

Karate Lions Cup

12. 12. 2015

Children U6, 7-9, 10-11, 12-13 [+8.-7.kyu]

Cadets 14-15

Juniors 16-17 [PRIZE MONEY]

Seniors 18+ [PRIZE MONEY]



Kata, Kumite [WKF rules],
Kumite ippon shobu [WSF rules]
Super Kick,
Kihon-ido, mini kumite [U6]

Pardubice, Czech Republic

www.lionscup.eu | info@karate-lions.cz

6 tatami

Director's invitation



Dear **friends of sport and karate**, I am honoured to personally invite you to the third Karate Lions Cup tournament in Pardubice.

This time we will try to push the tournament a few notches beyond the previous ones.

In cooperation with the **Mayor** of Pardubice, **Ing. Martin Charvát**, who has offered the tournament his personal patronage, we have prepared a wonderful setting in the newly renovated hall in Dašická street in Pardubice.

The tournament has become a focus of the world karate organisation WSF (World Shotokan Federation – officially recognized organisation of Shotokan karate style by WKF) and is seeking a position in the international calendar of competitions.

I believe that we will create another attractive karate tournament in the Czech Republic, where novice and advanced karatekas can share their experience.

On behalf of the entire organising team, I wish all the competitors **good luck** and a lot of **nice sporting experiences**.

Competition director
Ing. Ondřej Charvát

www.lionscup.eu | info@karate-lions.cz

Mayor of Pardubice greetings



Dear friends of sport and karate,

I am pleased to have the opportunity to invite you to Pardubice for this year's tournament Karate Lions Cup. The tournament is a growing success story for Pardubice. The number of entrants, and the tatamis which are prepared for duels between the Karatists in categories from children to adults are growing year on year. And if this year goes well, this international tournament has a great chance to get into the international calendar of the world organisation and become a part of the World Cup in Shotokan Karate.

I keep my fingers crossed for the organizers and the 3rd Karate Lions Cup to gain such a hallmark of excellence which catapults them among the international elite. And I wish to all of us as visitors to witness quality competition in the Japanese martial arts and enjoy a great show!

The Mayor of Pardubice
Ing. Martin Charvát

www.lionscup.eu | info@karate-lions.cz

Karate Lions Cup 2015

Date: 12. 12. 2015

Sport hall: Dašická 1083,
Pardubice, Czech Republic



www.lionscup.eu | info@karate-lions.cz

Information

Registration: www.sportdata.org (If you have problems with registration or if you need a visa or confirmation contact info@karate-lions.cz).

Entry fee: 15 Eur / competitor
(possibly 4 categories)

Prize money: 100 Eur
(1st place)
(kata men 16+, kata women 16+)
(kumite men open, kumite women open)

50 Eur
(kata juniors male, kata juniors female)
(kumite juniors male open, kumite juniors female open)

The main organizer of tournament:

Karate Lions Pardubice o.s.
(info@karate-lions.cz, +420 775 570 820)

www.lionscup.eu | info@karate-lions.cz

How to get there:

By plane to Czech Republic:

To Prague Airport: www.prg.aero

To Pardubice Airport: www.airport-pardubice.cz

From Prague to Pardubice

By car: highway D11 from Prague to Opatovice nad Labem, route 37 from Opatovice nad Labem to Pardubice

By train: www.regiojet.cz, www.le.cz,
www.cd.cz (Supercity Pendolino - high-speed train)

By transfer: 30 Eur/person, from Prague Airport (on Friday 19:00) to official hotels, order on: info@karate-lions.cz, back to Prague (on Sunday 10:00), for bigger groups possibly individual departure time

Public transport in Pardubice:

From "train station" -> "Na Okrouhliku":

Bus #13 - directly to "Na Okrouhliku"

Bus #6 to "Masarykovo náměstí" -> Bus #1 to "Na okrouhliku"

From "Pard. Airport" -> "Na Okrouhliku":

Bus #8 or #88 to "Masarykovo náměstí" ->

-> Bus #1 to "Na okrouhliku"

www.lionscup.eu | info@karate-lions.cz

Categories (1/2):

Kata (open / 8.-7. kyu) & kihon-ido:

Children U6: kihon-ido boys/girls [3x oi-cuki, 3x age-uke, 3x mae-geri]

Children 7-9: kata boys/girls, kata 8.-7. kyu boys/girls

Children 10-11: kata boys/girls, kata 8.-7. kyu boys/girls

Children 12-13: kata boys/girls, kata 8.-7. kyu boys/girls

Cadets 14-15: kata male/female

Juniors 16-17: kata male/female [prize money]

Seniors +16: kata male/female [prize money]

Kumite WKF & kumite Ippon shobu WSF:

Children U6: mini-kumite boys/girls [2 points, 25 sec.]

Boys 7-9: -27, -32, +32, Ippon shobu

Girls 7-9: -30, +30, Ippon shobu

Boys 10-11: -30, -35, -41, +41, Ippon shobu

Girls 10-11: -35, +35, Ippon shobu

Boys 12-13: -39, -52, -60, +60, Ippon shobu

Girls 12-13: -42, -50, +50, Ippon shobu

Cadets 14-15 male: -52, -57, -63, -70, +70, Ippon shobu, Open

Cadets 14-15 female: -47, -54, +54, Ippon shobu, Open

Juniors 16-17 male: -55, -61, -68, -76, +76, Ippon shobu, Open [prize money]

Juniors 16-17 female: -48, -53, -59, +59, Ippon shobu, Open [prize money]

Seniors male +18: -60, -67, -75, -84, +84, Ippon shobu, Open [prize money]

Seniors female +18: -50, -55, -61, -68, +68, Ippon shobu, Open [prize money]

*** The organizer reserves the right to combine categories with a small number of competitors.

www.lionscup.eu | info@karate-lions.cz

Categories (2/2):

Super kick:

Children U6: boys / girls,
Children 10-11: boys / girls,
Cadets 14-15: male / female,
Seniors +16: male / female

Children 7-9: boys / girls,
Children 12-13: boys / girls,
Juniors 16-17: male / female,

Kumite 8.-7. kyu:

Boys 7-9: -32, +32
Boys 10-11: -35, +35
Boys 12-13: -39, -52, -60, +60

Girls 7-9: -30, +30
Girls 10-11: -35, +35
Girls 12-13: -42, -50, +50

*** The organizer reserves the right to combine categories with a small number of competitors.

www.lionscup.eu | info@karate-lions.cz

Rules:

Kata:

WKF Rules with some exceptions:

Kata boys/girls 7-9 (8.-7. kyu) - Tokui kata, kata can be repeated unlimited.

Kata boys/girls 7-9 - Tokui kata, kata can be repeated 1x

Kata boys/girls 10-11 - Tokui kata, kata can be repeated 1x

Kata boys/girls 12-13 - Tokui kata, no repetition kata

Kumite:

WKF Rules with some exceptions:

Body protector and face mask are allowed.

Categories 7-13 - match 1 min 30 sec.

Required are hand protectors, teeth, shave and instep
+ chest in female category (12 years and older)

Protest:

WKF Rules, Charge 20 Eur

Schedule:

Friday (11.12.2015):

19:00 - 22:00:

Registration for abroad contestants and groups in official hotel:
Hotel Arnošt (www.hotel-arnost.cz)

Saturday (12.12.2015):

8:00 - 9:00:

Registration kata

9:00 - 9:30:

Opening ceremony, drawing kata

9:30:

Start of kata competition

9:30 - 10:30:

Registration kumite

10:30 - 11:00:

Drawing kumite

Medal ceremonies:

10 minutes after finishing every category

Sunday (12.12.2015):

Trip around Pardubice city:

Christmas market, castle, historic Centre, Aqua park, ...

register: info@karate-lions.cz | +420 775 570 820

www.lionscup.eu | info@karate-lions.cz

Official hotels:

Secret password: "Karate Lions"

Use this password during the reservation...
for better prices for Lions Cup participants,
for better prices for bigger groups.

Hotel Arnošt:

www.hotel-arnost.cz
(booking.com: 8,1)

Hotel Staré Časy:

www.stare-casy.cz

Karate Lions Pardubice gym:

free accommodation
limited offer for first 100 participants
reservation: info@karate-lions.cz
+420 775 570 820

www.lionscup.eu | info@karate-lions.cz

Pardubice - "the city of gingerbread"

Sunday trip around Pardubice:

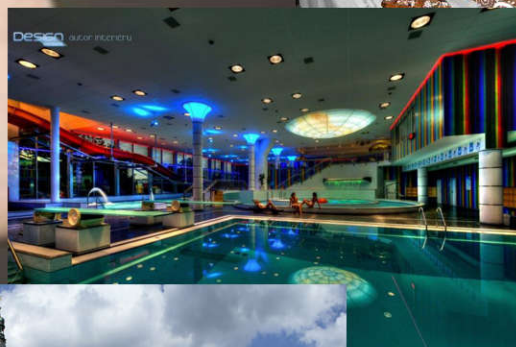
10:00 - start in front of the Hotel Arnošt
(www.hotel-arnost.cz)

program: walk around Pardubice, Christmas market,
historic centre, relaxation in the Aqua park

register: info@karate-lions.cz



Město Pardubice



about city: www.pardubice.eu

www.lionscup.eu | info@karate-lions.cz