



# LIETUVOS SHOTOKAN KARATĖ FEDERACIJA

## LITHUANIAN SHOTOKAN KARATE FEDERATION

S. Raštikio g. 3, Kaunas Lietuva LT-50144 tel. 370 69825736  
Kodas 190727192; Swedbank a.s LT527300010002246513,  
Narystė tarptautinėse organizacijose – ESKA, WSKA, FSKA, WSKF, WKC

# XXI BALTIC STATES KARATE CHAMPIONSHIP FOR CLUBS REGULATION



**Organizers of championship:** Lithuanian Shotokan Karate Federation, karate club “ALFA”.

**Place:** Parko str. 12, Panevėžys, Lithuania **“CIDO” sport arena**

**Date:** Saturday, 21 february 2015 y.

**Rules:** WKC/Shotokan kumite – shobu sanbon / two third places,  
kata – eliminations flag system, final - point system (tokui kata) / one third place.

**Categories:**

### KATA

<b>Male:</b>	<b>Female:</b>	<i>Kata for eliminations:</i>
6 -7 y.	6 - 7 y.	Taikyoku-Shodan, Heian-Shodan
8 y., 9 y.	8 - 9 y.	Taikyoku-Shodan, Heian-Shodan, Heian-Nidan
10 y., 11 y.	10 - 11 y.	Heian-Shodan, Heian-Nidan, Heian-Sandan
12 y., 13 y.	12 - 13 y.	Heian-Shodan, Heian-Nidan, Heian-Sandan, Heian-Yodan
14-15 y.	14 - 15 y.	Heian-Shodan, Heian-Nidan, Heian-Sandan, Heian-Yodan, Heian-Godan
16-17 y.	16 - 17 y.	Heian-Nidan, Heian-Sandan, Heian-Yodan, Heian-Godan, Tekki-Shodan
18-20 y.	18-20 y.	Heian-Nidan, Heian-Sandan, Heian-Yodan, Heian-Godan, Tekki-Shodan

### KUMITE

<b>Male:</b>	<b>Female:</b>	<i>Time limit</i>
6-7 y.(open),	6-7 y. (open),	1 min
8 y.(-32 kg ,+32 kg), 9 y.(-34 kg ,+34 kg),	8-9 y. (open),	1,5 min
10-11 y.(-40 kg ), 10 y.,(+40 kg), 11 y. ( +40 kg),	10-11 y. (-35 kg, +35 kg),	1,5 min
12-13 y.(-50 kg ), 12 y. (+50 kg), 13 y. (+50 kg)	12-13 y. (-45 kg, +45 kg),	1,5 min
14-15 y.(-60 kg), 14 y. (+60 kg), 15 y. (+60kg),	14-15 y. (open),	1,5 min
16-17 y.(-70 kg), 16 y. (+70 kg), 17 y. (+70 kg),	16-17 y. (open)	2,0 min
18-20 y. ( -68 -78 kg, +78 kg )	18-20 y. (open)	2,0 min

**If there are less than 4 competitors in a category, they will be connected with other category**

**Program:** 21<sup>st</sup> of February 2015 y. (saturday)

9.30 – 10.00 meeting (judges, chief instructors)	14.30 – 15.00 - Break time
10.00 – 14.00 kata, kumite eliminations:	15.00 – 15.25 - Open ceremony
10.00 – (6-7 y.), (8-9 y.), (10-11 y.)	15.30 – 18.00 - 16-17 y.; 18-20 y. kumite men eliminations
11.30 – (12-13 y.), (14-15 y.)	(10-20 y.) Kata, kumite finals
13.00 – (16-17 y.), (18-20 y.)	18.00 – (10-20 y.) awards ceremony
14.00 – awards ceremony (6-7, 8-9 y.)	18.30 – press conference

**Judges:** Chief judge Alfonsas Valuntonis will be very grateful for any help by qualified referees. **Judges will get payed for their work.**

**Weight control:** weighing will be make selectively before the start competition of category. An athlete who have not standard of registration weight category, can be moved to another category after having paid an additional extra correction fee – 15 €.

**Protections:** compulsory gumshields and white gloves; allowed groinguards (men) and chest-protectors (women).

Each contestant must have insurance. In case of an injury, LSKF and organizers does not take responsibilities and does not pay any detriment compensates and recommends that all sportsmen are insured against accidents or injuries.

**Results:** for the 1 place – 5 points, 2 place – 3 point, 3 place – 2 point, 4 place – 1 point, in kumite for the 3 place is 1,5 point.

**For a team victory, the club will be awarded XXI Baltic Club karate championship cup.**

**Note:** points are calculated only at club, not at Federation level.

**Awards:** Champions will be awarded with personal prizes, medals and diplomas, prizeman – with medals and diplomas.

**Entry Fee: one category 15€, two categories – 25€. COMPETITOR CANNOT START IN OLDER CATEGORIES.**

No entry fee for winners of 2014 year:

Kata:

Pijus Macijauskas /R.“Rytų kovotojas“  
Vlasov Daniil /Belarus BFSK  
Noreyko Kirill /Belarus BFSK  
Gonchar Kirill /Belarus BFSK  
Vladislav Kaveckis /Latvija LFSKA  
Skirmantas Astrauskas /V.“Karate-do“  
Makey Maxim /Belarus Grodno  
Driučikaitė Roberta /K.“Era“  
Karina Steimakova /Latvija IJKA  
Elizabete Kiselyova /Latvija IJKA  
Neringa Kižytė /G.“Budo“  
Ugnė Borodičaitė /V.“Karate-do“  
Deimantė Žukauskaitė /R.“Bushido“

Kumite:

Arūnas Baltrušaitis /R.“Bushido“  
Lozko Daniil /Belarus Grodno  
Lukas Vileikis /Š.“Baltasis tigras“  
Arnoldas Breimelis /R.“Kentauras“  
Skripko Vladislav /BL.“Legion“  
Andreass Meļņičenko /Latvija LKA  
Valters Jenerts /Latvija LKA  
Edvinas Gvozdas /K.“Fight gang“  
Deniss Kuranovs /Latvija IJKA  
Vinsent Sivachov /Latvija LFSKA  
Dan Kravchenko /Latvija IJKA  
Makey Maxim /Belarus Grodno

Mantas Lobanovas /M. „Danas“  
Einius Novičenko /R.“Rytų kovotojas“  
Vladislovas Bosas /K.“Samurajus“  
Dominykas Girda /K.“Fight gang“  
Driučikaitė Roberta /K.“Era“  
Simona Labenskaitė /R.“R. kovotojas“  
Aleksandra Mihailova /Latvija IJKA  
Shpak Ekaterina / BL.“Legion“  
Zaloga Polina /Belarus BFSK  
Liene Kalvane /Latvija LKA  
Ugnė Borodičaitė /V.“Karate-do“  
Gabrielė Marozaitė /M.“Danas“

**Application Forms** must be sent before **17<sup>th</sup> of February 2015 y.**

e-mail: To: [a.valuntonis@shotokan.lt](mailto:a.valuntonis@shotokan.lt)

You can download entry forms from our web site: [www.shotokan.lt](http://www.shotokan.lt)

**Accommodation:**

Hotel **VERSLO KLASĖ 3\*** address: **Smėlynės str. 104, Panevėžys** (from 180 Lt ~50€/person)

[www.versloklase.visiems.lt](http://www.versloklase.visiems.lt)

Hotel **PANEVĖŽYS 2\*** address: **Laisvės ave. 26 Panevėžys** (from 90 Lt ~ 25€ /person)

[www.lithuanianhotels.com/hotels/Panevezys](http://www.lithuanianhotels.com/hotels/Panevezys)

Hotel **PERVAŽA 2\*** address: **Smėlynės str.112, Panevėžys** (from 70 Lt ~ 20€ /person)

[www.pervaza.lt](http://www.pervaza.lt)

Hostel **Sport “Olimpas”** address: **Liepų al. 4, Panevėžys** (from 40 Lt ~ 12€ /person)

**President of LSKF**

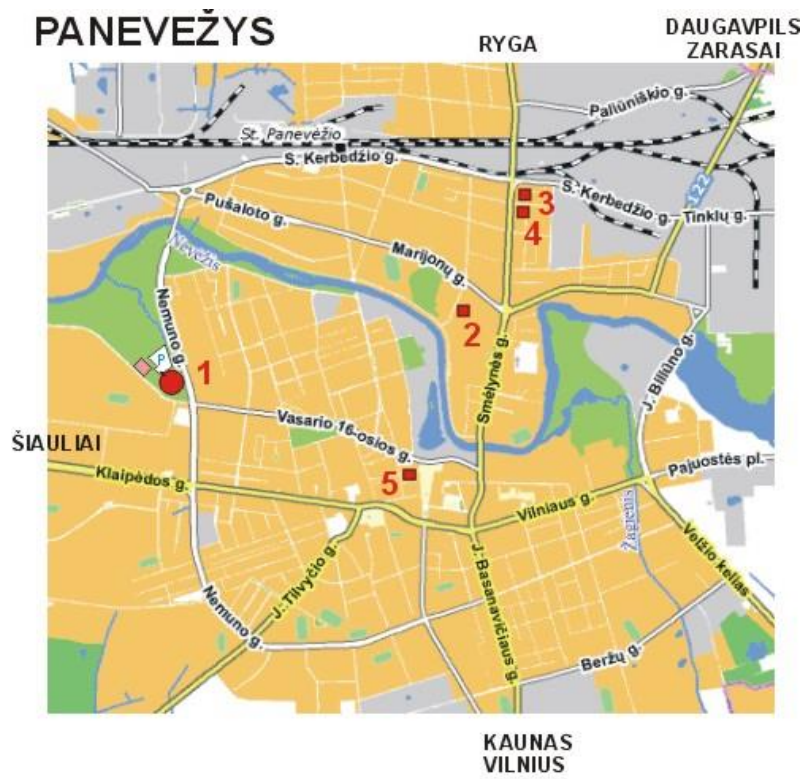
Kazimieras Bartkevičius  
tel. mob.: 370–698 25 736

A.V

**Chief judge**

Alfonsas Valuntonis  
tel. mob.: 370–686 55 472

# WELCOME TO PANEVĖŽYS, LITHUANIA !



● 1 "CIDO" Sport Arena

■ 2 Hostel Sport "Olimpas"

■ 4 Hotel "Verslo Klasė"

■ 3 Hotel "Pervaža"

■ 5 Hotel "Panevėžys"

