

Registration form samples (Copy into your own word file, fill out and send back to nikon.open@gmail.com please)

Please mark the according category with a capital X!

1. Makiwara and Kata Form

Makiwara

Nr.	Surname	First Name	Date of Birth	Male	Female
1.	Sample	Paula	15.03.2006		X
2.					
3.					
4.					

Kata Individual

Nr.	Surname	First Name	Date of Birth	6,7		8,9		10,11		12,13		Cadets		Juniors		Seniors	
				M	F	M	F	M	F	M	F	M	F	M	F		
1.																	
2.																	
3.																	
4.																	
5.																	
6.																	

Kata Team

Nr.	Surname	First Name	Date of Birth	6-9		10-13		14+	
				Male	Female	Male	Female	Male	Female
1.									
2.									
3.									
4.									
5.									
6.									

2. Kumite Forms

Age 8,9				Male				Female		
Nr.	Surname	First Name	Date of Birth	-28	-35	+35	Team	-30	+30	Team
1.										
2.										

Age 10,11				Male				Female		
Nr.	Surname	First Name	Date of Birth	-35	-40	+40	Team	-40	+40	Team
1.										
2.										

Age 12,13				Male				Female		
Nr.	Surname	First Name	Date of Birth	-40	-45	+45	Team	-45	+45	Team
1.										
2.										

Cadets				Male					Female			
Nr.	Surname	First Name	Date of Birth	-55	-65	+65	Open	Team	-50	+50	Open	Team
1.												
2.												

Juniors				Male					Female			
Nr.	Surname	First Name	Date of Birth	-60	-70	+70	Open	Team	-55	+55	Open	Team
1.												
2.												

Seniors				Male					Female			
Nr.	Surname	First Name	Date of Birth	-68	-78	+78	Open	Team	-60	+60	Open	Team
1.												
2.												