POLISH OPEN

VIII INTERNATIONAL KARATE GRAND PRIX

BIELSKO-BIAŁA 04.10.2014

DATE: Saturday 04.10.2014

VENUE: The Sports and Entertainment hall "Pod Debowcem",Karbowa 26 Street, Bielsko-Biała, Poland

Competitors from the following countries have already confirmed their participation:

ITALY, JAPAN, MALTA, ENGLAND, IRELAND, CZECH REPUBLIC, SLOVAKIA, UKRAINE, GERMANY, DENMARK, TURKEY, NORWAY, HUNGARY

If you want to be the best - fight with the best !

RULES & REGULATIONS:

The Grand Prix competitions will be conducted according to rules of WKF with two third places, flag system in kata and kumite competitions with play-offs. The day of birth decides about the age category !

KATA:

- In teams kata for children (U9 and U12) there is no obligation to present different kata in every round and bunkai in final.

- In kata competition for children (U8) there is no obligation to present different kata.

- In kata competitions for children (U10 and U12) minimum two kata have to be done alternatively.

- In kata competition for children (U14) in every round different kata have to be done (from Heian I-V, Pinian, or from WKF)

- In kata competitions of Cadets, Juniors, Seniors – WKF rules !

KUMITE:

- Children Individual Kumite: (U10) – 60 sec. fight, (U12 and U14) – 90 sec. fight.

- In kumite competitions of Cadets, Juniors, Seniors – WKF rules !

- If in weight category will be less than 8 competitors category can be combined.

- In teams kumite competition, team can be complete with competitor from younger age category.

- Contestants who start in kumite are obligated to have necessary equipment (WKF design: teeth guard, groin guard, feet guards and gloves in blue and red colour). In kumite competitions of Cadets face mask and body protector are recommended.

CATEGORIES:

KATA INDIVIDUAL :

- Kata individual male / female Under 8 (0-7 years old)

- Kata individual male / female 8 years

- Kata individual male / female 9 years

- Kata individual male / female 10 years

- Kata individual male / female 11 years

- Kata individual male / female Under 14 (12-13 years old)

- Kata individual male / female Cadets

- Kata individual male / female Juniors

- Kata individual male / female Seniors

- Kata individual male / female Master "A" (35-44 years old)

- Kata individual male / female Master "B" (45-49 years old)

- Kata individual male / female Master "C" (50-54 years old)

- Kata individual male / female Master "D" (+ 55 years old)

KATA TEAM:

- Kata team male / female Under 9 (0-8 years old)

- Kata team male / female Under 12 (9-11 years old)

- Kata team male / female Under 14 (12-13 years old)

- Kata team male / female Cadets and Juniors (14-17 years old)

- Kata team male / female Seniors

KUMITE INDIVIDUAL:

- Kumite individual male U10 (0-9 years old): -30kg, -40kg, +40kg / female U10: -30kg, +30 kg

- Kumite individual male U12 (10-11 years old): -34kg, -40kg, +40kg / female U12: -34kg, -40kg, +40kg

- Kumite individual male U14 (12-13 years old): -35kg, -40kg, -45kg, -50kg, +50kg / female U14: -40kg, -50 kg, +50kg

- Kumite individual male Cadets: -52kg, -57kg, -63kg, -70kg, +70kg / female Cadets: -47kg, -54kg, +54kg

- Kumite individual male Juniors: -55kg, -61kg, -68kg, -76kg, +76kg, Open / female Juniors: -48kg, -53kg, -59kg, +59kg, Open

- Kumite individual male Seniors: -60kg, -67kg, -75kg, -84kg, +84kg, Open / female Seniors: -50 kg, -55kg, -61kg, -68kg, +68kg, Open

- Kumite individual male Master "A" Open (35-44 years old)

- Kumite individual male Master "B" Open (45-49 years old)

- Kumite individual male Master "C" Open (50-54 years old)

- Kumite individual male Master "D" Open (+55 years old)

KUMITE TEAM:

- Kumite team male / female U12 (10-11 years old)

- Kumite team male / female U14 (12-13 years old)

- Kumite team male / female Cadets

- Kumite team male / female Juniors

- Kumite team male / female Seniors

AWARDS:

100 € - for 1st place in categories:

Kata individual male/female juniors/seniors

Kumite individual male/female juniors/seniors open

Competitors who are first in the individual contests will receive memorial cups, medals and diplomas. For 2nd and 3rd places they will receive memorial medals and diplomas. For the first place in the team contests, the winning team will get a memorial cup, medals and diplomas. For 2nd and 3rd places they will receive memorial medals and diplomas.

PAYMENTS:

15 € - one individual contest

25 € - team contest

Please make a payment of the starting fee by money transfer under the title “Grand Prix Bielsko-Biala” and name of club to the following account:

KSA Atemi

Ul. Sobieskiego 40a/4

43-300 Bielsko-Biała

SWIFT CODE (BIC): BPKOPLPW

IBAN: PL 82 1020 1390 0000 6102 0130 5713

There is also possibility to make a payment in cash in competition office.

TIME TABLE:

04.10.2014 - Saturday

07:30 – Opening competition’s office

09:00 – Technical briefing for referees

09:15 – Technical briefing for heads of teams

09:30 – Starts of competitions

12:00 – Opening ceremony

TRANSFERS:

We can organize transfer for your team from airport to hotel and from hotel to airport.

For more information please contact the organizer by e-mail: konnnrad@wp.pl