

ORGANIZERS:



**O PORTO
INTERNATIONAL
— N · P · K —**

**KARATE
— OPEN —**

**PAV. ROSA MOTA
28TH FEBRUARY 2015**

FROM INFANTS TO MASTERS

SPONSORS:



Dear KARATE friends,

It's a pleasure and an honour for me to be able to invite you to visit one of the most beautiful European cities, Oporto, to participate in the OPORTO INTERNATIONAL N.P.K. KARATE OPEN 2015, to be held in Oporto, Portugal, on the 28th of February 2015.

This is the 11th edition of the N.P.K. Open and the 4th international edition and this year we are delighted for welcoming you to Oporto. This event is organized by the Nucleo Português de Karate in cooperation with our National Federation and the City of Oporto.

Last edition, held in 2014, was the most participated event with more than 800 competitors, from infants to seniors (6 – 60yrs) and this year it is our goal to surpass this number!

I hope that you can come and join us in celebrating Karate together with the most successful Portuguese competitors.

Yours in sport,
Paulo Cardoso

Porto, also known as Oporto in English, is the second-largest city in Portugal, after Lisbon, and one of the major urban areas in Southwestern Europe. The urban area of Porto, which extends beyond the administrative limits of the city, has a population of 1,4 million (2011) in an area of 389 km², making it the second-largest urban area in Portugal. Porto Metropolitan Area, on the other hand, includes an estimated 1,8 million people. It is recognized as a Gamma-level global city by the Globalization and World Cities (GaWC) Study Group, being one of five cities in the Iberian Peninsula with global city status, along with Madrid, Barcelona, Lisbon and Valencia.



Located along the Douro river estuary in Northern Portugal, Porto is one of the oldest European centres, and its historical core was proclaimed a World Heritage Site by UNESCO in 1996. Its settlement dates back many centuries, when it was an outpost of the Roman Empire. Its Latin name, Portus Cale, has been referred to as the origin of the name "Portugal", based on transliteration and oral evolution from Latin.



One of Portugal's internationally famous exports, port wine, is named for Porto, since the metropolitan area, and in particular the adegas of Vila Nova de Gaia, were responsible for the production and export of the fortified wine.



The Venue

Pavilhão Rosa Mota is a multipurpose venue for sports, culture and entertainment, that has been the “house” of many important events in Portugal. Situated on Oporto downtown, public transportation and car parking are available, as well as metro coming from the Francisco Sá Carneiro Airport.



Searching on google maps: Pavilhão Rosa Mota, Rua D. Manuel II, Porto



All information is available on Facebook at Oporto International NPK Karate Open 2015. Any other information: Daniel Santos – +351 916851125

Registration

All teams and competitors must register online at ww.npk.com.pt/register.
Registration is dependent upon confirmation of the fee payment.

International delegations can pay the fee during the accreditation.

Bank Account

NPK Bank account details

Caixa Geral de Depósitos

NIB: 0035.0502.00012454930.63

The following events are available:

Age	Kata Individual	Kumite Individual
-10 yrs	✓	•
-12 yrs	✓	•
-14 yrs	✓	✓
-16 yrs	✓	✓
-18 yrs	•	✓
Seniors	✓	✓
Masters	✓	•

Legend: (✓)=Yes (•)=No

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- 1. Kata adults is for competitors with 16 or more years.**
2. Masters competition is for individuals over 35 years.
3. Masters competition is only for kata.
4. Masters competition is for both male and female .
5. In kumite, the following categories will be adopted:
 - i. Under 14 years:
 1. Males: -50 kg and +50 kg
 2. Females: -47 kg and +47 kg
 - ii. Under 16 years:
 1. Males: -63 kg and +63 kg
 2. Females: -50 kg and +50 kg
 - iii. 18 years:
 1. Males: -68 kg and +68 kg
 2. Females: -55 kg and +55 kg
 - iv. Adults:
 1. Males: -68 kg and +68 kg
 2. Females: -60 kg and +60 kg
6. Each club can register a maximum of 4 competitors per each category in individual.
 - a. Registration fee is 5€ per individual.
 - b. Registration fee for Seniors is 10€.
 - c. First coach does not pay registration.
 - d. Second coach registration fee is 2€.
 - e. After the second coach, registration fee for additional coaches 3€ per coach.
 - f. Payment should be by bank transfer to NPK bank account.
 - g. Bank transfer confirmation should be sent to the organization before the end of the registration deadline.
 - h. International delegations can pay the fee during the accreditation.
7. Prize money of 50€ for the winner of each individual senior event will be awarded.
8. WKF rules will be applied.
9. Face and body protector are not mandatory.
10. All athletes must carry an identification card and present it whenever asked.
 - a. Violation of article 9 might lead to expulsion.
11. Medical insurance is a responsibility of each athlete. The organization is not responsible for any accidents during the tournament.
12. Registration is available at www.npk.com.pt/register until the 20th of February.
 - a. If needed, registration may be sent by fax to nº +351 228300902.
13. Draw will be available at www.npk.com.pt and in Facebook by February 22nd.
 - a. Draw complaints deadline is 4pm, February 24th.
 - b. Final draw will be available in February 25th.
14. Coach should bring printed draws.
 - a. The organization will not provide any draws.
 - b. The organization reserves the right to void or join events and/or categories if the number of registrations is insufficient.

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WHERE TO STAY?

HF HIPANEMA PARK *****

A 5* hotel with an outdoor swimming pool and a rooftop Lounge Bar that offer a panoramic view of the and the Douro.

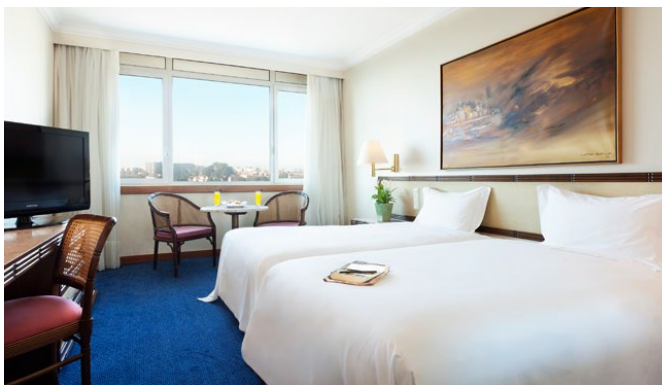
Rua de Serralves, 124

4150 - 702 Porto

Coordinates: GPS: 41° 09' 17' ' N / 8° 38' 59' ' O

Information: www.hfhotels.com/hf-ipanema-park

Booking: www.hfhotels.com/porto/opointernpk2015



Single Standard - 60€/night
Twin Standard - 69€/night



Single/Twin Executive - 71€/night

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WHERE TO STAY?

HF HIPANEMA PORTO ****

One of the most emblematic hotels in the city is located in the Centre of Porto, close to Avenida da Boavista, a business centre and prestigious shopping area.

Rua do Campo Alegre, 156/172

4150-169Porto

Coordinates GPS: 41° 09' 09" N / 8° 37' 48" O

Information: www.hfhotels.com/hf-ipanema-porto

Booking: www.hfhotels.com/porto/opointernpk2015



Single Standard - 60€/night

Twin Standard - 69€/night

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WHERE TO STAY?

HF FÉNIX PORTO ****

4* hotel, located in the Oporto central area, with an avant-garde style and architectures, and with one of the best sushi restaurants in the city.

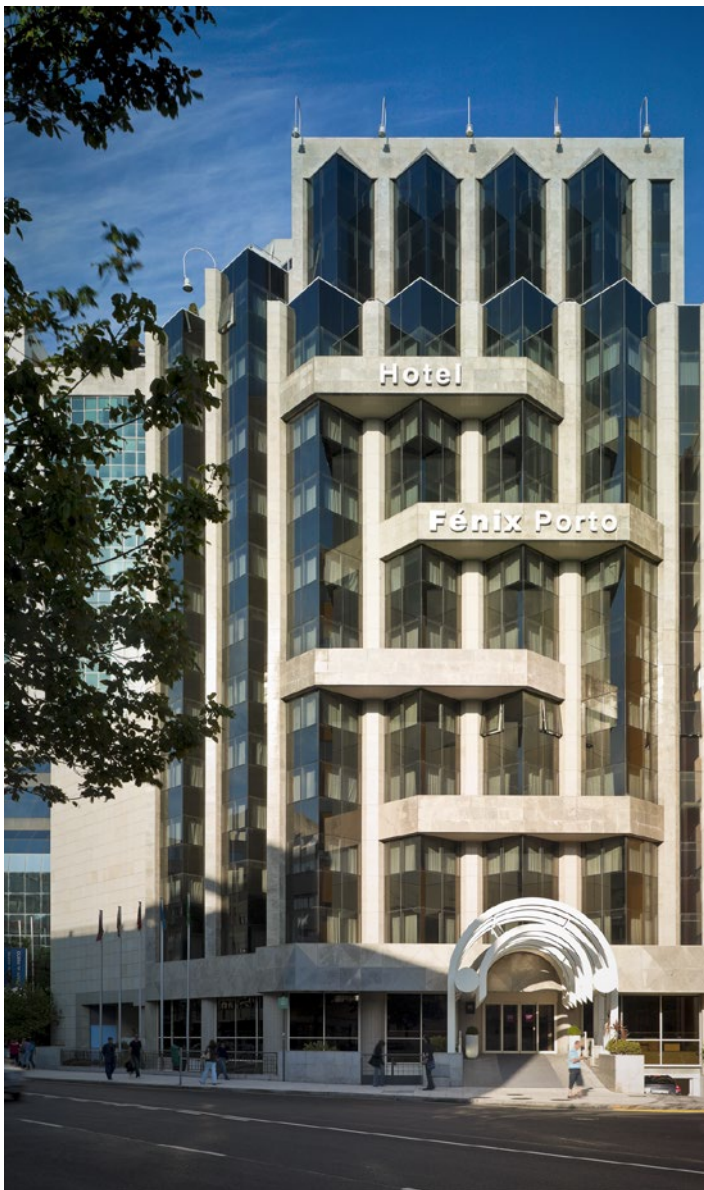
Rua Gonçalo Sampaio, 282

4150 - 365 Porto

Coordinates GPS: 41° 09' 17' ' N / 8 ° 37' 50' ' O

Information: www.hfhotels.com/hf-fenix-porto

Booking: www.hfhotels.com/porto/opointernpk2015



Single Comfort - 57€/night

Twin Comfort - 63€/night

Single Privilege - 60€/night

Twin Privilege - 67€/night

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WHERE TO STAY?

HF TUELA PORTO ***

A 3* contemporary hotel, located in the Centre of Porto, close to Avenida da Boavista. Around the hotel there is an important business center and a prestigious shopping and market.

Rua Arq. Marques da Silva, 200

4150 - 483 Porto

Coordinates GPS: 41° 09' 17" N / 8 ° 37' 50" O

Information: www.hfhotels.com/hf-tuela-porto

Booking: www.hfhotels.com/porto/opointernpk2015



Single Standard - 49€/night

Twin Standard - 56€/night

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Airport

Francisco Sá Carneiro Airport (IATA: OPO, ICAO: LPPR) or simply Porto Airport is an international airport near Porto, Portugal. It is located 11 km (6.8 mi) northwest of the Pavilhão Rosa Mota in the centre of Porto.

The airport is currently the second busiest in the country based on aircraft operations and the second busiest in passengers, based on Aeroportos de Portugal traffic statistics, after Lisbon Portela Airport and before Faro Airport. The airport is a base for EasyJet, Ryanair, TAP Portugal and its subsidiary Portugália.



Metro

The airport is served by Line E of the Porto Metro. The station has three platforms and the trains leave the arrival platform and reverse into one of the departure platforms.

The service links the airport to downtown Porto (from here is just a 15 min walk to Pavilhão Rosa Mota), High-Speed trains and Estádio do Dragão, and by transfer to other urban centres of Greater Porto: in Verdes station to Vila do Conde and Póvoa de Varzim (using line B), Fonte do Cuco station to Maia (line C), Senhora da Hora station to Matosinhos (line A), Trindade station to V.N.Gaia (line D) and Estádio do Dragão to Rio Tinto/Fânzeres (line F).





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**Thank you!
See you there!**