# **NEWS BULLETIN**

### Brief event presentation and organizational capacity

Mohammed VI cup is one of the most regular events organized under the auspices of the WKF. Every year, the world karate competitors, including Moroccans ranked among the ten best in the world, find themselves in a competitive and friendly situation. Morocco has already hosted the Junior World Championships in 2009 and more recently the African championships in 2012, that makes the Royal Moroccan Federation of Karate have a very tough organizational competence. Rabat, capital of Morocco, country of hospital tradition, will once again be the arena of the most prestigious karate meeting.

#### The tournament is provided Prize money:

For the winners in individual categories, Kata Kumite Senior, Women and Men and team Kata:

- 300 euros for Gold Medalist
- 200 euros for Silver Medalist
- 100 euros for Bronze Medalist

#### **Weight categories**

- Senior Kumite Individual Males: -60Kg; -67 Kg; -75 Kg; -84 Kg; +84 Kg.
- Senior Kumite Individual Females: -50 Kg; -55 Kg; -61 Kg; -68 Kg, +68 Kg.
- Junior Kumite Individual Males: (-55kg;-61kg;-68kg;-76kg;+76kg
- Junior kumite Individual Females: (-48kg;-53kg.-59kg;+59kg)
- **younger men Individual Kumite:** (-52kg;-57kg.-63kg;-70kg;+70kg)
- younger ladies Individual Kumite: (-47kg;-54kg;+54kg)
- Kata team and individual female and male: (age minimum16 years old)

#### Registration

#### Delegations registered are exempt from entry fees

Registration of delegations:

By mail: <a href="mailto:secretariatfrmk@yahoo.fr">secretariatfrmk@yahoo.fr</a> / Online via the FRMK website: <a href="mailto:www.frmk.ma">www.frmk.ma</a> / Seat hotel in Rabat.

#### Living expenses

Living expenses transfer and participation to the gala dinner is 35 euros per person per day.

Note: The organizing committee takes over the 6th and 7th athlete registered and an official for delegation with any number of participants exceeds 5 elements.

# Overview of the Rabat city

Kingdom's capital, Rabat is a prestigious stopover where calm and privacy are synonymous with refinement and artistic lifestyle. Modern city that has preserved its authentic side, it combines elegance with its historic heart and the modern city. At the mouth of the river Bouregreg, it gives an harbor of colorful pleasures with its seagull's cries and ocher walls.





















## **President Speech**



### FRMK & DA President's Speech

Rabat, modern and imperial city, proud of its ancient history is resolutely turned towards the future. With sports facilities foreground, Rabat has always excelled in major national and international sporting events, in particular those organized by the Moroccan Royal Federation of Karate & Associated Disciplines (FRMK & DA).

It is an honor for me and for the whole Moroccan family of Karate to organize the 9th edition of the Mohammed VI Karate Cup under the patronage of His Majesty the King Mohammed VI may God assists. Our sovereign has always attached importance to sport in general and in particular the karate by monitoring and making available the athletes, the necessary infrastructures and adequate conditions for their progress and to illustrate the worldwide.

FRMK & the DA, strong by her team and his high dynamism, was able to win the confidence of the World Federation WKF who entrusted the organization of the 9th World Junior Championships. Forthcoming Morocco aspires to host the World Championship seniors.

The FRMK & DA is committed to develop the practice of karate in the Kingdom. In terms of infrastructures, the FRMK & DA launched a major project to build a National Center of Karate. It will create a permanent school for youth training as coaches and judges, and host teams for concentration in good conditions. An effort has also been made for the expansion of the base of practitioners. We set out more than 31,000 licensed.

Finally, let me say that the FRMK & DA and the organizing committee will spare no effort to ensure that this edition goes in the best conditions and the stay of our guests be pleasant.

Mohammed Moktabil FRMK & DA President

### **Program**

Thursday, April 18, 2013							
8H00 to 20H 00 Arrival and Registration of Delegation Rabat							
17H00	17H00 Press conference						
9H00 to 20H00	Registration and accreditation: Coaches / Referees	Rabat					

Friday, April 19, 2013					
8H00 to 11H00H	Referee Meeting	Rabat			
01100 to 11110011	Visit to the National karate Center				
10H030 to 13H00	1- Registration & Weighting of the categories 2- technical meeting 3- Draw				
14H00 to 18H30 Elimination & Draft Kumité		Rabat			

Saturday, April 20, 2013					
09H00 to 16H30	Rabat				
16H30 to 17H00	16H30 to 17H00 Opening ceremony				
17H00 to 20H00	1st Finals + Medals Award	Rabat			

Sunday, April 21, 2013					
9H 30 to 12H00	Elimination & Draft	Rabat			
14H30 to 19H00	Finals + Medals Award Rab				
19H00 to 19H30	Closing Ceremony				
20H 30	Dinner party	Rabat			

### **Weight categories:**

- Senior Kumite Individual Males: -60Kg; -67 Kg; -75 Kg; -84 Kg; +84 Kg.
- Senior Kumite Individual Females: -50 Kg; -55 Kg; -61 Kg; -68 Kg, +68 Kg.
- Junior Kumite Individual Males: (-55kg ;-61kg ;-68kg ;-76kg ;+76kg
- Junior kumite Individual Females: (-48kg;-53kg.-59kg;+59kg)
- younger men Individual Kumite: (-52kg;-57kg.-63kg ;-70kg ;+70kg)
- younger ladies Individual Kumite: (-47kg;-54kg;+54kg)
- Kata team and individual female and male: (age minimum16 years old)

If there are less than 4 athletes in a category, it will be added to the higher category.

#### 1. PLACE OF THE COMPETITION

The 9th edition of the Mohammed VI Karate Cup will be held from 18 to 21 April 2013 in the indoor hall of the complex Prince My Abdellah Rabat, MOROCCO.







The interior and exterior view of the Complex Prince MyAbdallah Rabat

### 2. REGISTRATION

Registration of delegations:

- By mail: secretariatfrmk@yahoo.fr
- > Online via the FRMK website: www.frmk.ma
- > Seat hotel in Rabat.

#### 3. OBLIGATIONS OF NATIONAL PARTICIPATING FEDERATIONS.

- Transport to Morocco;
- The accommodation and food of the delegation;
- Delegation insurance

### 4. FLIGHTS TO RABAT AND CASABLANCA

1/ International Airport Rabat-Salé is located 05 minutes from the accommodation place.



**2**/ **Mohammed VI Airport in Casablanca** is far 100 km from the accommodations place in Rabat and 30 kilometers from south-east of Casablanca.



#### 5. TRANSFER

Transport of delegations is provided by the organizing committee from the airport to the accommodation place and back.

### 6. ACCOMMODATION PLACE

Delegations will be accommodated at the National Sports Center Moulay Rchid, with an accommodation center for elite athletes, classrooms, a gym and a trainer hall. Athletes will be accommodated in rooms for two.

Transport shuttles will be organized to ensure the link from the accommodation place to the competition place.







### 7. Living expenses

Living expenses transfer and participation to the gala dinner is 35 euros per person per day.

Note: The organizing committee takes over the 6th and 7th athlete registered and an official for delegation with any number of participants exceeds 5 elements.

Please, send all correspondence and requests for reservation:

# **Royal Moroccan Federation of Karate**

Royal Moroccan Federation of Karate and Associated Disciplines

Adress: Siège des Fédérations -Complexe Sportif Prince Moulay Abdellah

Phone: +212(0) 537-28-26-58 - Fax: +212(0) 537-29-20-29

Email: secretariatfrmk@yahoo.fr Website: www.frmk.ma

Address: Head Federations Sports Complex-Prince Moulay Abdellah Tel: +212 (0) 537-28-26-58 - Fax: +212 (0) 537-29-20-29 Email: secretariatfrmk@yahoo.fr Website: www.frmk.ma

### 8. TRAINING of TEAMS

The Organizing Committee will ensure, for countries that have completed the form in time, space for training.

The form must be returned before the 8<sup>th</sup> April

### 9. INPUT TICKETS

The Organizing Committee will provide each federation, a quota of admission tickets to the tournament

### 10. L'INSURANCE

All participants and members of delegations must have medical insurance and their individual travel insurance. The Royal Moroccan Federation of Karate takes no responsibility for these failures.

The Head of Delegation shall sign a declaration of responsibility attached and **return it** before the 18<sup>th</sup> April.

### 11. PASSPORT/VISA/ TRAVEL DOCUMENTS

Please note that all foreign participants, officials and competitors must have:

- > valid passport
- > And a visa to enter Morocco.

For problems related to obtaining an entry visa to Morocco, please visit:

- ➤ The Embassy of Morocco
- ➤ Consulate of Morocco
- Or Moroccan Representation the nearest from you.

In case of difficulty, please get in touch with the President of the Royal Moroccan Federation of Karate: MR MOHAMED MOUKTABIL

Email:secretariatfrmk@yahoo.fr

PHONE: + 212-37-282658 / Fax: + 212-37-292029

#### **12. LANGUAGES SPOKEN**

Languages spoken in Morocco are:

- > Frensh
- > And Arabic.

### 13. CURRENCY

The currency in Morocco is the Dirham.

1 U.S. dollar = 8.271 Moroccan dirham (MAD)

1 euro = 11.204 Moroccan dirham (MAD)

Banknotes of 200, 100, 50, and 20 dirhams (DH) are available as well as currencies 10DH, 5DH, 1DH, 0.5 DH, and other fractions.

The major credit cards accepted worldwide, such as VISA, are also in Morocco, in major hotels, shops, restaurants, and even in the souks of cities

Many banks and exchange offices allow changing easily the currency.

### 14. Phone code

The country code of Morocco is: +212

Please take this into account for your international calls to Morocco.

### **15. ELECTRICITY**

**➤** Model(s) of electrical outlets are used



Electrical appliances work in Morocco under a voltage of 220 V AC and 50 to 60Hz. Taken for the ideal solution may be to provide a multiple outlet adapter.

### 16. CONDUCT, TRAFFIC, CAR HIRE

You can drive with a foreign license in Morocco for a period of one year from the date of arrival in the country. Beyond that, it is necessary to obtain a driving license in Morocco.

You can drive with an international driving license in Morocco. For more information, visit the website http://www.international-license.com/

Include the various means of transport in Rabat



**Tramway** 

**Grand Taxi** 



Petit taxi bleu

Bus

Email: secretariatfrmk@yahoo.fr Website: www.frmk.ma

# Schedule of the 9th edition

### MOHAMMED VI KARATE CUP

# Rabat from 18 to 21 April 2013

Thursday, April 18, 2013							
8H00 to 20H 00	8H00 to 20H 00 Arrival and Registration of Delegation						
17H00	17H00 Press conference						
9H00 to 20H00	Registration and accreditation: Coaches / Referees	Rabat					

	Friday, April 19, 2013					
8:00 to 11:00	Meeting Referees					
	Visit to the Karate National Center					
10:30 to 13:00	1- Registration & Weighting of the categories	Rabat				
	2- technical meeting					
	3- Draw					
14:00 to 16:00	Elimination & Draft senior kumite males (-60kg,-67kg,-75kg,-84kg,					
	84 kg)					
16:00 to 17:30	Elimination & Draft senior Kumite females (-50kg,-55kg,-61kg,-68kg,					
	68 kg)					
17:30 to 18:30	Eliminations and Draft juniors Kumite females (-48kg,-59kg-53kg.; 59	Rabat				
	kg)					

	Saturday, April 20, 2013			
9H00 to 11H00	Eliminations and Draft kata individuel males & females			
11H00 to 13H00	Eliminations and Draft juniors kumité males (-55kg ;-61kg ;-68kg ;-76kg)	Rabat		
13H00 to 14H00	0 Lunch			
14H00 to 16H30	Eliminations and Draft younger men kumité (-52kg;-57kg63kg ;-70kg ;+70kg)  Eliminations and Draft younger ladies kumité (-47kg;-54kg;+54kg)			
16H30 to 17H00	Opening ceremony	Rabat		
17H00 to 18H00	Finals Kata Individual Men and Women + Medals Award			
18H00 to 20H00	Finals Kumite Individual Men and Women Seniors + Medals Award			

	Sunday, April 21, 2013			
9:30 to 11:00	Eliminations and Draft team kumite males and females	Rabat		
11:00 to 12:00	Eliminations and Draft team kata males and females	Rabat		
12:00 to 13:30	Finals Individual Kumite younger men and younger ladies + Medals Award			
13:30 to 14:30	Lunch	Rabat		
14:30 to 16:30	Finals Individual Kumite males and females + Medals Award	Rabat		
16:30 to 17:30	Team kata final Men and Women Discount + Medals Award			
17:30 to 19:00	Team Kumite Finals Men and Women Discount + Medals Award	Rabat		
19:00 to 19:30	Closing Ceremony	Rabat		
20:30	Dinner party	Rabat		

Monday, April 22, 2013				
8H00 to 12H 00	Delegations 'Departure	Rabat		

## **TECHNICAL PROGRAM**

#### A. Kata Test

- One (01) Team of Seniors Males by team: (3 competitors)
- One (01) Team of Seniors Females by team: (3 competitors)
- Individuel senior Males (1 competitor by team)
- Individuel senior Females (1 competitor by team)

### B. Kumité Test

- One (01) Team of Seniors Males by team (5+2 competitors)
- One (01) Team of Seniors Females by team: (3+1 competitors)
- Individuel Kumité Males —— (01 competitor by category and by team)
- Individuel Kumité Females ——— (01 competitor by category and by team)

# **CONDITIONS AND RULES**

## C. Rules and regulations

- **1.** Regulations and Technical Rules and Arbitration of the World Karate Federation are only applicable to the Competitions.
- 2. Team events will take place after individual events
- **3.** Each team can't register more than one competitor by category
- **4.** Kumite events have duration of three (03) minutes for men and two (02) minutes for women except for getting medals for men's individual events, four (04) minutes and three (03) minutes for women's individual events.
- 5. The Kata Bunkai in team events (men and women) is required to obtain medals.
- **6.** A letter of commitment Responsibility must be completed and signed by the Head of Delegation. This letter submitted on letterhead must specify:
  - ♣ It assumes all the responsibilities for wounds and other complains;
  - **♣** That statements of Competitors age are correct;
  - ♣ Acceptance of the applicable sanctions for fraud.

# TERM OF RESPONSABILITY

I, underscored	
Head of Delega	tion Engaged to participate in
the 9th edition o	of the Mohammed VI Karate cup to take place in Rabat, Morocco from 18
to 21 April 2013	;
promise to confor for our athletes, before, during an	ledge of the Statutes, laws, Rules and Standards of the competition, orm strictly to those rules, and assume all administrative, civil and criminal coaches and other members of our delegation attending the said event and after competitions, such as physical wounds, personal expenses or debtamage informal in hotels.
Furthermore, I e	xempt from all legal liability, civil or criminal organizers of the 9th edition
of the Mohamm	ed VI Karate cup, its Members as well as any person or company that ha
been in connecti	on with the event (sponsors, sponsors entities public or private).
FEDERATION	<b>:</b>
Country	<b>:</b>
Address	:
FAX	: phone:
Date	<b>:</b>

**Signature** 

### REGISTRATION FORM FOR COMPETITORS

(Must be typed or pre-filled in printed script)

TEAM NAN ADRESS PHONE	ΛΕ : : :	•••••		······································	
	ion Form Kumité Individu	uel Males			
Category	Last name	First name	Grade/style	Age/Date of birth	N° Passeport
-60Kg					
-67 Kg					
-75 Kg					
-84 Kg					
+84 Kg					
Sénior	Kumite Individu	uel Females			
Category	Last name	First name	Grade/style	Age/Date of birth	N° Passeport
-50 Kg					
-55 Kg					
-61 Kg					

#### **Junior Kumite Individuel Males**

-68 Kg +68 Kg

Category	Last name	First name	Grade/style	Age/Date of birth	N° Passeport
-55 Kg					
-61 Kg					
-68 Kg					
-76 Kg					
+76 Kg					

#### **Junior Kumite Individuel Females**

Category	Last name	First name	Grade/style	Age/Date of birth	N° Passeport
-48 Kg					
-53 Kg					
-59 Kg					
+59 Kg					

#### **Younger men Kumite Individuel**

Category	Last name	First name	Grade/style	Age/Date of birth	N° Passeport
-52 Kg					
-57 Kg					
-63 Kg					
-70 Kg					
+70 Kg					

#### **Younger ladies Kumite individuel**

Category	Last name	First name	Grade/style	Age/Date of birth	N° Passeport
-47 Kg					
-54 Kg					
+54 Kg					

#### **KATA INDIVIDUEL MALES**

Last name	First name	Grade/style	Age/Date of birth	N° Passeport

#### **KATA INDIVIDUEL FEMALES**

Last name	First name	Grade/style	Age/Date of birth	N° Passeport

#### **TEAM KATA MALES**

Last name	First name	Grade/style	Age/Date of birth	N° Passeport

#### **TEAM KUMITE MALES**

Nom de famille	Prénom	Grade/style	Age/Date de naissance	N° Passeport

#### **TEAM KATA FEMALES**

Nom de famille	Prénom	Grade/style	Age/Date de naissance	N° Passeport

#### **TEAM KUMITE FEMALES**

Nom de famille	Prénom	Grade/style	Age/Date de naissance	N° Passeport

### **FLIGHT INFORMATION**

ARRIVAL			DEPARTURE		
Airport			Airport		
Date			Date		
Time			Time		
Flight N°			Flight N°		
Company			Company		
Number of people			Number of people		
Transfer airport – Hotel - airoport		Transfer airport – Hote		el - airoport	
YES		NO	YES		NO

## MEMBERS OF THE DELEGATION LIST

Country	<i>,</i> :	F	ederation:					
Name o	f Delegation Repr	esentative:						
Address	<b>5 </b>		•••••					
phone:.			Fax :					
E-mail :				•••••				
Arrival	Date :	Depa	rture Date:					
* No.	First Name	Last Name	function *	Please indicate Who shares with the other (use * No. In the first column)				

<sup>\* &</sup>lt;u>Function</u>: <u>C</u> = Competitors, <u>Co</u> = Coachs, <u>HD</u> = Head of Delegation, R = Referees / Judges, <u>D</u> = Doctors, <u>V</u> = VIPs, <u>A</u> = Administration, <u>Ps</u> = Press, PR = Presidents & Nationale Federation Responsables, <u>O</u> = Others.