

# INTERNATIONAL KARATE TOURNAMENT

28 SEPTEMBER  
BULGARIA  
SOFIA

- *Official WKF U16-U21 categories*
- *Children categories*
- *Senior Open category with Price Money*
- *Modern and spacious Arena*

# NIKON GRAND PRIX

Contact: [bgp.karate@gmail.com](mailto:bgp.karate@gmail.com)

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1. Official Bulletin

28 SEPTEMBER  
BULGARIA  
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## Welcoming

Dear Friends,

In the name of Karate Club Nikon and the Bulgarian National Karate Federation, I would like to invite you to the "1<sup>st</sup> International Nikon Grand Prix", which is being hosted on 28<sup>th</sup> September 2013 in Sofia, Bulgaria.

After the very successful Nikon Karate Open 2013 with over 500 participants from Bulgaria, Ukraine, Serbia, Germany, Turkey, Macedonia, Russia, Finland and more, Karate Club Nikon Sofia invites you to the second high-level Karate competition at the heart of the Balkans- the "Nikon Grand Prix"!

**Timed five weeks before the World Junior Championships 2013 in Spain**, it will be the perfect opportunity to give your national athletes a final test on their way to Guadalajara and fight against the best Karatekas from the Balkans and Eastern Europe under best conditions.

Additionally in this all age competition children will have the chance to gain experience and seniors will fight for special money rewards.

Beautifully surrounded by the Vitosha Mountains, our vibrant capital Sofia is the ideal location for that. At the heart of the Balkan Peninsula, being a center of historic and cultural crossroads, Sofia is a gateway not only to the treasures and beauty of Bulgaria but also to its many colorful neighboring countries and whole Southeastern Europe. It's a perfect place to combine sports and leisure.

So get yourself prepared for this unique event!

We hope you will enjoy your stay in Sofia and wish you good luck at our competition.

Best Regards,

Nikolay Tsanev

*Organizer*



## General Information

### *Location*

Sports Hall “Hristo Botev” – John Lennon street, Sofia, Bulgaria

### *Time*

Bulgaria is in the Eastern European Time Zone, GMT + 2 hours.

### *Currency*

The Bulgarian Currency is the Leva. 1 Euro corresponds to 1,95 Leva; 1 Dollar to 1,49 Leva.

### *Communication*

To call Bulgaria from abroad, dial the international code 00 followed by 359 for Bulgaria, then the number without the first 0.

To call from Bulgaria to another country, dial the international code 00, then the code of the country and then the number without the first 0.

### *Emergency Numbers*

Identical for police, ambulance and fire brigade: **112**

→Nearest Hospital: “5. Policlinica” Studentski Grad  
Address:  
Arso Pandurski Street Nr. 8  
District Studentski Grad,  
Sofia  
Phone: +359-(0)-2862 91 55

## Contact

For any Information, please contact Tervel Zwjatkow:  
e-mail: [bgp.karate@gmail.com](mailto:bgp.karate@gmail.com), or by phone: +49-(0)-17696302035

→To contact the **Bulgarian National Federation Karate (BNFK)**:

Boulevard Vassil Levsky 75  
Sofia 1040, Bulgaria  
Phone: +359 2 9879413  
Mobile: +359 87 8879413  
E-Mail: [office@karatebg.org](mailto:office@karatebg.org)  
Web: [www.karatebg.org/](http://www.karatebg.org/)

## Visa Requirements

Visitors from the following countries do not need a visa to enter Bulgaria:

Andorra, Australia, Austria, Belgium, Brazil, Brunei, Canada, Chile, Costa Rica, Croatia, Cyprus, Czech Republic, Denmark, El Salvador, Estonia, Finland, France, Germany, Greece, Guatemala, Honduras, Hungary, Iceland, Ireland, Israel, Italy, Japan, Latvia, Liechtenstein, Malta, Lithuania, Luxembourg, Malaysia, Mexico, Monaco, Netherlands, New Zealand, Nicaragua, Norway, Panama, Paraguay, Poland, Portugal, Republic of Korea, Romania, San Marino, Singapore, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, UK (British Citizen Passport Holders and British Nationals /Overseas/ only), USA, Uruguay, the Vatican, Venezuela, SAR – China (Hong Kong, Macao)

All holders of passports from countries not mentioned in the list above need visas to enter Bulgaria.

For any specific information please check the English webpage of the Bulgarian Ministry of Foreign Affairs:

<http://www.mfa.government.bg/en/pages/109/index.html>

## Registration of Delegations

All competitors, referees, coaches and officials must register via e-mail to [bgp.karate@gmail.com](mailto:bgp.karate@gmail.com) until **Monday 22<sup>nd</sup> of September 2013!**

Clubs/teams/federations are responsible for the quality of the entered registration data.

The official registration session will take place on Saturday, March 16<sup>th</sup>, from 8am to 12am-both at the sports hall.

## Categories

The below given age is referring to the date of the tournament: 28<sup>th</sup> September 2013.

**Makiwara** 6 years  
7 years

### **Kata**

Kata Individual, Male & Female	Kata Team, Male & Female
6,7 years	6-9 years
8,9 years	10-13 years
10,11 years	14, 15 years
12, 13 years	16+
14, 15 years	
16+	

### **Kumite**

Age	Male	Female
8,9	-28/ -35/ +35/ Team	-30/ +30/ Team
10,11	-35/ -40/ +40/ Team	-40/ +40/ Team
12,13	-40/ -45/ +45/ Team	-45/ +45/ Team
Cadets	-52/ -57/ -63/ -70/ +70/ Open/ Team	-47/ -54/ +54/ Open/ Team
Juniors	-55/ -61/ -68/ -76/ +76/ Open/ Team	-48/ -53/ -59/ +59/ Open/ Team
U21	-68/ -78/ +78	-53/ -60/ +60
Seniors	Open/ Team (3+1)	Open/ Team (3+1)

WKF Weight Categories for the World Championships 2013 in Guadalajara, Spain

## Competition Rules

For all categories the official WKF rules are applied.

→ In case of less than five competitors in one category, the system will change to "Round Robin".

→ In case of less than three competitors in one category, the category will be deleted.

## Entry Fee

Individual:

Team:

Children, 6-13 years	5 €	Children, 6-13 years	15 €
Cadets, Juniors, Seniors	10 €	Cadets, Juniors, Seniors	25 €

Multiple entries are possible. **Payment at the official registration session!**

## Prizes

1. to 3. Place will receive medals and a diploma in all categories.  
Cups for 1. Place in Team Categories.

### Special “Grand Prix” Cash Award

To be announced soon.

## Referees

Referees and judges at the competition are delegated by the Bulgarian National Federation Karate (BNFK).

All foreign referees with National or EKF/ WKF license are highly welcome. A compensation of 30 Euros will be paid to all foreign referees with national license or higher.

## Accommodation

Soon we will give you information on special tournament offers at our partner Hotels and Hostels.

→ **All reservations to:** [bgp.karate@gmail.com](mailto:bgp.karate@gmail.com)

*For other accommodation in Sofia we recommend you to check [www.trivago.com](http://www.trivago.com) for hotels or [www.hostelbookers.com](http://www.hostelbookers.com) for hostels.*

## Sports Hall



The spacious and modern Arena “Hristo Botev”, newly renovated, is the perfect spot for atmospheric Karate bouts and a trouble free course of the tournament for all participants and spectators.

The Sports Hall is equipped with 1200 seats and is located in the vibrant Student District “Studentski Grad” in the south of the city.

## Travel & Transport

### *By Plane*

Sofia International Airport offers direct flights to nearly all major cities in Europe and several in the Middle East:

→ **Low-Cost Airlines** – from Terminal 1 (Wizz Air, Easyjet):

Barcelona, Brussels-Charlerois, Dubai, Eindhoven, Forli, Frankfurt-Hahn, London (- Gatwick,-Luton,-Stansted), Madrid, Manchester, Milan-Bergamo, Paris-Beauvais, Rome, Valencia, Venice-Treviso, Vienna

→ Regular Airlines – from Terminal 2:

Amsterdam, Athens, Berlin, Brussels, Bucharest, Budapest, Doha, Frankfurt, Istanbul, Larnaca, London-Heathrow, Madrid, Malta, Milan, Moscow, Munich, Palma de Mallorca, Paphos, Paris, Prague, Rome, St. Petersburg, Tel Aviv, Vienna, Warsaw, Zurich

*For price details and booking we recommend you to check [www.skyscanner.com](http://www.skyscanner.com)*

### *By Train or Bus*

Long distance and Night Trains connect Sofia with all major cities in the Balkan Area, and additionally with Prague, Vienna, Budapest, Kiev, Moscow and Istanbul.

*For timetables check [www.bahn.com](http://www.bahn.com)*

Sofia has regular Bus connections to every part of Europe.

→ The Central Railway and Central Bus Station are located directly next to each other.

### *Public Transport*

Sofia's Metro system consists of two lines, the **red Line 1** and the **blue Line 2** which cross each other at the City Centre station "Serdika".

- From the Airport take Bus Nr. 84 (stops at both Terminals) to the last stop "Sofia University", where you have connection to Metro **Line 1**.  
The bus ride takes about 35 minutes and one ticket costs 1 Leva. Tickets can be bought from the driver.  
A taxi to the City Centre costs about 20 Leva and takes half the time.
- From the Central Railway or Bus Station, take the Metro Line 2 at "Central Railway Station", direction "James Bourchier" to get to the City Centre.



## Schedule

The competition will start 9:00 am. A detailed schedule will be released as soon as possible.

## Updates and Questions

For all updates please check [www.sportdata.org](http://www.sportdata.org)

For any question, write to [bgp.karate@gmail.com](mailto:bgp.karate@gmail.com)

**- SEE YOU IN SOFIA -**

