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06 SEPTEMBER 2014



# PLEASE USE THE SET-ONLINE TO ENTER FOR THIS EVENT! SET-ONLINE FOR ENTRIES, DRAWS & TIMES:

VENUE

Magister Hall Serene Street Garsfontein, Pretoria Directions: www.eagles.co.za

06 September 2014

**OFFICIALS:** 07:15

**CONTESTANTS:** By Schedule

**NO MARCH-ON!** 



ENTRY

Payments per club should please be made into the bank account before Midnight Wednesday 03 Sep: Martial Arts Enterprise: FNB (88888) Acc: 88677588857 Proof of payment to be emailed to admin@mae.za.net

# **Attention Instructors!**

Enter **more** than 19 contestants & you receive 5% discount Enter **more** than 29 contestants & you receive 10% discount



## **DIVISIONS:**

### Ages as on the day of the event.

Kata and Kumite (Semi-contact):

(Divisions may be combined if there are less than 4 contestants)

Boys and girls separate.

Belt groups: White - Orange / Green - Purple / Red - Black.

Age groups: 5 - 7 / 8 - 9 / 10 - 11 / 12 - 13 / 14 - 15 / 16 - 17 / 18-20 / 21-34 / 35+

Weight: None.

### **RULES:**

### WKF Rules will be used for this competition, with some exceptions.

Contestants participate at their own risk and they (Parent in case of minors) accept that by entering the tournament.

#### **General:**

- 1. The organisers reserve the right to divide or combine divisions at their own discretion.
- 2. Right of entry and admission is reserved.
- 3. The contestants will all receive small bronze participation medallions except the first FOUR contestants per division, who will receive medals.
- 4. Only participants, officials and coaches will be allowed on the floor. Coaches must be dressed in a tracksuit. .
- 5. We need referees and officials to run a good tournament, please assist us in this regard. All registered officials, whose names are received with the entries, will receive lunch and be paid R 150 when present at the end of the event.
- 6. Entry for spectators are FREE.

#### Kata:

- 1. Any kata (or part thereof) may be performed and repeated.
- 2. Participants will perform kata simultaneously on the floor.

#### **Kumite:**

- 1. Fighting time will be: ages 6-11: 60 sec, ages 12-17: 90 sec, ages 18+: 120 sec. This includes the finals.
- 2. Coaching is only allowed from the coaching chair by registered coaches.
- 3. Gloves (any type will be allowed) and mouth guards are compulsory. Should a contestant participate without a mouth guard he / she will do so at own risk. Coaches are required to explain the risk to their students.
- 4. NO CONTACT will be allowed in the face, head or throat for ages 6 15. **Controlled** contact will be allowed for ages over 15. **controlled** contact to the body will be allowed for all ages. Referees will be reminded to take proper-distanced punches and kicks into consideration.

FOR MORE INFORMATION Rudi Bruwer 072 532 9999