

VI POLISH OPEN CHAMPIONSHIPS

Organizer:

- Sport Association of Funakoshi Shotokan Karate.

Purpose of performance:

- Karate popularization among, children, youth and adult;
- Showing of fairest sportsman;

Date & Place:

February 22-23, 2014; sport hall in Karpacz, Konstytucji 3-go Maja 48A street

Conditions of participations:

- Message of fulfilled (performed) form of application in deadline for February 19, 2014, on: fska.info@gmail.com;
- Start fees:
 - 15 Euro per individual division;
 - 30 Euro per team division;
- Agreement of parents on start in contest (only children & youth to 18 years);
- Current medical research;
- Property of insurance;
- Presentation of document confirming karate degree (diploma or budo-pass);

Rules:

WKC rules with following changes:

- Kata competitions for 13 year old/ kihon/ phantom/ will be played in flag system;
- Kata competitions from 14 year old will be played in point system;
- kihon – oi-zuki/ age-uke/ gedan-barai (5 steps forward & back each techniques) / phantom – optional techniques by 30 seconds;
- flag system kata – sportsmen execute kata for lowest sportsman degree;
- point system – any kata from WKC list;
- kumite – all matches will be shobu sanbon;
- fight time – 8-11 years = 1 minute; 12-13 years = 1:30 minute; 14-17 years = 2 minutes; adults 3 minutes;
- extension match will be only shobu ippon – adults 1 minute, 8-17 years 30 seconds.
- team kata will be mix – 3 persons of optional sex;
- team kumite male or female only for 3 competitors;

Divisions:

DIVISION NO		KIHON
kihon1 KIDS	4-5 years	
kihon2 KIDS	6-7 years	
		PHANTOM
phantom1 KIDS	4-5 years	
phantom2 KIDS	6-7 years	
		KATA INDIVIDUAL
Kata1 BOYS	8-9 years	
Kata2 GIRLS	8-9 years	
Kata3 BOYS	10-11 years	
Kata4 GIRLS	10-11 years	
Kata5 BOYS	12-13 years	
Kata6 GIRLS	12-13 years	
Kata7 BOYS	14-15 years	
Kata8 GIRLS	14-15 years	
Kata9 BOYS	16-17 years	
Kata10 GIRLS	16-17 years	
Kata11 MALE	18-29 years	
Kata12 FEMALE	18-29 years	
Kata13 MALE	30-39 years	
Kata14 MALE	40 years & above	
		KUMITE INDIVIDUAL
Kumite1 BOYS	8-9 years	A) -37kg B) +37kg
Kumite2 GIRLS	8-9 years	A) -35kg B) +35kg
Kumite3 BOYS	10-11 years	A) -43kg B) +43kg
Kumite4 GIRLS	10-11 years	A) -37kg B) +37kg
Kumite5 BOYS	12-13 years	A) -53kg B) +53kg
Kumite6 GIRLS	12-13 years	A) -47kg B) +47kg
Kumite7 BOYS	14-15 years	A) -57kg B) +57kg
Kumite8 GIRLS	14-15 years	A) -53kg B) +53kg
Kumite9 BOYS	16-17 years	A) -63kg B) +63kg
Kumite10 GIRLS	16-17 years	A) -55kg B) +55kg
Kumite11 MALE	18-29 years	A) -75kg B) +75kg
Kumite12 FEMALE	18-29 years	A) -60kg B) +60kg
Kumite13 MALE	30-39 years	/open/
Kumite14 MALE	40 years & above	/open/
		TEAM KATA (MIX)
Team Kata1	10 years & youngest	
Team Kata2	11-13 years	
Team Kata3	14-16 years	
Team Kata4	17 years & above	
		TEAM KUMITE
Team Kumite1 MALE	18 years & above	
Team Kumite2 FEAMALE	18 years & above	

Program:

20.02.2014 r.

- 06 p.m. – Drawing of lots on base of sent application in SAFSK HQ;

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- 02 p.m. – Verification of documents, start fees in office of contest;

- 03 p.m. – Eliminations and finals of kihon 1, 2; phantom 1, 2;

- 04 p.m. – Eliminations and finals of kata 13, 14; kumite 13, 14;

- 07 p.m. – Press conference /MSW „Przedwiośnie” – free enter/

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- 08 a.m. – Verification of documents, start fees in office of contest;

- 08:30 a.m. – Briefing of trainers;

- 09 a.m. – Open Ceremony;

- 09:30 a.m. – Eliminations and finals of kata 3-6; kumite 3-6; team kata 1, 2;

- 01 p.m. – Eliminations and finals of kata 7-12; kumite 7-12; team kata 3, 4; team kumite 1, 2.

Protectors:

- sportsmans for 11 year old fights in chest protector, head protector & gloves (organizer assures (provide) protectors);
- sportsmans from 12 years old fights in gloves & mouth protector;
- shin-foot pads, athletic supports, pad of the breast (female) are allowed.

Final provisions:

- Daytime date of birth decide about start in given division;
- Weight of sportsman will be verified in duration of performance;;
- If number of competitors will be scarce in given division starting, then organizer stipulates capability of cancellation or connections of divisions;
- Organizer stipulates right for changes in program of performance.

Accommodation:

Participants are making the booking individually. E-mail: biuro@bakar.com.pl

<http://www.karpacz.pl/>

Contact:

In case of questions please write to e-mail: fska.info@gmail.com