



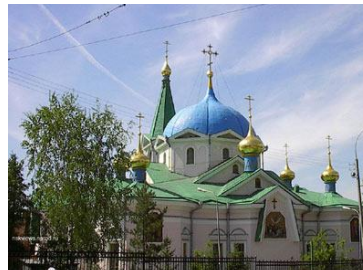
XI. OPEN POKRYSHKIN KARATE CUP

4 - 5 October 2014
Novosibirsk, RUSSIA

PLACE

Novosibirsk (Russian: Новосибирск, pronounced [nəvəsʲɪˈbʲɪrsk]) is Russia's third-largest city, after Moscow and Saint Petersburg, and the largest city of Siberia. It is the administrative center of Novosibirsk Oblast as well as of the Siberian Federal District. The city is located in the south-western portion of the federal district and occupies an area of 477.2 square kilometers (184.2 sq mi). The city stands on the banks of the Ob River in the West Siberian Plain. To the south of the city lies the Ukok Plateau, which forms part of the *Golden Mountains of Altai*.

Time zone: GMT+6 hour



LOCATION

Sport Venue «ZARYA»

Address: 2 Sportivnaya St., Novosibirsk, Russia.



CLIMATE

The climate is sharply continental, with severely cold winters. Snow is frequent, falling on almost half of winter days, but individual snowfalls are usually light. Temperatures in summer range

from +20 °C to +30 °C; in winter -10 °C to -20 °C, but can reach from -30 °C to -40 °C in winter and +35 °C in summer. The difference between the highest and the lowest temperature is 88 °C. Most of the time the weather is sunny, with an average of 2880 hours of sunshine per year, but heavy rain is possible in summer.

In October usual temperature from +5 °C to +15 °C.

TRANSPORT

Novosibirsk is the third largest city in Russia (after Moscow and Saint Petersburg) and the first in Siberia in which a metro system was established (the Novosibirsk Metro, opened in 1985). The city is served by Novosibirsk Tolmachevo Airport with regular flights to Europe and Asia as well as to other Russian cities. Novosibirsk was one of the stops for the 2009 edition of the popular television show, "The Amazing Race."



LANGUAGE

Russian is the only federally official language of the Russian Federation there are several other officially-recognized languages within Russia's various constituencies. This is a list of languages that are official only in certain parts of Russia (such as abaza, altay, bashkir, buryat, tatar, udmurt, etc). English is popular among students and the staff of banks, hotels, shopping centers.

ACCOMMODATION

For the hotel booking, please contact us **till 10 September, 2014** by e-mail: **sportdata@dynamex.ru**.

All participants take places in **Congress-Hotel Novosibirsk** and **AZIMUT Hotel Sibir** under the special price.



BANKS

The most reliable banks in Novosibirsk are:

The Central Bank of the Russian Federation (<http://www.cbr.ru/ENG/>)

Alfa Bank (<http://alfabank.com/>)

VTB 24 (<http://www.vtb24.ru/en/>)

Working hours: 9:00 am - 6:00 pm (except Sundays)

CURRENCY

The basic unit of the Russian currency is the ruble which consists of 100 kopeks. Notes come in 10, 50, 100, 500, 1000 and 5000 denominations of ruble and coins are available in 5, 10 and 50 kopeks and in 1, 2, 5 and 10 rubles. Currency can be freely converted at banks and hotel. Traveler's cheques are difficult and expensive to cash, but if necessary it is advised to take them in US Dollars or Euro. Also you can easily pay using you credit card (Visa, Master Card, and Maestro).

SHOPPING

The best stores for shopping in Novosibirsk are Royal Park (four-storey complex with cinema halls, cafes and stores inside), Mega (IKEA) (a hugest complex in Novosibirsk with more than 200 stores and cafes inside), Aura, Siberian Mall, Festival.

All payments are made in rubles.

Working hours for food stores are from 8-9 am to 9-11 pm, for department stores - from 10 am to 7-8 pm.



SERVICES

01	Fire service	077	Directory assistance, BIS (free)
02	Police	09	Directory assistance (free, limited info)
03	Ambulance	009	Directory assistance (pay service, 35 rub./min.)

ELECTRICITY

220 Volts / 50 Hz

COMMUNICATION

To call Russian from abroad, dial the international code 007 or +7 for Russia, then the number. Calling overseas from Russia: for direct dialing, dial 8 + country code + area code + telephone number.

VISAS

All foreigners (except Armenia, Azerbaijan, Byelorussia, Macedonia, Israel, Moldova, Ukraine, Serbia, Kyrgyzstan, Tajikistan, Kazakhstan) visiting Russia need a visa. In order to get one, travelers need an invitation from a Russian citizen or a company, which is then taken to a Russian embassy or consulate, where the actual visa is issued. Within three business days of arrival in Russia, the visa needs to be registered by the person/organization that issued the invitation. If you don't make it through this bureaucratic loop, you may have problems leaving the country. There are several types of visas such as tourist and business (sport).

Tourist visas

Tourist visa can be obtained on the basis of an invitation from a tourist agency, registered with the Department of Consular Service at the Ministry of Foreign Affairs according to the Russian

law, or on the basis of a hotel confirmation. Tourist visas are issued for a period for up to 30 days, and usually up to 14 days, and usually have just one entry.

Business (sport) visas

These are the most popular ones among business people and athletes. Officially business (sport) visas are intended for foreign citizens who travel to Russia to meet their business partners, take part in negotiations, participate in competitions or sport seminars, etc. These visas do not imply official employment in Russia (for this purpose a work visa should be obtained).

Sport visa can be obtained on the basis of an invitation from organizers of competitions (you should provide full information about your delegation, dates of entering and leaving country and route information to obtain an invitation, etc). To get an invitation you should contact with organizers AS SOON AS POSSIBLE, because preparation, issuing and sending – all these steps are requiring a lot of time.

When you get your invitation, you can easily go to Russian Federation Consulate and obtain your sport visa (free of charge).

Added information you can find in www.russianvisa.org and www.russia-embassy.net .

GENERAL INFORMATION

ORGANIZERS

ORGANIZERS:

DYNAMEX Sports Club; Novosibirsk Regional Karate Federation; Russian Karate Federation; The ministries of sports of the Russian Federation.

Chairman of Organizing Committee: **Mr. Andrey Kovalev**

34A Gogolya str., Novosibirsk, Russia, 630005

Tel.: +7 903 9339995, +7 913 9245444

Fax: +7 383 2112603

DATE OF COMPETITIONS

Date: Saturday, 4.October 2014 and Sunday, 5.October 2014

REGISTRATION

All competitors, referees, coaches and officials must register online using the online system on <http://www.sportdata.org/karate/>. In case of any questions concerning the online registration please directly contact the sportdata software team via the email address office@sportdata.org or sportdata@dynamex.ru.

Clubs / teams / federations are responsible for the quality of the entered registration data.

Changes of online registration data are possible until **29th of September 2014**.

The official registration session will take place Friday, **3. October 2014 from 12:00-19:00 hrs** at the AZIMUT Hotel Sibir.

The address is: 21 Lenina str., Novosibirsk, Russia.

At registration, accreditation cards will be issued with the participants main data, a photograph and information about registered categories. The accreditation card must be worn at all times during the event.

TIMETABLE OF WEIGHT IN

Saturday 4. October

09:00am – 11:00am

TIMETABLE OF TOURNAMENT

Saturday 4. October

Referee Meeting: 08:30am Start Competitions: 09:00am

Sunday 5. October

Start Competitions: 09:00am

CATEGORIES

- Kata individual male/female: U10, U12, U14, Cadets, Juniors&Seniors (age 16+)
- Kata team male/female: Cadets, Juniors&Seniors (age 16+)
- Kumite individual male/female:

	U10	U12	U14	Cadets	Juniors	Seniors
Male	-25, -30, +30	-30, -34, -38, -42, +42	-36, -40, -45, -51, +51	-52,-57,-63, -70,+70	-55,-61,-68, -76,+76	-60, -67,-75, -84,+84
Female	-30,+30	-32, -36, +36	-40, -45, +45	-47, -54, +54	-53, -59,+59	-55, -61, -68, +68

ENTRY FEES

Entry/Participant fees are EURO 15,- per individual category and EURO 30,- per team category.

PAYMENT

Payment is only possible via:

- Paypal on www.sportdata.org
- Or cash at the official session on Friday, 3. October 2014.

COMPETITION RULES

WKF RULES

For all categories the official WKF rules are applied.

Only WKF Approved protective equipment is allowed to use.

Athletes have to bring their equipment.

TICKETS FOR SPECTATORS

Free of Charge.

INSURANCE

It is compulsory that all participants and members of delegations must affect their own medical insurance and personal trip insurance. Organizers of tournament are taking no liability for these concepts.

PRIZES

Trophies, medals and diplomas (two 3rd places).

REFEREES

Licensed WKF, EKF and national referees are welcome!

RESPONSIBILITY

Each competing country is to bring national flag and hymn.