





KARATE OPEN

JANUARY 30.-31. 2016 REYKJAVIK, ICELAND





On the occasion of the 9th Reykjavik International Games and 4th Karate Championships, I take the opportunity to send my warm greetings to all karateka friends.

This year we are a part of over 20 sports taking part in the Games over two weekends. This is a venue for our karateka to meet foreign competitors on our home ground.

Iceland is a very well known touristic island, especially to European people. The Championships will take place in Reykjavik,a city by the sea. I am sure that everybody will enjoy this event and I would like to wish all participants health, strength and many victories.

We look forward to seeing you in Reykjavik!



Sincerly yours,

Reinhard Reinhardsson

President

Iceland Karate Federation

GENERAL INFORMATION

Time: Greenwich Mean Time Zone (UTC/GMT) Currency: Icelandic Krona Credit Card: Visa, MasterCard and other major credit cards Country code: +354 Emergency: 112 Language: Icelandic (English is spoken by most Icelanders) Electricity: Electricity in Iceland is 230 Volts, alternating at 50 cycles per second. If you travel to Iceland with a device that does not accept 230 Volts at 50 Hertz, you will need a voltage converter. Information about the city of Reykjavik: <u>http://www.visitreykjavik.is/</u>

CATEGORIES

	Age limit	Male	Female
Seniors	18+ (kata 16+ y.)	Kata, kumite -75, +75	Kata, kumite -61, +61
Juniors U18	16-17 years	Kata, kumite -68, +68	Kata, kumite -53, +53
Cadets U16	14-15 years	Kata, kumite -63, +63	Kata, kumite -47, +47
Youth U14	12-13 years	Kata, kumite -55, +55	Kata, kumite -45, +45

*The competition organizer reserves the right to change the categories!

ENTRY FEE

20€ per competitor / category Registration later than deadline: 30€ per competitor. IBAN: IS18 0515 2600 5103 5103 8504 79 SWIFT: GLITISRE

COMPETITION RULES, PROTECTION & INSURANCE

Rules: WKF rules 9.0 (with two third places) Protection: WKF & EKF rules Insurance: All competitors must have a valid personal insurance license.

COMPETITION VENUE

Laugardalshöll sport center, Engjavegur 6, IS-104 Reykjavík, http://www.ish.is

REGISTRATION

All registrations must be submitted by FRIDAY JANUARY 15TH to The Icelandic Karate Federation by e-mail: <u>kaiskraning@gmail.com</u>

REFEREES

Chief referee: Helgi Johannesson, EKF Referee. All qualified WKF, EKF, NKF Judges and Referees are welcome. Please send the referee registration by January 15th 2016 at the latest.

SCHEDULE / PROGRAM

FRIDAY 29. JANUARY 2016

20:00- 21:00 Registration and weigh-in (at venue)

SATURDAY 30. JANUARY 2016

08:00- 08:30 Registration and weigh-in (at venue) 09:00 Eliminations and repechages: Kata senior, junior, cadet and youth, female and male

Kumite youth female: -45kg, + 45kg Kumite youth male: -55kg, +55kg Kumite cadet female: -47kg, +47kg Kumite cadet male: -63kg, +63kg Kumite junior female: -53kg, +53kg Kumite junior male: -68kg, +68kg Kumite senior female -61kg, +61kg Kumite senior male -75kg, +75kg,

14:00- 15.30 Finals - Live on National TV, http://www.ruv.is

Medal ceremony

SUNDAY 31. JANUARY 2016

20.00 Closing Ceremony - dinner

VISA REQUIRMENTS

Teams arriving from countries requiring a visa to Schengen area, please submit your data in time in order to complete the invitation and other visa formalities. For more info please check from The Directorate of Immigration website <u>http://utl.is</u>

AIRLINES & TRANSPORT

Public transport: <u>http://www.bus.is</u> Taxi: +354 588 5522 Airport: Keflavik International Airport, <u>http://www.kefairport.is</u> Airport transport: <u>http://www.flybus.is</u>

Airlines: Icelandair: <u>http://www.icelandair.is</u> SAS: <u>http://www.flysas.is</u> easyJet: <u>http://www.easyjet.com/EN</u> Norwegian: <u>http://www.norwegian.no</u> WOW: <u>http://wowair.is</u>

ACCOMMODATION

Various hotels around the Laugardalur area. See <u>http://www.rig.is/index.php/accommodation-</u>

ADDITIONAL INFORMATION

Reykjavik International Games, <u>http://www.rig.is</u> RIG – Karate Open, <u>https://www.facebook.com/rigkarateopen</u> Icelandic Karate Federation, <u>http://www.kai.is</u> Facebook, <u>https://www.facebook.com/karatesambandislands</u>