -56Kg, +56Kg
<i>14-15 Years Female Kata Kumite</i>	-47Kg, -54Kg, +54Kg
<i>14-15 Years Male Kata Kumite</i>	-52Kg, -57Kg, -63Kg, -70Kg, +70Kg
<i>16-17 Years Female Kata Kumite</i>	-48Kg, -53Kg, -59Kg, +59Kg
<i>16-17 Years Male Kata Kumite</i>	-55Kg, -61Kg, -68Kg, -76Kg, +76Kg
<i>Under 21 Years Male Kata Kumite</i>	-60Kg, -67Kg, -75Kg, -84Kg, +84Kg
<i>Under 21 Years Female Kata Kumite</i>	-50Kg, -55Kg, -61Kg, -68Kg, +68Kg
<i>18 Years and Over Female Kata Kumite</i>	-50Kg, -55Kg, -61Kg, -68Kg, +68Kg
<i>18 Years and Over Male Kata Kumite</i>	-60Kg, -67Kg, -75Kg, -84Kg, +84Kg



# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



## **JYU KUMITE (NON STOP FIGHTING)**

12-13 Years Male & Female

(Duration 1 Minute)

14-15 Years Male & Female

(Duration 1 Minute)

16-17 Years Male & Female

(Duration 2 Minutes)

18 and Over Male & Female

(Duration 2 Minutes)

The competition will be managed with 5 Judges, without stopping the competition and note the received points. The Referee will only will stop the competition and evaluate in case of injury and Shows penalties and give points if necessary.

## **TEAM KATA AND KUMITE CATEGORIES**

8-9 Years Children Female and Male Team Kata

8-9 Years Children Female and Male Team Kumite

10-11 Years Children Female and Male Team Kata

10-11 Years Children Female and Male Team Kumite

12-13 Years Children Female and Male Team Kata

12-13 Years Children Female and Male Team Kumite

14-15 Years Cadets Female and Male Team Kata

14-15 Years Cadets Female and Male Team Kumite

16-17 Years Juniors Female and Male Team Kata

16-17 Years Female and Male Team Kumite

18 and Over Seniors Female and Male Team Kata

18 and Over Female and Male Team Kumite



## **DEAF KATA & KUMITE**

8-11 Years Male & Female Kata Kumite  
Open

12-14 Years Male & Female Kata  
Kumite Open

## **WHEELCHAIR KATA**

8-16 Years Male & Female Kata Open

17 Years and Over Male & Female Kata Open



## **MENTALLY CHALLENGED KATA**

8-16 Years Male & Female Kata Open

17 Years and Over Male & Female Kata Open



# 7th World Shotokan Championships

## BYDGOSZCZ POLAND

### 1-2-3 APRIL 2016



#### **MASTERS INDIVIDUAL CATEGORIES**

*Masters 35-40 Kata & Kumite Male & Female  
Masters 41-45 Kata & Kumite Male & Female  
Masters 46-50 Kata & Kumite Male & Female  
Masters 51-55 Kata & Kumite Male & Female  
Masters 56-60 Kata & Kumite Male & Female  
Masters 61 and Over Kata & Kumite Male & Female*

#### **MASTERS TEAM CATEGORIES**

*Masters 35-45 Kata & Kumite Male & Female  
Masters 46-55 Kata & Kumite Male & Female  
Masters 56 and Over Kata & Kumite Male & Female*

#### **GENERAL INFORMATION OF POLAND**

*Poland is a country situated in Central Europe. It covers more than 320 thousands square kilometers and has population of over 38 million people. Poland's official language is Polish. The climate is moderate there, which means that summers are usually hot and sunny, winters cold and springs and autumns quite mild. The longest river in Poland is the Vistula River.*

*While the north of Poland has an access to the sea, the south of Poland is dominated by the mountains. The Tatra Mountains are perfect for winter sports and hiking, so they attract a lot of tourists and climbers from all over the Europe. The Baltic Sea, on the other hand, is known for its healthy climate, sandy beaches and popular holiday resorts.*



#### **CURRENCY**

*Polish currency is the zloty (zł, PLN). One zloty is divided into 100 groszy (1zł = 100 gr). Banknotes with the following denominations 10, 20, 50, 100 and 200 zł and coins with the following denominations 1, 2, 5, 10, 20 and 50 gr and 1, 2, 5 zł are in the circulation. Currencies may be exchanged in numerous bureaux de change ("kantor") or in banks. Currency exchange points are usually located in city centers, at railway stations, airports, in some hotels and in places with higher numbers of tourists.*





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



## **VISA INFORMATION**

*Since December 21, 2007, Poland is part of the Schengen Area, a zone without controls on internal borders which comprises of 28 countries. Third-country nationals may enter Poland if they are in possession of a valid travel document and a visa (if required).*

*When crossing the border third-country nationals are also obliged to justify the purpose and conditions of intended stay and prove that they have sufficient means of subsistence, both for the period of intended stay and for return to their country of origin or transit to a third state into which they are certain to be admitted, or are in a position to acquire such means lawfully.*

*Moreover, they must not be listed as persons who have been refused entry, and they must not be considered a threat to public policy, national security or the international relations of any of the Schengen states. The visa application should be submitted to and examined by the relevant consular post in accordance with its territorial competence.*

*Applicants should contact relevant consular post in order to obtain the application as well as information on the electronic registration of the application and visa fees. The application will be examined no later than 15 calendar days after the date of submission of the full set of documents. Polish delegations are not present in some countries. In this case, the applicant is obliged to submit the application to the relevant Polish consular post in another country, or in another Schengen consulate which represents Poland in visa matters.*

*For more information please go to official website of Ministry of Foreign Affairs Republic of Poland:*

<http://www.msz.gov.pl/en>

*Kindly send us your teams passport number, validity date name and surname and function in the team to the email address for the Invitation letter.*

[harastkarate@interia.pl](mailto:harastkarate@interia.pl)



*Bydgoszcz-the capital of the kujawsko-pomorskie voivodeship,a city with three state universities and sixteen other universities and colleges.Since the time the city was granted municipal rights by king Casimir the Great in 1346,it has grown to the rank of a dynamically developing economic centre.The city is home to many international concerns that deal with the electrotechnical industry,telecommunications and banking,including Acatel-Lucent.Tyco Electronics,Atos Origin and JP Morgan Chase.*

*Due to the fact that an airport with a modern passenger terminal is located just 3.5 km from the city centre. Bydgoszcz has excellent connections with other part of Poland and Europe. Additionally ,the city is a junction of railway,water and road routes.Owing to its picturesque location on the Brda River and the historic Bydgoszcz Canal,as well as the Vistula,the city has earned the name of the biggest Polish centre of inland navigation.It is through here that water route E-70 from Berlin to Kaliningrad runs.*



# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



*It is also worth knowing that the Old market Square is crossed by the 18 meridian East. However, the place that actually contains a display of this geographical curiosity is Mill Island. A number of museums, the proximity of the Opera and the numerous festivals and concerts that take place in the amphitheatre make this place the cultural centre of the city. Bydgoszcz is also called capital of Polish athletics and rowing. Audiences from all over the world come here to admire basketball and volleyball players as well as speedway riders. The IAAF Junior Championships, IAAF World Cross Country Championships, The Great Rowing Regatta for the Brda Cup, Poland's Speedway Grand Prix, the CEV Orlen European Championships, Euro Basket - these are just some of a whole selection of sport events that are organized in the city on the Brda River.*

## **EMERGENCY CALLS**

*To call an emergency service using a landline or a public phone, please dial:*

**999** – Ambulance

**998** – Fire Brigade

**997** – Police



## **MEDICAL INSURANCE**

*When in Poland, foreign nationals may be required to cover the cost of medical assistance offered by the public health service. Free emergency treatment is available to visitors from the European Union and several countries with which Poland has signed international agreements (Albania, Bosnia and Herzegovina, Croatia, former Yugoslav Republic of Macedonia, Montenegro, Russia and Serbia). EU nationals are required to produce a valid European Health Insurance Card (EHIC).*

*If you are not a national of any of the countries above, you will need to make your own arrangements and you are strongly advised to obtain a suitable medical insurance cover before you leave home.*



# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



## ACCOMMODATION



### HQ HOTEL

SLONECZNY MLYN 4 STARS

STR JAGIELLONSKA 96 85-027 BYDGOSZCZ



### HOTEL CAMPANILE 3 STARS

STR JAGIELLONSKA 59 BYDGOSZCZ



### BEST INN HOTEL 3 STARS

STR LOCHOWSKA 69 BYDGOSZCZ



### HOTEL PRZYSTAN 3 STARS

STR TAMKA 2 BYDGOSZCZ



### HOTEL IKAR 3 STARS

BYDGOSZCZ STR SZUBINSKA 32

### OTHER HOTELS

Hotel Planetarium\*\* Bydgoszcz str.Szubinska 87 F

Hotel Albatros\*\*

Cheap accomodation

Wąsosz str.Nadbrzeźna 10  
31 km near Bydgoszcz





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



**Book hotels and transport at promotional prices can only March 01, 2016.  
By paying a deposit to the specified account 20 %**

**RECOMMENDED HOTEL OF THE  
WORLD SHOTOKAN CHAMPIONSHIPS 2016**

	Single Per Room with Breakfast	Double Per Room with Breakfast (One King Size Bed)	Twin Per Room Two Single Beds with Breakfast	Triple Per Room with Breakfast	Other Informations
<i>HQ Hotel Sloneczny Mlyn 1 Km To the Sporthall</i>		65 €	75 €		70 Rooms Max 140 Persons
<i>Campanile 1,5 Km</i>	25 €		35 €	50 €	Max 30 Persons
<i>Hotel Ikar 6 Km</i>	25 €		35 €	50 €	Max 190 Persons
<i>Hotel Best Inn 10 Km</i>	25 €		35 €	50 €	Max 150 Persons
<i>Hotel Przystan 3 Km</i>			55 €	70 €	Max 42 Persons
<i>Hotel Albatros 40 Km</i>			30 €	40 €	Max 100 Persons
<i>Hostel Planetarium 8 Km</i>			30 €	45 €	Max 40 Persons

*After receiving your booking form we will send you confirmation that your reservation was made correctly. Payments for accommodation can be done only by bank transfer on the following account 20 % :*

***Klub Karate BUSHI-DO ul. Inwalidów 1 A 85-727 Bydgoszcz  
DEUTSCHE BANK 12 1910 1048 2121 9918 8944 0004  
SWIFT – DEUTPLPX***

***Book hotels and transport at promotional prices can only March 1, 2016.  
By paying a deposit to the specified account***





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



## Hotel Accommodation Application Form

### 1. Details for invoice:

Name of Federation:		Country	
Address	Phone	E-mail	
Name of Contact Persons:		Position in national federation/delegation	
other details(if needed)			

### Hotel booking form:

Hotel	Check- in	Check -out	No. of people	Type of rooms
EXAMPLE	01.04.2016	03.04.2016	20	10 x 2 double





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



## Transfers booking form

Arrival information		
Arrival date:	Arrival place	
Arrival time:	Flight number:	Total number of persons
Others		

Departure information		
Departure date:	Departure place	
Departure time:	Flight number:	Total number of persons
Others		



# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



## TRANSPORTATION

How to get Airport Okęcie Warsaw to center Train station

<http://www.ztm.waw.pl/index.php?c=571&l=2>

Warsaw Chopin Airport (Lotnisko Chopina) is located within a distance of 8 kilometers from the city centre of Warsaw. The airport can be reached by a few lines of the municipal public transport organized by Zarząd Transportu Miejskiego.



### Train

In the vicinity of the terminal there is the underground Warsaw Chopin Airport railway station. It can be reached by the following trains:

- S2 SKM trains from the Warszawa Śródmieście through Warszawa Zachodnia,
- S3 SKM trans from the Warszawa Centralna through Warszawa Zachodnia,
- Koleje Mazowieckie (marked as **RL**) from the Modlin station through Nowy Dwór Mazowiecki, Legionowo, Warszawa Wschodnia, Warszawa Centralna /Warsaw Central Station/ and Warszawa Zachodnia.

### By car

How to get Warsaw to Bydgoszcz -240 km 2,5 h

By car Lodz -Bydgoszcz 190 km 2 h

By car Poznan-Bydgoszcz 147 km 1,5 h

by car Gdansk -Bydgoszcz 167 km 2 h

### Bus

Four day bus lines and one night line reach the airport:

- line 175 from Plac Piłsudskiego through Krakowskie Przedmieście, Nowy Świat, Aleje Jerozolimskie (the Centrum underground station, Warszawa Centralna /Warsaw Central Station/ and Warszawa Śródmieście railway stations) and Plac Zawiszy,
- line 188 from Praga-Południe through Trasa Łazienkowska (the Politechnika underground station),
- line 148 from Praga-Południe through Mokotów and Ursynów (the Imielin underground station),
- line 331 from the Wilanowska underground station (it runs only on weekdays at peak hours),
- night line N32 from the Warszawa Centralna railway station /Warsaw Central Station/ (a night interchange point).

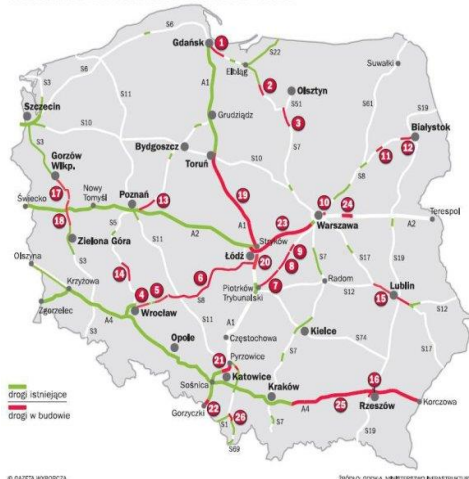
### By coach

komfort bus

- <http://www.pks.bydgoszcz.pl>
- <http://www.polskibus.com>

PL	<3.5t	>3.5t
	50	60
	50	60
	5:00-23:00	23:00-5:00
	90	70
	90	70
	100	80
	100	80
	120	100
	140	100

### AUTOSTRADY I DRÓGI EKSPRESOWE W POLSCE





# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



We can organize transfer from the following airports to hotels

Airport	Specification	bus (max 9 people)	bus (max 26 people )	coach (max 65 people)
Warsaw - Bydgoszcz-Warsaw	Bus /coach hire price for both ways (airport-hotel-airport)		1000 euro	1500 euro
	approx.price per person in euro for max number of people in bus		38 euro	23 euro

Airport	Specification	bus (max 9 people)	bus (max 26 people )	coach (max 65 people)
Łódź -Bydgoszcz-Łódź	Bus /coach hire price for both ways (airport-hotel-airport)		750 euro	1100 euro
	approx.price per person in euro for max number of people in bus		28,5 euro	17 euro

Airport	Specification	bus (max 9 people)	bus (max 26 people )	coach (max 65 people)
Poznań -Bydgoszcz-Poznań	Bus /coach hire price for both ways (airport-hotel-airport)		550 euro	780 euro
	approx.price per person in euro for max number of people in bus		21 euro	12 euro

Airport	Specification	bus (max 9 people)	bus (max 26 people )	coach (max 65 people)
Gdańsk -Bydgoszcz-Gdańsk	Bus /coach hire price for both ways (airport-hotel-airport)		600 euro	900 euro
	approx.price per person in euro for max number of people in bus		23 euro	14 euro



# 7th World Shotokan Championships

## BYDGOSZCZ POLAND

### 1-2-3 APRIL 2016



30th & 31 March 2016, Thursday

EVENT PROGRAMME

#### Shotokan Karate Seminar

**Shihan Sadeshige KATO (9.Dan) (WSF Technical Advisor)**

A.Popescu Sacele 8.Dan, Kakha Basilia 8.Dan

Janusz Harast 8.Dan, Hayrettin Hamurcu 7.Dan

#### 31st March 2016, Thursday

09:00 – 17:00	Registration	Headquarter Hotel
17:00 – 19:00	Referee Seminar	Headquarter Hotel
19:00 – 20:00	Dan Examination	Sporthall
20:00 – 21:00	Drawings and Coach Meeting	Headquarter Hotel
21:00 – 23:00	WSF/ESF Executive Committee Meeting	Headquarter Hotel

#### 1st April 2016, Friday

08:00 – 08:45	Weight Control	Sport Hall Luczniczka
09:00 – 10:00	Children Individual & Team Kata Categories 7 Yrs, 8-9 Yrs, 10-11 Yrs, 12-13 Yrs	Sport Hall Luczniczka
10:00 – 13:00	Children Individual WKF Kumite Categories 7 Yrs, 8-9 Yrs, 10-11 Yrs, 12-13 Yrs	Sport Hall Luczniczka
13:00 – 14:00	Lunch Break	
14:00 – 17:00	Children Individual Shobu Ippon Kumite, Jyu Kumite 7 Yrs, 8-9 Yrs, 10-11 Yrs, 12-13 Yrs	Sport Hall Luczniczka
17:00 – 18:30	Children Team Kumite Categories 7 Yrs, 8-9 Yrs, 10-11 Yrs, 12-13 Yrs	Sport Hall Luczniczka
18:30 – 19:30	All Categories Finals & Medal Ceremony	Sport Hall Luczniczka

#### 2nd April 2016, Saturday

08:00 – 08:45	Weight Control	Sport Hall Luczniczka
09:00 – 10:00	Cadets, Juniors, -21 Years Juniors Individual & Team Kata Categories	Sport Hall Luczniczka
10:00 – 13:00	Cadets, Juniors, -21 Years Juniors Individual WKF Kumite Categories	Sport Hall Luczniczka
13:00 – 14:00	Lunch Break	
14:00 – 16:00	Cadets, Juniors, -21 Years Juniors Individual Shobu Ippon Kumite, Jyu Kumite	Sport Hall Luczniczka
16:00 – 17:00	<b>Opening Ceremony with Deaf, Wheelchair, Mentally Challenged Categories</b>	Sport Hall Luczniczka
17:00 – 18:30	Cadets, Juniors Team Kumite Categories	Sport Hall Luczniczka
18:30 – 19:30	All Categories Finals & Medal Ceremony	Sport Hall Luczniczka

#### 3rd April 2016, Sunday

08:00 – 08:45	Weight Control	Sport Hall Luczniczka
09:00 – 10:00	Seniors, Masters Individual & Team Kata	Sport Hall Luczniczka
10:00 – 13:00	Seniors, Masters WKF Kumite Categories	Sport Hall Luczniczka
13:00 – 14:00	Lunch Break	
14:00 – 16:00	Seniors, Masters Individual Shobu Ippon Kumite, Jyu Kumite	Sport Hall Luczniczka
16:00 – 17:00	Seniors Masters Individual Team Kumite	Sport Hall Luczniczka
18:30 – 19:30	All Categories Finals & Medal Ceremony	Sport Hall Luczniczka



# 7th World Shotokan Championships BYDGOSZCZ POLAND 1-2-3 APRIL 2016



## TERMS OF RESPONSIBILITY

*To be filled, signed sent back before by March 31st, 2016*

*I, \_\_\_\_\_ the undersigned, as the Head of Delegation of my country, duly enrolled to participate in the 7th World Shotokan Championships, which will be held in Bydgoszcz, Poland from 1st of April, 2016 to 3rd of April 2016 with fully knowledge of the Statutes, the Rules and the Norms of The World Shotokan Federation, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this Championships, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc. Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the World Shotokan Federation and Polish Shotokan Karate Union, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of shotokan related to the event, without any monetary compensation.*

*Country/Nation :  
Surname, First name :  
Passport number & expiry date :  
Credit Card details & expiry date :  
Position in the federation :  
Address:*

*Phone number :  
Email:*

STAMP & SIGNATURE

*(Kindly send above given form to the [info@worldshotokan.org](mailto:info@worldshotokan.org) email adress until 31st March, 2016.)*