

23rd International Karate-Camp in Fürstenfeld

29th August to 1st September 2013



Place: **JUFA Fürstenfeld Sports & More im Thermenland**
Burgenlandstraße 15, 8280 Fürstenfeld
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E-Mail: fuerstenfeld@jufa.at
<http://www.jufa.at/unterkuenfte/jufa-fuerstenfeld/das-haus.html>

Instructors:	Antonio Oliva Seba/Spain	Kumite
	Terry Daly/England	Kumite
	Gerhard Jedliczka/Austria	Kumite
	Marco Kassmannhuber/Austria	National Coach Kata
	Erhard Kellner/ Austria	Kata
	Marianne Kellner/ Austria	Kata
	Dr. Günther Tonn/ Austria	Kata, Selfdefence

Beginning: Thursday 29th August at 09:00
Ending: Sunday, 1st September at 12:00

Topics:	Kata	Kumite
	Kata-Training for beginners, advanced and competitors Shotokan, Goju-Ryu Preparation for grading	Kumite-Training for beginners, advanced and competitors Tactics Preparation for grading
	Selfdefence	
	Realistic Selfdefence	

Kyu- and Dangrading: **Sunday, 1st September at 14:00**



Entry fee: 2 possibilities:

1. Pay entry fee by bank transfer to: Sommercamp
Bank: Volksbank Süd-Oststeiermark
Bank Code: 48150
Account: 25517940000
IBAN: AT704815025517940000
BIC/SWIFT-Code: VHARAT21XXX
Write your name and club
until **17th August 2012**
adults: 100 €
Children up to 14 years: 60 €
2. Pay entry fee at the beginning
adults: 120 €
Children up to 14 years: 80 €

Accommodation: Book at JUFA Fürstenfeld Sports & More im Thermenland „Karate-Camp“

Additional sport possibilities:

- **You can go to the swimming pool for free!** Guests of JUFA Fürstenfeld get a free entry for the outdoor swimming pool of Fürstenfeld. The largest swimming pool of Austria offers 23.000 m² water-surfaces for action and fun. <http://www.dasfreibad.at/>
- Indoor climbing in climb & more resort
<http://www.kletterhalle-fuerstenfeld.at/>
- Wellness-area at JUFA Fürstenfeld Sports & More
- INJOY Fitness- und Wellnessclub at JUFA Fürstenfeld
<http://www.injoy-fuerstenfeld.at/>

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