

1° Italian Junior Open

Follonica (GR)
28/29 March 2015

14° Tuscany Open

4° Nelson Mandela Cup



Saturday, March 28th
KUMITE

Start at 9:30
Kumite WKF Cadets (14-15 years old)
Weight Categories:
Male kg -55,-61,-68,-76,+76
Female kg -48, -53, -59, +59

Start at 11:00
Kumite WKF Juniors (16/17 years old)
Weight Category:
Male kg -52,-57,-63,-70,+70
Female Kg -47,-54,+54

Start at 15:00
Youth WKF Kumite Team
Male: 2 WKF Cadets e 3 WKF Juniors - Open
Female: 1 WKF Cadet e 2 WKF Juniors - Open
Teams may be composed of Athletes of different Clubs or Countries

Start at 15:00
Kumite WKF U21 (18-20 years old)
Weight Categories:
Male kg -60,-67,-75,-84,+84
Female kg -50, -55, -61, -68, +68
In accordance to the number of participants the duration of U21 bouts could be reduced to two minutes.

Start at 16:30
Kumite Beg.B (born in 2000 and 2001)
Weight Categories:
Male kg -47,-52,-57,-63,-70,-78,+78
Female Kg -42, -47, -54, -63, +63

 Photos By
DI Feliciano Emanuele

Sunday, March 29th
KATA

Start at 9:00
Kata WKF Cadets (14-15 years old)

Start at 11:00
Kata WKF Juniors (16-17 years old)

Start at 12:00
Kata Beg.B (born in 2000 and 2001)

Start at 12:30
Kata WKF U21 (18-20 years old)

Start at 15:00
Young WKF Kata Team (14-17 years old)
Teams may be composed of Athletes from different Clubs or Countries

In kata Athletes can compete in their own category and also in the superior one. (i.e.: One cadet can compete in WKF cadet category and in WKF junior category, one junior can compete in WKF Junior category and in WKF U21 category...)

Entries Fees Until 20th March 2015

| | |
|--------------------|---------|
| Individual | € 25,00 |
| Team Ku Male | € 50,00 |
| Team Ku F and Kata | € 30,00 |
| Double entry | € 15,00 |

Changes after deadline plus 10 € for each change.
Registration after deadline: plus 10 € for each registration.
No Money refund in case of absence.
Cash payment (not in advance by bank transfer) plus 10€ for each registration.

Timetable of competition is provisional and will be updated after closing of entries

It will be possible to do registration and weigh-in until one hour before the start of each category. For Kumite Junior and Cadets registration will be possible starting on Friday from 19.00 to 22.00.

Entries on www.sportdata.org/karate Payment by Bank Transfer before registration deadline; Cash payment will be charged by 10 € for each registration.

Banca Etruria

IBAN: IT88N0539014100000000094879

To: Comitato Regionale Toscano Settore Karate

Sportshall: Via Raffaello Sanzio - Follonica (GR)
Hotel Reservation: **Follonica Sport (Alessia and Marco)**

Ph. +39 0566 58699 Cell. +39 3495087706

follonicakarate2015@gmail.com

WKF: Cadets, Junior e Under 21,
Team Kata and Team Kumite. Beg.B Fijlkam

