

# Kaizen Open 2013



The 2<sup>nd</sup> Kaizen Open competition is held in the Southern Danish town of Kolding, approximately 90 kilometers north of the German border and close to Billund Airport (BLL)

26<sup>th</sup> and 27<sup>th</sup> October 2013



# Kaizen Open 2013

## Facts at a glance

The event is hosted by Kaizen Karate Do, Kolding in cooperation with the Danish Karate Federation, governing body for WKF karate in Denmark.

Our aim is to create an international event for top athletes from all parts of Europe and the World. Kaizen Open is for all karate clubs affiliated with the WKF governing body of their respective countries. Entries from clubs not affiliated with the WKF, or clubs affiliated with other governing bodies will not be accepted.



- Organizer** Kaizen Karate Do, Kolding/Danish Karate Federation (WKF)  
[www.kaizenkarate.dk](http://www.kaizenkarate.dk)
- Venue** Trefor Arena / Koldinghallerne,  
Ambolten 2,  
DK6-000 Kolding, Denmark
- Time** 26<sup>th</sup> and 27<sup>th</sup> October, 2013
- Rules** For Kaizen Open WKF rules with a few modifications apply:  
In the Cadet Kumite category, face masks will not be allowed. Body protector is optional in all categories. Cup system with elimination and repechage in all categories.  
In Kata categories children 10-11 and 12-13 years at least three different katas must be performed, and no kata may be performed two times in a row i.e A-B-C - D/A/B.
- Referees** The referees will be supervised by the Referee Commission of the Danish Karate Federation, and international top referees are invited. National referee A/A and referees with continental and international licenses are urged to register. Remuneration of referees will be according to Danish tax regulations.
- Registration** All entries should be made through [sportdata.org](http://sportdata.org), lists of categories are available.  
**No late entries will be accepted.**  
Registration and weigh in:  
Friday 25<sup>h</sup> from 18.00 - 21.00  
Saturday 26<sup>h</sup> from 08.00 – 11.00  
Sunday 27<sup>th</sup> from 08.00 – 11.00

# Kaizen Open 2013

## Participation fee

Individual Children, Cadet and Junior: € 25,00 per category  
Individual U21, Senior and Maters: € 30,00 per category  
Teams: € 50,00 per category

**Entrance Fee:** adults DKK 30,00  
children over 7 yrs DKK 30,00

**Catering:** Reasonably priced food available on location.

## Categories

<b>Children 10-11</b>	Kata individual male - female Kumite individual male – female
<b>Children 12-13</b>	Kata individual male – female Kumite individual male (weight classes) - female
<b>Cadet 14-15</b>	Kata individual male – female Kata team male - female Kumite individual male –female (weight classes) Kumite team male – female (3 competitors)
<b>Junior 16 -17</b>	Kata individual male – female Kata team male - female Kumite individual male –female (weight classes) Kumite team male – female (3 competitors)
<b>U21 18 – 20</b>	Kata individual male – female Kata team male - female Kumite individual male –female (weight classes) Kumite team male – female (3 competitors)
<b>Senior 16 – 35</b>	Kata individual male – female Kata team male – female
<b>Senior 18 – 35</b>	Kumite individual male –female (weight classes) Kumite team male – female (3 competitors)
<b>Masters + 35</b>	Kata individual male – female
<b>Masters + 45</b>	Kata individual male – female

# Kaizen Open 2013

## Provisional timetable

### Saturday 26<sup>th</sup>:

09.00 Kata Individual Cadet, Junior, U21 and Senior  
Kumite Individual Cadet, Junior, U21 and Senior  
18.00 Finals and Medals ceremony

### Sunday 27<sup>th</sup>:

09.00 Children Kata individual  
Children Kumite individual  
Team Kata Cadet, Junior, U21 and Senior  
Team Kumite Cadet, Junior, U21 and Senior  
Masters Kata Individual  
16.00 Finals and Medals ceremony

## How to get here

### By Road:

#### *From the North:*

Take E20 from Copenhagen till Kolding, and E45 from Aalborg. These two merge just before Kolding. Stay on E45 and go to exit Kolding S. Turn left at the intersection for Kolding.

#### *From the South:*

Take E45 from Hamburg direction Flensburg: This will take you directly to Kolding. At Kolding take the first exit, Kolding S. Turn right at the intersection direction Kolding. 2.2 kilometers from the E45, turn right in the first intersection. Follow this direction for 800 meters, and turn left at "Ambolten". There is a blue sign for "Koldinghallerne". Go this way for 400 meters, and Trefor Arena/Koldinghallerne is on your right hand side. Parking space is available.

### By Air:

Nearest airport is **Billund (BLL)** about 45 kilometers away, with a variety of connections and direct flights. [www.billund.airport.dk](http://www.billund.airport.dk). From the airport you can go to Kolding by bus.

### By train:

Go to Kolding. From the train station located at the city centre, a taxi will take you to Trefor Arena at the approx. cost of DKK 130. Bus line 3 or 404 direction "Vonsild" will take you close. Get off at "Ambolten" and you should reach the arena in 3 minutes.

**Currency:** Danish Kroner, DKK. Exchange rate approx. DKK 7.45/€

**Accommodation:** Kolding offers a number of hotels, hostels and other accommodation  
A list of hotels will be posted on [sportdata.org](http://sportdata.org) soon.