





Dear Friends of Shotokan -

Join us June 29 - July 3, 2011 for 4 days of the Best Shotokan Karate Training - Anywhere!

Because of popular demand, this year, we are our continuing our 5-day, 4-night, training and event format.

FOR INSTRUCTORS - 4-days of the AJKA-I's internationally accredited Instructor Training Program. All instructors may attend sessions.

FOR COMPETITORS - 3-days of intense (youth and senior) competition training - PLUS an expanded international Shobu-Ippon & Shotokan Kata **Championship Tournament.**

FOR KIDS - A 4-day "Karate Kids" mini-camp.

FOR ALL CAMP PARTICIPANTS - 5 separate training areas; specific Dan and Kyu rank training; and Specific Self-Defense and Kata Bunkai Training.

Leading this year's camp will be the following AJKA-I instructors:

- Leslie Safar, 9th dan AJKA-I Technical Director and Chief Instructor Europe
- Edmond Otis, 8th dan AJKA-I Chairman and North American Chief Instructor
- Tony DeSardi, 6th dan AJKA Senior US Coach
- Avi Azoulay, 6th dan AJKA National Technical Committee
- Robert Myles, 6th Dan AJKA National Technical Committee
- Kevin Warner, 6th dan AJKA National Technical Committee
- Rob DeAngelis, 6th dan AJKA National Technical Committee
- Nathan Scarano, 6th dan AJKA Senior US Coach

We will be joined by the following senior Shotokan Guest instructors:

- Randall Hassell, 8th dan AJKA-I President and Chief Instructor of the American Shotokan Karate Alliance (ASKA)
- James Yabe, 8th dan ASKA Technical Director
- John Hanratty, 8th dan Chair AJKA North America Technical Committee/ CSKA Chief Instructor/ President of the World Shotokan Karate Association (WSKA)

As a group we are dedicated to providing an intense, challenging, and enjoyable weekend of world class training and study.

Please read below for camp logistics and information. Also, feel free to contact me directly at 760-612-7029 or otis@americanJKA.com for further information.

Yours in Shotokan -

















Camp Shotokan 2011 - General Information

Camp Shotokan takes place at the Academy By The Sea, in Carlsbad, CA.

It is located on the Southern California Pacific Coast, 40 miles south of Orange County and 30 miles north of San Diego. We are surrounded by miles of beach and tons of fun stuff to do.

REGISTER EARLY! Space is limited - and we pride ourselves on low instructor/student ratio.

CREDIT CARDS - YES! We take credit card payments - please see camp application form.

REGISTER ON LINE! JUST CLICK HERE >>>

http://www.essential-shotokan.com/ajka_camp2011/ajka_camp2011.htm

OR - FOR OUR MAIL OR FAX APPLICATION FORM GO HERE...

http://www.americanjka.com/2011campapplication.pdf

Camp dates are June 29 - July 3, 2011. As those of you who have been here before will remember, Carlsbad is the perfect Southern California Beach town - so be prepared to train hard and play hard!

As in previous years, campers are welcome to bring non-training family and friends (at a big discount off regular camp prices), for a great weekend at the beach – or, as many do, as part of a longer Southern California vacation.

WHAT TO BRING: Mainly beach and light recreation wear. The weather in Carlsbad is absolutely beautiful this time of year. Shorts, t-shirts, jeans, tennis shoes, sandals, swimwear & SUN SCREEN, a light jacket or sweatshirt for the evening will be perfect. Also, bring towels and personal items, cameras and film, surf and boogie boards, cards, games, etc. A pillow, 2 sheets and a blanket will be provided,

Your camp fees include everything you need: shared double or triple-room, three all-you-caneat meals a day, all training fees, and a complimentary camp T-shirt and group photo.

AGAIN, PLEASE REGISTER EARLY! By intention, this isn't a big camp and we try to maintain a very low instructor/student ratio. Space is limited!

More information? Call 760-612-7029 or camp@americanJKA.com.

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Camp Shotokan 2011 - Training Schedule

Please note that we use five separate training areas!

Each camp follows a specific over-all training theme – which changes from year to year. The theme is decided by senior instructors at camp and introduced during the first training sessions.

Please note that in order to expose participants to as many instructors as possible, most of the two hour sessions will be led jointly by two of our senior instructors (1 hour each).

AJKA-I Instructor Training Sessions, part lecture/discussion, part physical, will operate on a parallel schedule.

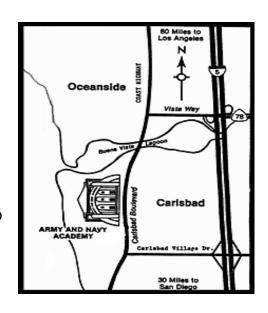
Our schedule is as follows:

WEDNESDAY		FRIDAY (continued)	
3:00 - 5:00	Arrival and check-in	2:00 - 3:45	Training (by level & interest)
5:30 - 6:30	Dinner	4:00 - 6:00	Dan Examination
7:00 - 9:00	Training (all levels)	6:30 - 8:00	Beach B-B-Que
		8:00 - 10:00	Movies/ socialize
THURSDAY			
6:30 - 7:30	Camp warm-up	SATURDAY	
7:45 - 8:30	Breakfast	6:30 - 7:30	Camp warm-up
9:30 - 11:30	Training (by level & interest)	7:45 - 8:30	Breakfast
12:00 - 1:00	Lunch	9:30 - 11:30	Training (by level & interest)
2:00 - 4:00	Training (by level & interest)	12:00 - 1:00	Lunch
5:30 - 6:30	Dinner	2:00 - 6:00	International competition
7:00 - 10:00	Movies/ socialize	7:00 - 10:00	Movies/ socialize
FRIDAY		SUNDAY	
6:30 - 7:30	Camp warm-up	7:00 - 9:00	Final workout and Awards
7:45 - 8:30	Breakfast	9:00 - 10:00	Clean out of rooms
9:30 - 11:30	Training (by level & interest)	10:00 - 11:00	Farewell Brunch
12:00 -1:00	Lunch	11:30	Departure

GET DIRECTIONS

The Carlsbad *Academy By The Sea* is located at 2605 Carlsbad Boulevard, in Carlsbad, CA.

Take Interstate 5 (coming north from San Diego, or south, from Los Angeles), to the Carlsbad Village Drive exit. Take Carlsbad Village Drive towards the Pacific Ocean (heading West). Continue through the downtown area. At Carlsbad Blvd. turn right (also known as Coast Highway). Continue on Carlsbad Blvd. through two stoplights. As you drive by the Academy (on your left), you will be approaching a small hill. The Scandia Motel will be on your right. Directly before the hill, turn left onto Mountain View Drive. Park in the Visitor's Parking Lot. Street parking is also available on Carlsbad Blvd.



Camp Shotokan 2011 – Fees and Rates:

Fees include - everything you need for camp: shared double or triple-room, three all-you-can-eat meals a day, all training fees, and a complimentary camp T-shirt and group photo.

Note: We are happy to extend AJKA rates to all our friends in the Canadian Shotokan Karate Association (CSKA), the American Shotokan Karate Alliance (ASKA), WUKF.

AJKA, CSKA, ASKA, WUKF MEMBERS:

Full camp: June 29 - July 3 (5 days)	\$565.00
Guests (non-training)	465.00
3 Days (any 72 hours)	465.00
Guests	380.00
2 Day (any 48 hours)	365.00
Guests	310.00
1 Day (any 24 hours)	295.00
Guests	245.00

NON-MEMBER RATES:

Full camp: June 29 - July 3 (5 days)	\$595.00
Guests (non-training)	495.00
3 Days (any 72 hours)	495.00
Guests	415.00
2 Day (any 48 hours)	420.00
Guests	350.00
1 Day (any 24 hours)	320.00
Guests	275.00

Non-training children aged 5 and below stay free

CLASSES ONLY:

Per class: \$40.00 4 classes or more: \$35.00 per class Note: Late registration fee (received after Monday, June 13) -

Sorry, we will need to charge an additional \$40.00 for all late 1, 2, 3, or 4 day rates

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