

EUROPEAN CHAMPIONSHIP 2011

BASIC RULES for KATA

- 1 Referee, 4 Corner Judges, the jury table takes note of the score.
- Score from 6 to 8 for the first turn, from 7 to 9 for the second turn, the lowest and highest scores will be discarded.
- the first turn qualifies the first 8 competitors or 8 teams for the final
- The second (and last) turn (sum of the scores of the two turns) decides the classification of the first three classified.
- **for belts up to green**, the kata to perform can be the same as the first turn
- **blue up to black belts**, the tokui kata to perform must be different from the first turn

BASIC RULES for KUMITE SANBON

- 1 Referee, 2 Corner Judges, the jury table checks the time and takes note of the scores.
- Competitors with red belt (aka) and blue belt (ao).
- Matches of **2 minutes** of real time.
- **Encho sen**. In individual matches if the match ends in a draw an Encho-sen must be performed; all the penalties of the 1st match must be considered in the Encho-sen.
- **from 6 to 13 years** the following devices are **mandatory**: head guard, chest guard, small white gloves (maximum 2 cm thick), groin guard, mouth guard, shin and foot guard.
- **from 14 to 35 years** the following devices are **mandatory**: small white gloves (maximum 2 cm thick), groin guard, mouth guard.
- **The Skin Touch is allowed.**
- The criterion applied to decide for **the winning team** is the following:
 1. number of victories
 2. number of ippon and waza ari
 3. additional match

- **Penalties are:**

ATENAI
KEIKOKU → WAZA ARI
HANSOKU CHUI → IPPON
HANSOKU → SANBON

JOGAI
JOGAI KEIKOKU → WAZA ARI
JOGAI HANSOKU → SANBON

BASIC RULES for KUMITE IPPON

- 1 Referee, 4 Corner Judges, the jury table checks the time and takes note of the scores.
- Competitors with red belt (aka) and white belt (shiro).
- Matches of **2 minutes** of real time.
- **Sai-shiai**. In individual matches if after two minutes the match ends in a draw a Sai-shiai must be performed; a new match should be considered.
- **The Skin Touch is allowed.**
- the following devices are **mandatory**: small white gloves (maximum 2 cm thick), groin guard, mouth guard.
- The criterion applied to decide for **the winning team** is the following:
 1. number of victories
 2. number of ippon
 3. number of waza ari (only of won matches)
 4. additional match

- **Penalties are:**

ATENAI
CHUI
HANSOKU

JOGAI
JOGAI CHUI
JOGAI HANSOKU